**RESULT OF THE INTER-CLUB VETS RACE, 2 NOVEMBER 2019**

1. Gary Coombes (Ilf) 45 31:04

2. Jon Whitehouse (Lou) 45 31:39

3. Steven Philcox (Ilf) 50 33:03

4. Danny Holeyman (Ilf) 45 33:22

5. Paul Cates (E Manor) 55 34:19

6. Steve Palmer (Lou) 45 34:22

7. Diarmuid MacDonnell (Ilf) 45 34:33

8. Andrew Baxter (ELR) 50 34:39

9. Dave Cato (E Manor) 40 34:51

10. Dave Daugila (E Manor) 55 36:20

11. Calvin Bobin (ELR) 60 36:28

12. James Lamden (Lou) 55 36:29

13. Jessica Lowe (VPH) 35 W1 36:51

14. John Black (E Manor) 60 37:10

15. Caroline Fritz (ELR) 35 W2 37:46

16. Lorna Gaffney (Lou) 50 W3 39:23

17. Anthony Young (Ilf) 50 39:44

18. Zoe Woodward (E Manor) 55 W4 39:56

19. Kate Malcolm (E Manor) 45 W5 40:02

20. Vinesh Kumar (ELR) 40 40:53

21. Breede Nordin (Ilf) 60 W6 41:13

22. Dave Hallybone (ELR) 40 42:01

23. Fiona Critchley (ELR) 45 W7 42:20

24. Mark Fox (Lou) 45? 42:59

25. Richard Berry (Lou) 45 42:59

26. Carlton D'Souza (ELR) 50 43:20

27. Grant Conway (ELR) 50 43:35

28. Jan Vanweert (E Manor) - 44:19

29. Janet Bywater (ELR) 45 W8 44:40

30. John Healy (ELR) 40 44:43

31. Jim Tilbrook (Ilf) 50 44:47

32. Adam Stanley (ELR) 40 44:50

33. Sharon Palmer (Lou) 45 W9 45:00

34. Christine Long (E Manor) 40 W10 45:27

35. Ramesh Pala (ELR) 50 45:35

36. Gabriel Ellenberg (E M) 60 45:50

37. Fen Coles ( E Manor) 45 W11 46:07

38. Janine Durrant (E Manor) 40 W12 47:26

39. Sandra Preston (ELR) 55 W13 47:36

40. Arthur Diaz (ELR) 50 48:28

41. Alexandra R-Perera (ELR) 35 W14 48:55

42. Fiona Day (ELR) 60 W15 49:33

43. Geoff Nichols (E Manor) 65 49:37

44. Anna Dingle (ELR) 35 W16 50:07

45. Lyane Wakinshaw (VPH) 40 W17 51:05

46. Doris Gaga (Ilf) 55 W18 51:26

47. Caroline Moore (ELR) 55 W19 51:44

48. Kathy Morissey (ELR) 35 W20 55:06

49. Claude Gierl (E Manor) 60 W21 55:23

50. Jim Huddart (Ilf) 70 60:55

**Men's teams (scoring 4)**

1. Ilford 1, 3 ,4 ,7 15

2. Eton Manor 5, 9, 10, 14 38

3. Loughton 2, 6, 24, 25 57

4. East London Runners 8, 11, 20, 22 61

**Women's teams (scoring 4)**

1. Eton Manor 4, 5, 10, 11 30

2. East London Runners 2, 7, 8, 13 30