

Chingford League Race 4 Men

Chingford 19th January 2019

RacePos	RaceTime	Number	First	Last	CLAgeCa	AWAgeCa	ClubName
1	29:05	422	Euan	Brown	S	SM	ELR
2	29:06	1055	Shaun	Collins	S	SM	Orion
3	29:17	283	Paul	Grange	S	M35	Bark RR
4	29:34	353	Angelo	Pieris	S	M35	EERR
5	29:35	500	Chris	Tait	S	SM	Eton M
6	29:47	767	Colin	Read	W	M50	Orion
7	30:09	796	Richard	Smith	S	SM	Orion
8	30:22	633	Liam	O'Mahoney	S	SM	ELTri
9	30:24	621	Graham	Bell	V	M40	ELTri
10	30:25	964	Michael	Hughes	S	SM	VPH&TH
11	30:55	516	Paul	Boddey	V	M40	Eton M
12	31:03	728	Adam	Baker	V	M45	Orion
13	31:14	999	Simeon	Bennett	V	M40	VPH&TH
14	31:19	619	Neill	Whittaker	S	M35	ELTri
15	31:27	923	David	Jones	S	M35	VPH&TH
16	31:35	719	Gareth	Allen	S	SM	Orion
17	31:42	1029	Peter	Caton	V	M40	WG&EL
18	31:44	521	James	Pilch	S	M35	Eton M
19	31:48	742	David	Wilson	S	M35	Orion
20	31:49	757	Ben	Rowlands	S	M35	Orion
21	31:55	453	Thomas	Grimes	S	M35	ELR
22	31:56	967	Andrew	Hodgetts	S	SM	VPH&TH
23	31:56	632	George	Tidmarsh	S	M35	ELTri
24	31:57	929	Duncan	Steen	S	SM	VPH&TH
25	32:16	524	David	Cato	S	M35	Eton M
26	32:24	624	Ben	Thompson	V	M40	ELTri
27	32:27	933	Gavin	Lau	S	M35	VPH&TH
28	32:36	991	Richard	Bryant	V	M45	VPH&TH
29	32:44	457	Billy	Rayner	S	SM	ELR
30	32:48	403	Tom	Burrard-Lucas	S	SM	ELR
31	32:49	894	Jon	Whitehouse	V	M45	Lought
32	32:52	251	Mike	Walker	V	M40	Barnet
33	32:56	1054	Peter	Fairlamb	S	SM	Orion
34	32:59	963	Jon	Andieza	S	SM	VPH&TH
35	33:05	774	Tim	Wright	V	M45	Orion
36	33:15	528	Paul	Cates	W	M55	Eton M
37	33:41	769	Mark	Dillon	V	M45	Orion
38	33:46	351	Mark	McColgan	S	SM	EERR
39	33:51	965	Megan	Taylor	S	SW	VPH&TH
40	34:00	888	Steve	Palmer	V	M45	Lought
41	34:18	454	Andrew	Baxter	W	M50	ELR
42	34:20	256	Nina	Atherton	S	SW	Barnet
43	34:21	1016	Kevin	Long	V	M40	VPH&TH
44	34:35	562	Naomi	Dews	S	W35	Eton M

45	34:38	620	Thomas	Swanson	V	M40	ELTri
46	34:43	765	Roy	Perrott	V	M45	Orion
47	34:43	548	Sarah	Flanagan	V	W40	Eton M
48	34:46	639	James	Swift	S	M35	ELTri
49	34:46	761	John	Sable	S	M35	Orion
50	34:48	1013	David	Warwick	V	M45	VPH&TH
51	34:50	828	David	Birks	W	M50	Trent PR
52	34:53	631	Alastair	Fabian	V	M45	ELTri
53	35:03	605	Hefin	Davies	S	M35	ELTri
54	35:07	614	Daniel	Fish	S	SM	ELTri
55	35:11	520	Rob	Sommerville	W	M50	Eton M
56	35:14	968	Liam	O'Huiginn	S	SM	VPH&TH
57	35:19	749	Martin	Reynolds	S	M35	Orion
58	35:25	737	Buddy	Green	S	SM	Orion
59	35:32	997	Gavriel	Hollander	S	M35	VPH&TH
60	35:52	397	Jamie	Zucker	S	M35	Guest
61	35:54	724	Hayley	Rogerson	V	W40	Orion
62	35:59	1052	Stuart	Colley	V	M40	Orion
63	36:07	558	Jerome	Francis	S	SM	Eton M
64	36:10	501	Dave	Daugirda	W	M55	Eton M
65	36:16	773	Rob	Moore	W	M50	Orion
66	36:18	510	John	Black	X	M60	Eton M
67	36:20	972	Joe	Feltham	S	M35	VPH&TH
68	36:22	237	Des	Michael	X	M65	Barnet
69	36:27	993	Jo	Singer	V	W45	VPH&TH
70	36:30	652	Patrick	Thoeung	V	M40	Hwood
71	36:32	1058	Colin	Smith	V	M40	Orion
72	36:37	622	Ben	Watts	S	M35	ELTri
73	36:39	740	Dan	Green	V	M45	Orion
74	36:50	1059	Dave	Brock	W	M55	Orion
75	36:57	722	Alison	Trautmannsd orff- Weinsberg	V	W45	Orion
76	36:59	989	Sue	Bint	V	W40	VPH&TH
77	37:04	667	Johann	Le Roux	V	M40	Hwood
78	37:12	751	Tim	Freeland	S	M35	Orion
79	37:23	1032	Steve	Taylor	W	M50	WG&EL
80	37:35	718	Stephen	Bennett	V	M45	Orion
81	37:36	918	Ellie	Tait	S	SW	VPH&TH
82	37:46	966	Faye	Jeacocke	V	W40	VPH&TH
83	37:47	512	Taryne	McPherson	V	W40	Eton M
84	37:48	708	Glen	Gosling	V	M45	Orion
85	37:52	255	Joe	Gomez	W	M50	Barnet
86	37:53	782	John	Smith	X	M60	Orion
87	37:56	503	Zoe	Woodward	W	W55	Eton M
88	37:57	226	Chris	Violet	W	M50	Barnet
89	38:03	425	Gareth	Davies	W	M50	ELR
90	38:16	227	Mel	Davies	X	M65	Barnet
91	38:28	517	Sharon	Bolister	S	W35	Eton M

92	38:33	603	Paul	Dominguez	V	M45	ELTri
93	38:34	1057	Jasmin	Fitzpatrick	S	SW	Orion
94	38:34	610	Justin	McDermott	V	M45	ELTri
95	38:46	1053	Nick	Taylor	V	M45	Orion
96	38:48	885	Lorna	Gaffney	W	W50	Lought
97	38:52	621	Graham	Bell	V	M40	ELTri
98	38:53	626	Norma	Ortiz	S	W35	ELTri
99	39:32	905	Annie	Trihan	S	W35	VPH&TH
100	40:08	616	Michael	Loiacono	V	M45	ELTri
101	40:14	755	Grant	Corton	W	M55	Orion
102	40:17	406	Becky	Evans	W	W50	ELR
103	40:24	207	Nick	Scott	J	U18M	Barnet
104	40:26	779	Pippa	Dowswell	W	W50	Orion
105	40:26	780	Jon	West	V	M40	Orion
106	40:31	762	Bill	Bennett	X	M60	Orion
107	40:31	1060	Graham	Hall	W	M55	Orion
108	40:40	630	Michael	Davis	S	M35	ELTri
109	40:57	511	Louise	Vacher	W	W50	Eton M
110	40:59	535	Kate	Malcolm	V	W45	Eton M
111	41:01	880	John	Stubbs	S	M35	Lought
112	41:06	513	Gail	Hennessy	X	W60	Eton M
113	41:06	1009	Agata	Slota	S	W35	VPH&TH
114	41:08	559	Ellie	Croxford	S	SW	Eton M
115	41:10	920	Gigi	Giannella	V	M45	VPH&TH
116	41:12	889	Mary	Knapman	S	W35	Lought
117	41:13	1056	Maki	Kimura	V	W45	Orion
118	41:18	564	Roger	Green	X	M70	WG&EL
119	41:30	429	Michael	Wilson	W	M55	ELR
120	41:31	625	Tom	Dane	V	M40	ELTri
121	41:32	970	Kay	Verdon	S	SW	VPH&TH
122	41:38	707	Alison	Taylor	S	W35	Orion
123	41:46	897	Mark	Fox	V	M40	Lought
124	41:51	557	Owen	Espley	S	M35	Eton M
125	41:56	896	Georgie	Gillott	S	SW	Lought
126	41:59	455	Andy	Bolderstone	V	M40	ELR
127	42:05	458	Chloe	Millan	S	SW	ELR
128	42:08	208	Kirsty	Johnstone	W	W55	Barnet
129	42:08	969	Yuan	Ren	S	SW	VPH&TH
130	42:16	770	Mary	Armitage	W	W55	Orion
131	42:41	456	Dave	Hallybone	V	M40	ELR
132	42:42	416	Sarah	Burns	V	W40	ELR
133	42:44	906	June	Barrow-Green	X	W65	VPH&TH
134	42:59	900	Joyce	Berry	W	W50	VPH&TH
135	43:12	1010	Helen	Nickols	S	W35	VPH&TH
136	43:22	205	David	Scott	W	M55	Barnet
137	43:48	617	Timothy	Stodell	V	M40	ELTri
138	43:56	612	John	Kelly	W	M50	ELTri
139	43:57	976	Harriet	Lowndes	S	SW	VPH&TH
140	44:06	526	Lance	Tabraham	W	M50	Eton M

141	44:18	971	Amelia	Evans	S	W35	VPH&TH
142	44:24	983	Philippa	Cockman	W	W55	VPH&TH
143	44:33	611	Patrick	Farren	W	M55	ELTri
144	44:48	2000	Erica	Ashley	S	SW	VPH&TH
145	44:57	560	Jenni	Hall	S	W35	Eton M
146	45:03	324	Manji	Gami	W	M50	Dag88
147	45:34	881	Sharon	Palmer	V	W45	Lought
148	45:43	321	Michael	Peggnall	S	M35	Dag88
149	45:49	402	Sheetal	Dandgey	S	SW	ELR
150	45:50	452	Ford	Cadiogan	V	M45	ELR
151	45:52	254	Andy	Welsh	X	M65	Barnet
152	46:05	505	Janine	Durrant	V	W40	Eton M
153	46:08	556	Gabriel	Ellenberg	X	M60	Eton M
154	46:12	434	Tim	Aylett	V	M40	ELR
155	46:18	935	Frank	Merrigan	W	M55	VPH&TH
156	46:29	504	Rachel	Brittle	W	W55	Eton M
157	46:38	555	Roger	Albury	X	M60	Eton M
158	46:57	201	Linda	Dworowski	X	W60	Barnet
159	47:16	904	Marlis	Haase	W	W50	VPH&TH
160	47:33	561	Fen	Coles	V	W45	Eton M
161	47:44	213	Milan	Balaz	W	M55	Barnet
162	48:04	325	Andrew	Beazeley	S	M35	Dag88
163	48:16	723	Dhurmdendra	Mistry	W	M50	Orion
164	48:42	502	Geoff	Nicholls	X	M65	Eton M
165	48:55	735	Nessa	Clyne	V	W45	Orion
166	49:12	1050	Alain	Cooper	V	M45	Bark RR
167	49:39	204	John	Owen	X	M70	Barnet
168	49:49	973	Fiona	Cobb	S	SW	VPH&TH
169	50:54	553	Sacha	Ackland	V	W40	Eton M
170	51:05	530	Hayley	Dalton	V	W45	Eton M
171	51:19	637	Robert	Ginn	V	M45	ELTri
172	51:36	890	Nadine	Holland	V	W40	Lought
173	52:01	234	Mary	Brown	W	W55	Barnet
174	52:22	239	Margaret	Butler	W	W55	Barnet
175	53:46	601	Isabelle	Faure	W	W50	ELTri
176	54:12	628	Natasha	Sevant	V	W45	ELTri
177	54:41	549	Christina	Watson	X	W60	Eton M
178	56:15	609	Clare	Hirst	V	W40	ELTri
179	56:38	563	Paul	Manson	S	M35	Eton M
180	57:01	640	Ian	Cairns	X	M60	ELTri
181	57:02	790	Mary	Johnson	V	W40	Orion
182	57:14	878	Michaela	Davis	W	W50	Lought
183	57:18	641	Judy	Keith	W	W55	ELTri
184	57:23	506	Sue	Unsworth	V	W45	Eton M
185	58:41	292	Leslie	Jay	X	M60	Bark RR
186	59:09	273	Alison	Fryatt	W	W50	Bark RR
187	59:12	288	Chris	Anastasi	W	M55	Bark RR
188	61:56	602	Dawn	Hunter	V	W45	ELTri
189	63:42	827	Christine	Read	W	W55	Trent PR