

Chingford League Race 3 Men's Race
Hog Hill 7th November Please check

Number	RacePos	RaceTime	First	Last	CLAgeCat	AWAgeCat	ClubAWName
183	1	16:13	Euan	Brown	S	SM	ELR
106	2	16:30	Paul	Grange	S	SM	Dag88
326	3	16:35	Lewis	Harknett	S	U18M	Orion
562	4	16:40	Aaron	McGrady	S	SM	VPH&TH
170	5	16:45	Thomas	Grimes	S	SM	ELR
307	6	16:48	George	Day	S	U20M	Orion
346	7	16:55	Daniel	Moses	S	SM	Orion
182	8	16:58	Patrick	Brown	S	SM	ELR
541	9	17:00	Will	Kirk	S	SM	VPH&TH
334	10	17:06	Joseph	Clark	S	U18M	Orion
272	11	17:07	Sam	Anderson	S	SM	Eton M
327	12	17:09	Gareth	Allen	S	SM	Orion
419	13	17:10	Charlie	Bruce	S	SM	Trent PR
340	14	17:23	Brian	Jenkins	S	SM	Orion
422	15	17:27	Ricky	Owers	S	SM	Trent PR
523	16	17:33	David	Jones	S	SM	VPH&TH
520	17	17:41	Tony	MacDowall	S	SM	VPH&TH
277	18	17:43	James	Hutchinson	S	SM	Eton M
420	19	17:47	Adam	Walker	V	M40	Trent PR
534	20	17:55	Anthony	Withstandley	V	M40	VPH&TH
244	21	17:57	Paul	Boddey	V	M40	Eton M
435	22	17:59	James	Arrowsmith	S	SM	Trent PR
411	23	17:59	Scott	Aiken	V	M40	Trent PR
253	24	18:00	Simon	Cottle	S	SM	Eton M
522	25	18:06	Craig	Norris	S	SM	VPH&TH
306	26	18:14	Josh	Iton	S	U20M	Orion
347	27	18:21	Billy	Parr	S	SM	Orion
560	28	18:22	Jack	Russell	S	SM	VPH&TH
360	29	18:30	Adrian	Smith	V	M40	Orion
425	30	18:36	Desmond	Denning	V	M40	Trent PR
519	31	18:53	Andre	Dahlkamp	V	M40	VPH&TH
254	32	18:55	James	Pilch	S	SM	Eton M
71	33	19:01	Philip	Ellul	S	SM	Bark RR
7	34	19:02	Giovanni	Muretto	V	M40	Barn
174	35	19:02	Dan	Senior	V	M40	ELR
378	36	19:05	Neil	Swift	W	M50	Orion
5	37	19:09	Andy	Cunningham	W	M50	Barn
533	38	19:11	Gavin	Lau	S	SM	VPH&TH
525	39	19:13	Jon	Andieza	S	SM	VPH&TH
348	40	19:14	Giles	Hopkinson	V	M40	Orion
255	41	19:16	David	Cato	S	SM	Eton M
648	42	19:23	Sam	Rahman	S	SM	Guest

387	43	19:24	Simon	Cranmer	V	M40	Orion
513	44	19:30	Paul	Mee	W	M50	VPH&TH
625	45	19:33	Paul	Cates	W	M50	Eton M
278	46	19:35	Richard	Parr	S	SM	Eton M
374	47	19:36	Peter	Fairlamb	S	SM	Orion
412	48	19:37	Michael	Prior	W	M50	Trent PR
323	49	19:44	Joel	Hayhow	S	SM	Orion
682	50	19:48	John	Crawley	S	SM	Guest
577	51	19:50	Tony	Lashmar	V	M40	VPH&TH
526	52	19:54	Mike	Jones	S	SM	VPH&TH
389	53	19:56	James	Cheseldine	S	SM	Orion
64	54	19:58	Diarmuid	Mac Donnell	V	M40	Bark RR
539	55	20:01	Rodney	Mushangan yisi	V	M40	VPH&TH
424	56	20:02	Edwin	Coutts	V	M40	Trent PR
437	57	20:02	Adrian	Edwards	W	M50	Trent PR
547	58	20:05	Scott	Kelly	S	SM	VPH&TH
199	59	20:09	Tom	Burrard- Lucas	S	SM	ELR
426	60	20:13	Luke	Bowie	S	SM	Trent PR
337	61	20:15	Buddy	Green	S	SM	Orion
310	62	20:15	Roy	Perrott	V	M40	Orion
273	63	20:24	Daniel	Hall	V	M40	Eton M
653	64	20:34	Gavriel	Hollander	S	SM	VPH&TH
390	65	20:35	Richard	Garrett	S	SM	Orion
527	66	20:36	Kevin	Long	V	M40	VPH&TH
324	67	20:39	Tim	Freeland	S	SM	Orion
160	68	20:40	Mark	Moir	S	SM	ELR
156	69	20:44	Paul	Marshall	S	SM	ELR
72	70	20:45	Paul	Ward	V	M40	Bark RR
338	71	20:48	Danny	Fitzsimons	W	M50	Orion
427	72	20:49	Maclaine	Bowie	S	SM	Trent PR
647	73	20:50	Shaka	Palmer	S	SM	Guest
647	73	20:50	Martin	Mason	W	M60	Bark RR
620	74	20:51	Joel	Denning	V	M40	Dag88
416	75	20:51	Stuart	Manktelow	W	M50	Trent PR
375	76	20:54	Rob	Moore	W	M50	Orion
325	77	20:56	Ben	Fisher	V	M40	Orion
238	78	20:56	Dave	Daugirda	W	M50	Eton M
171	79	20:58	Neil	Gage	V	M40	ELR
631	80	21:00	Peter	Salmon	V	M40	Dag88
385	81	21:12	James	Tharratt	S	SM	Orion
294	82	21:19	Stuart	Real- Slavicky	S	SM	Lought
421	83	21:22	Kai	Parker	V	M40	Trent PR

263	84	21:27	Rob	Sommerville	V	M40	Eton M
355	85	21:28	Dan	Cogan	V	M40	Guest
1	86	21:37	Des	Michael	W	M60	Barn
86	87	21:38	Mick	Brown	W	M50	Dag88
442	88	21:40	Robin	Tremaine	W	M60	Trent PR
239	89	21:40	John	Black	W	M60	Eton M
99	90	21:48	Paul	Prior	V	M40	Dag88
150	91	21:52	Gareth	Davis	V	M40	ELR
311	92	21:53	Andy	Lunn	V	M40	Orion
162	93	21:58	Calvin	Bobin	W	M60	ELR
441	94	22:03	Richard	Allen	S	SM	Trent PR
363	95	22:18	Bill	Bennett	W	M60	Orion
251	96	22:19	Martin	Hockey	V	M40	Eton M
401	97	22:25	Robert	Pick	W	M60	Trent PR
382	98	22:37	Chris	Gibson	S	SM	Orion
628	99	22:42	Antony	Leckerman	W	M50	Bark RR
339	100	22:43	Dan	Green	V	M40	Orion
93	101	22:45	Andy	Wright	V	M40	Dag88
515	102	22:48	David	Shortridge	V	M40	VPH&TH
676	103	22:49	John	George	W	M50	Bark RR
342	104	22:50	Gary	Bartlett	W	M50	Orion
172	105	22:51	Peter	Hatley	V	M40	ELR
369	106	22:57	Stephen	Bennett	V	M40	Orion
154	107	23:02	Michael	Wilson	W	M50	ELR
621	108	23:06	Mo	Toki	S	SM	Dag88
313	109	23:09	Paul	Williams	W	M50	Orion
260	110	23:25	Christopher	Reid	S	SM	Eton M
63	111	23:57	Andrew	Gwilliam	V	M40	Bark RR
240	112	23:59	Steve	Adams	W	M50	Eton M
669	113	24:02	Tony	Woodgate	S	SM	Dag88
91	114	24:05	Trevor	Robinson	V	M40	Dag88
109	115	24:13	Ian	Cummins	V	M40	Dag88
320	116	24:27	Martin	Reynolds	S	SM	Orion
90	117	24:36	Danny	White	V	M40	Dag88
331	118	24:41	Edward	Skinner	W	M60	Guest
8	119	24:50	David	Byrne	W	M50	Barn
96	120	25:03	Neil	Moses	W	M50	Dag88
566	121	25:05	Terence	Curran	W	M50	VPH&TH
4	122	25:06	John	Owen	W	M70	Barn
181	123	25:07	Tim	Aylett	S	SM	ELR
3	124	25:19	David	Scott	W	M50	Barn
330	125	25:21	David	Godfrey	W	M60	Guest
108	126	25:26	Michael	Peggall	S	SM	Dag88
531	127	25:36	Frank	Merrigan	W	M50	VPH&TH
190	128	25:40	George	Georgiou	V	M40	ELR
100	129	25:42	Owen	Daize	V	M40	Dag88

12	130	25:59	Nick	Bingham	W	M70	Barn
105	131	26:05	Gary	Cardnell	W	M50	Dag88
2	132	26:27	Steve	Holmes	W	M50	Barn
66	133	26:44	Gary	Harford	W	M50	Bark RR
638	134	26:47	Andy	Hiller	V	M40	Bark RR
343	135	26:53	Peter	Bulaitis	W	M60	Orion
284	137	27:57	David	Hobbs	W	M70	Lought
270	138	28:00	Paul	Manson	S	SM	Eton M
670	139	28:09	Michael	Ashford	S	SM	Dag88
365	140	28:57	Alan	Godbold	W	M50	Orion
626	141	28:58	Tom	Coughlan	S	SM	Bark RR
92	142	29:46	Jamie	Austin	S	SM	Dag88
666	143	29:46	Luke	Summers	S	SM	Dag88
269	144	29:47	John	McCormack	W	M50	Eton M
274	145	29:56	Geoff	Nicholls	W	M60	Eton M
265	146	34:30	Robert	Maggio	W	M70	Eton M
107	147	34:38	Sam	Veerasamy	W	M70	Dag88
73	148	37:12	Michael	Ball	W	M70	Bark RR

Chingford League Race 3 Women and Juniors (the blank spaces)

Hog Hill 7th November Please check

Number	RacePos	RaceTime	First	Last	CLAgeCat	AWAgeCat	ClubAWName
880	1	18:40					
701	2	18:58					
821	3	19:09					
875	4	19:19	Annalie	Cole	S	U16W	Orion
510	5	19:33	Sophie	Donges	S	SW	VPH&TH
882	6	19:34					
869	7	19:42					
402	8	20:02	Jessica	Prior	S	SW	Trent PR
509	9	20:12	Annie	Byrne	S	SW	VPH&TH
564	10	20:14	Holly	Weir	V	W35	VPH&TH
258	11	20:16	Naomi	Dews	S	SW	Eton M
143	12	20:24	Karen	Levison	W	W45	ELR
548	13	20:27	Sue	Bint	V	W35	VPH&TH
651	14	20:31	Kelly	Clark	V	W35	VPH&TH
501	15	20:38	Hannah	Somani	S	SW	VPH&TH
883	16	20:46					
371	17	20:53	Hayley	Rogerson	V	W35	Orion
876	18	21:12					
303	19	21:15	Ella	Wilson	S	SW	Orion
384	20	21:35	Lucy	Parmenter	S	SW	Guest
865	21	21:37					
257	22	21:41	Sarah	Flanaghan	V	W35	Eton M
574	23	21:44	Cheryl	Evans	S	SW	VPH&TH
512	24	21:46	Catherine	McLaughlin	V	W35	VPH&TH
249	25	22:02	Jenny	Heymann	V	W35	Eton M
432	26	22:08	Emma	Rowley	S	SW	Trent PR
650	27	22:14	Faye	Jeacocke	V	W35	VPH&TH
862	28	22:16					
333	29	22:32	Pippa	Dowswell	W	W45	Orion
302	30	22:32	Alison	Taylor	V	W35	Orion
291	31	22:33	Lorna	Gaffney	W	W45	Lought
645	32	23:03	Breege	Nordin	W	W55	Guest
874	33	23:11					
403	34	23:16	Judy	Prior	W	W45	Trent PR
317	35	23:23	Lucy	Humphreys	S	SW	Orion
138	36	23:27	Sheetal	Dandgey	S	SW	ELR
271	37	23:27	Sara	Giles	V	W35	Eton M
576	38	23:31	Charlie	Bewley	V	W35	VPH&TH
569	39	23:35	Agata	Slota	V	W35	VPH&TH
537	40	23:37	Daniel	Broadhead	S	SM	VPH&TH
153	41	23:43	Chloe	Millan	S	SW	ELR
673	42	23:44	Inga	Hayden-Cooper	W	W45	Guest

293	43	23:46	Helen	Real-Slavicky	V	W35	Lought
867	44	23:58					
248	45	24:03	Jenni	Hall	V	W35	Eton M
864	46	24:13					
652	47	24:14	Heather	Birtwistle	S	SW	VPH&TH
505	48	24:18	Emilie	Pottle	S	SW	VPH&TH
59	49	24:22	Kirsty	Johnstone	W	W55	Barn
242	50	24:27	Janine	Durrant	V	W35	Eton M
133	51	24:32	Maud	Hodson	W	W45	ELR
872	52	24:40					
820	53	24:57					
282	54	24:58	Gay	Shillaker	W	W55	Lought
641	55	25:03	Charlotte	Webster	S	SW	Bark RR
381	56	25:05	Andrea	Macqueen	W	W45	Orion
436	57	25:06	Dominique	Brasier	V	W35	Trent PR
200	58	25:08	Katherine	Harris	V	W35	ELR
511	59	25:14	Joyce	Berry	W	W45	VPH&TH
633	60	25:35	Hanna	Sheikh	S	SW	Dag88
871	61	25:36					
870	62	25:36					
198	63	25:37	Annette	Clark	W	W45	ELR
301	64	25:43	Sharon	Wood	W	W45	Orion
372	65	25:47	Joelle	Ewen	S	U20W	Orion
335	66	25:51	Nessa	Clyne	V	W35	Orion
135	67	25:54	Katie	Whitton	S	SW	ELR
131	68	26:04	Zuzanna	Urbanova	V	W35	ELR
863	69	26:05					
388	70	26:30	Donna	Wilkins	W	W45	Orion
241	71	26:42	Fen	Coles	W	W45	Eton M
873	72	26:51					
67	73	26:54	Natalie	Traylen	V	W35	Bark RR
197	74	27:09	Rachel	Le Roux	V	W35	ELR
231	75	27:14	Rachel	Brittle	W	W45	Eton M
383	76	27:18	Kelly	Stanton	V	W35	Guest
386	77	27:33	Paula	Fairlamb	V	W35	Orion
404	78	27:38	Christine	Hawker	W	W45	Trent PR
292	79	27:43	Amie	Harrison	S	SW	Lought
147	80	27:47	Caroline	Moore	W	W55	ELR
379	81	28:09	Lisa	Smith	W	W55	Orion
142	82	28:13	Claire	Emery	W	W45	ELR
295	83	28:15	Melanie	Peddle	W	W45	Lought
276	84	28:17	Mala	Singh	V	W35	Eton M
290	85	28:19	Jean	Hobbs	W	W65	Lought
672	86	28:30	Nicola	Chester	V	W35	Guest
141	87	28:40	Anna	Dingle	V	W35	ELR
243	88	28:46	Hayley	Dalton	W	W45	Eton M

246	89	29:04	Christina	Watson	W	W55	Eton M
195	90	29:10	Roselin	Boramakot	S	SW	ELR
103	91	29:12	Emma	O'Shea	V	W35	Dag88
417	92	29:18	Michelle	Watters	W	W45	Trent PR
88	93	29:45	Rosina	Salmon	W	W45	Dag88
440	94	29:47	Anne	Ward	W	W55	Trent PR
196	95	30:13	Diana	Rexhepaj	W	W45	ELR
309	96	30:15	Stacy	Smith	V	W35	Orion
640	97	30:15	Stephanie	Keyworth	S	SW	Bark RR
62	98	30:27	Alison	Fryatt	W	W45	Bark RR
630	99	30:30	Kelly	Dee-Tee	S	SW	Dag88
72	100	30:33	Paul	Ward	V	M40	Bark RR
332	101	30:38	Jenny	O'Hanlon	V	W35	Guest
649	102	30:49	Judi	Leddy	W	W45	Orion
667	103	31:05	Louise	Chappell	V	W35	Dag88
85	104	31:17	Lynne	Northcott	V	W35	Dag88
87	105	31:33	Sara	Prior	W	W45	Dag88
68	106	31:50	Nicola	Cranmer	W	W45	Bark RR
250	107	31:58	Steph	Rashbrook	S	SW	Eton M
70	108	32:11	Melissa	Lowndes	V	W35	Bark RR
69	109	32:12	Maria	Bartlett	V	W35	Bark RR
286	110	32:33	Michaela	Davis	W	W45	Lought
101	111	32:49	Lorraine	Moor	W	W55	Dag88
275	112	33:13	Claude	Gierl	W	W55	Eton M
89	113	33:25	Denise	Woolston	W	W45	Dag88
279	114	33:46	Louise	Taylor	V	W35	Eton M
629	115	33:57	Kaye	Sandford	S	SW	Dag88
639	116	34:03	Kirsten	Hiller	V	W35	Bark RR
232	117	35:06	Sue	Unsworth	W	W45	Eton M
104	118	36:32	Timi	Veerasamy	W	W65	Dag88
632	119	36:32	Christine	Lardner	S	SW	Dag88
102	120	38:46	Abigail	O'Shea	S	U18W	Dag88
635	121	38:46	Richele	Cockley	S	SW	Dag88
94	122	39:54	Jo	Smith	S	SW	Dag88
95	123	39:54	Anne	Wright	W	W45	Dag88