

Chingford League Race 5

ackney Marshes 18th January 2020

| Pos | Number | First | Last | CLAgeCa | WAgeCa | RaceTime | ClubAWName |
|-----|--------|----------|--------------|---------|--------|----------|------------|
| 1 | 348 | Ben | Nagy | S | SM | 27:07 | Barnet |
| 2 | 632 | Euan | Brown | S | SM | 27:31 | ELR |
| 3 | 1378 | Jonathan | Scott | S | SM | 27:53 | VPH&TH |
| 4 | 1108 | Brian | Jenkins | S | SM | 28:10 | Orion |
| 5 | 1125 | George | Day | S | SM | 28:29 | Orion |
| 6 | 1309 | Stephen | Fabes | S | SM | 28:30 | VPH&TH |
| 7 | 809 | Sam | Anderson | S | SM | 28:38 | Eton M |
| 8 | 1303 | David | Jones | S | SM | 28:42 | VPH&TH |
| 9 | 1369 | Carl | Selya-Hammer | S | SM | 28:44 | VPH&TH |
| 10 | 832 | Gary | Towers | V | M45 | 28:50 | Eton M |
| 11 | 1158 | Carl | Fiford | S | SM | 28:59 | Orion |
| 12 | 808 | Paul | Boddey | V | M40 | 29:05 | Eton M |
| 13 | 1357 | Zak | Knill | S | SM | 29:13 | VPH&TH |
| 14 | 1189 | Steven | Hobbs | V | M45 | 29:39 | VPH&TH |
| 15 | 1388 | Andrew | Hodgetts | S | SM | 29:40 | VPH&TH |
| 16 | 823 | James | Hutchinson | S | SM | 29:43 | Eton M |
| 17 | 1281 | Neil | Cook | V | M40 | 29:59 | VPH&TH |
| 18 | 1155 | Joseph | Clark | J | U20M | 30:03 | Orion |
| 19 | 1131 | Mike | Roberts | S | SM | 30:07 | Orion |
| 20 | 819 | James | Pilch | S | SM | 30:21 | Eton M |
| 21 | 1161 | David | Searle | S | SM | 30:24 | Orion |
| 22 | 1120 | Scott | Reid | W | M50 | 30:33 | Orion |
| 23 | 1111 | Adam | Baker | V | M45 | 30:47 | Orion |
| 24 | 1157 | Colin | Read | W | M50 | 31:02 | Orion |
| 25 | 707 | Jack | Henson | S | SM | 31:04 | ELTri |
| 26 | 836 | Simon | Cottle | S | SM | 31:06 | Eton M |
| 27 | 1115 | Ben | Rowlands | S | SM | 31:13 | Orion |
| 28 | 1333 | Simeon | Bennett | V | M40 | 31:17 | VPH&TH |
| 29 | 1300 | Ian | Weir | V | M40 | 31:20 | VPH&TH |
| 30 | 1392 | Paul | Manson | S | M35 | 31:21 | WG&EL |
| 31 | 1136 | Matt | Woodman | V | M40 | 31:23 | Orion |
| 32 | 621 | Billy | Rayner | S | SM | 31:28 | ELR |
| 33 | 681 | John | Henry | V | M40 | 31:38 | ELR |
| 34 | 954 | Sam | Rahman | S | SM | 31:44 | Ilford |
| 35 | 383 | Gary | Coombes | V | M45 | 31:48 | Bark RR |
| 36 | 1140 | Tim | Wright | V | M45 | 31:53 | Orion |
| 37 | 1386 | Georges | Deshouliere | S | SM | 31:59 | VPH&TH |
| 38 | 1088 | Iain | Wilson | V | M45 | 32:04 | Orion |
| 39 | 1332 | Hugh | Murdoch | S | SM | 32:11 | VPH&TH |
| 40 | 1119 | David | Wilson | S | SM | 32:18 | Orion |
| 41 | 9000 | Seb | Parris | S | SM | 32:20 | Ilford |
| 42 | 708 | Neill | Whittaker | V | M40 | 32:22 | ELTri |
| 43 | 843 | Jerome | Francis | S | SM | 32:40 | Eton M |
| 44 | 1151 | James | Cheseldine | S | SM | 32:48 | Orion |
| 45 | 794 | Craig | Stevens | S | SM | 32:51 | Eton M |
| 46 | 811 | David | Cato | V | M40 | 32:55 | Eton M |
| 47 | 707 | Jack | Henson | S | SM | 32:57 | ELTri |
| 48 | 822 | Paul | Cates | W | M55 | 33:02 | Eton M |

| | | | | | | | |
|----|------|---------|----------------------------|---|------|-------|----------|
| 49 | 828 | Naomi | Dews | S | SW | 33:06 | Eton M |
| 50 | 1383 | Tony | MacDowall | S | SM | 33:09 | VPH&TH |
| 51 | 1367 | Kevin | Long | V | M40 | 33:11 | VPH&TH |
| 52 | 1296 | Jo | Hall | S | SW | 33:12 | VPH&TH |
| 53 | 821 | Graham | White | S | SM | 33:13 | Eton M |
| 54 | 1162 | Will | Reed-Wright | S | SM | 33:16 | Orion |
| 55 | 777 | Sarah | Flanagan | V | W40 | 33:18 | Eton M |
| 56 | 1380 | Tim | Murray | V | M45 | 33:50 | VPH&TH |
| 57 | 1319 | Joseph | Lukwago | S | SM | 33:57 | VPH&TH |
| 58 | 833 | Tom | Ward | V | M40 | 33:59 | Eton M |
| 59 | 1284 | Sophie | Allen | S | SW | 34:05 | VPH&TH |
| 60 | 1366 | Hazel | Norton-Hale | S | SW | 34:07 | VPH&TH |
| 61 | 687 | Joe | Gunn | S | SM | 34:10 | ELR |
| 62 | 1379 | Robin | Norton-Hale | S | SW | 34:11 | VPH&TH |
| 63 | 1109 | John | Sable | S | SM | 34:17 | Orion |
| 64 | 837 | Giles | Bailey | S | SM | 34:20 | Eton M |
| 65 | 1107 | Colin | Smith | V | M40 | 34:26 | Orion |
| 66 | 715 | Hefin | Davies | S | SM | 34:27 | ELTri |
| 67 | 810 | Rob | Sommerville | W | M50 | 34:28 | Eton M |
| 68 | 1350 | Philip | Bennett | S | SM | 34:31 | VPH&TH |
| 69 | 806 | John | Black | X | M60 | 34:34 | Eton M |
| 70 | 1135 | Luke | Judge | S | SM | 34:46 | Orion |
| 71 | 1082 | Glen | Gosling | V | M45 | 34:47 | Orion |
| 72 | 1206 | David | Birks | W | M50 | 34:49 | Trent PR |
| 73 | 1081 | Hayley | Rogerson | V | W40 | 34:51 | Orion |
| 74 | 1387 | Brian | Grogan | S | SM | 34:55 | VPH&TH |
| 75 | 1104 | Dan | Green | W | M50 | 34:55 | Orion |
| 76 | 525 | Simon | Harrison | W | M50 | 34:58 | Edmon |
| 77 | 814 | Owain | Crispin | S | SM | 34:59 | Eton M |
| 78 | 813 | Dave | Daugirda | W | M55 | 35:00 | Eton M |
| 79 | 1186 | Mike | Jones | S | SM | 35:06 | VPH&TH |
| 80 | 1381 | Ben | Green | S | SM | 35:09 | VPH&TH |
| 81 | 1302 | Rachel | Morison | S | SW | 35:30 | VPH&TH |
| 82 | 1341 | Jess | Lowe | S | W35 | 35:35 | VPH&TH |
| 83 | 1003 | James | Lambden | W | M55 | 35:39 | Lought |
| 84 | 713 | Pete | Dyer | V | M45 | 35:41 | ELTri |
| 85 | 601 | Karan | Gadhia | S | SM | 35:44 | ELR |
| 86 | 779 | Taryne | McPherson | V | W40 | 35:45 | Eton M |
| 87 | 782 | Jenny | Heymann | V | W40 | 35:49 | Eton M |
| 88 | 618 | Warren | Ibrahim | V | M45 | 35:49 | ELR |
| 89 | 1358 | Declan | Phelan | W | M55 | 35:52 | VPH&TH |
| 90 | 1152 | Roy | Perrott | V | M45 | 35:57 | Orion |
| 91 | 978 | Steve | Palmer | V | M45 | 35:59 | Lought |
| 92 | 859 | Patrick | Thoeung | V | M45 | 36:06 | Hwood |
| 93 | 891 | Johann | Le Roux | V | M40 | 36:06 | Hwood |
| 94 | 1384 | Dean | Saliba | V | M40 | 36:07 | VPH&TH |
| 95 | 1154 | Daniel | Carroll | S | SM | 36:14 | Orion |
| 96 | 1087 | Alison | Trauttmannsdorff-Weinsberg | V | W45 | 36:15 | Orion |
| 97 | 667 | Amit | Marks | V | M40 | 36:19 | ELR |
| 98 | 1093 | Edward | Lunn | J | U20M | 36:29 | Orion |
| 99 | 727 | Ben | Watts | S | SM | 36:36 | ELTri |

| | | | | | | | |
|-----|------|----------|-----------|---|-----|-------|----------|
| 100 | 656 | Neil | Gage | V | M40 | 36:42 | ELR |
| 101 | 685 | Louis | Le Roux | S | SM | 36:47 | ELR |
| 102 | 1109 | John | Sable | S | SM | 36:50 | Orion |
| 103 | 630 | Ciaran | Canavan | V | M45 | 36:57 | ELR |
| 104 | 705 | Michael | Loiacono | V | M45 | 37:06 | ELTri |
| 105 | 1101 | Stephen | Bennett | V | M45 | 37:10 | Orion |
| 106 | 1196 | John | Smith | X | M60 | 37:12 | Orion |
| 107 | 1283 | Ellie | Tait | S | SW | 37:14 | VPH&TH |
| 108 | 1080 | Lorraine | Gosling | V | W45 | 37:15 | Orion |
| 109 | 787 | Zoe | Woodward | W | W55 | 37:18 | Eton M |
| 110 | 1156 | Bill | Bennett | X | M60 | 37:19 | Orion |
| 111 | 1339 | Simon | Bonner | V | M40 | 37:24 | VPH&TH |
| 112 | 619 | Jacob | Stevens | V | M40 | 37:36 | ELR |
| 113 | 842 | Ellie | Croxford | S | SW | 37:37 | Eton M |
| 114 | 915 | Martin | Kelsen | W | M55 | 37:41 | Lon City |
| 115 | 839 | Martin | Hockey | W | M50 | 37:48 | Eton M |
| 116 | 346 | Sarah | Boxer | W | W55 | 37:51 | Barnet |
| 117 | 1297 | Charlie | Bewley | S | SW | 37:55 | VPH&TH |
| 118 | 1139 | Ben | Fisher | V | M40 | 38:05 | Orion |
| 119 | 1118 | Gary | Bartlett | W | M55 | 38:09 | Orion |
| 120 | 1029 | Gary | Homewood | W | M55 | 38:11 | Mchasers |
| 121 | 304 | Des | Michael | X | M65 | 38:14 | Barnet |
| 122 | 327 | Peter | Ellis | X | M60 | 38:15 | Barnet |
| 123 | 347 | Chris | Violet | W | M50 | 38:21 | Barnet |
| 124 | 602 | Becky | Evans | W | W50 | 38:22 | ELR |
| 125 | 841 | Michael | Cates | W | M50 | 38:24 | Eton M |
| 126 | 975 | Lorna | Gaffney | W | W50 | 38:28 | Lought |
| 127 | 661 | Paula | Bedford | V | W45 | 38:29 | ELR |
| 128 | 1188 | David | Bone | V | M45 | 38:30 | VPH&TH |
| 129 | 699 | Vinesh | Kumar | V | M40 | 38:50 | ELR |
| 130 | 1282 | Victoria | Fabbri | V | W40 | 38:57 | VPH&TH |
| 131 | 1092 | Andy | Lunn | V | M45 | 39:02 | Orion |
| 132 | 1295 | Claire | Ross | S | SW | 39:02 | VPH&TH |
| 133 | 840 | Jane | Pannell | W | W45 | 39:06 | Eton M |
| 134 | 844 | Simon | Deville | W | M50 | 39:12 | Eton M |
| 135 | 1099 | Pippa | Dowswell | W | W55 | 39:13 | Orion |
| 136 | 710 | Graham | Bell | V | M40 | 39:20 | ELTri |
| 137 | 701 | Paul | Dominguez | V | M45 | 39:28 | ELTri |
| 138 | 1293 | Jennifer | Graham | S | SW | 39:32 | VPH&TH |
| 139 | 955 | Anthony | Young | W | M50 | 39:33 | Ilford |
| 140 | 1163 | Graham | Hall | W | M55 | 39:34 | Orion |
| 141 | 1313 | Minna | Harrison | V | W45 | 39:38 | VPH&TH |
| 142 | 1376 | Mick | Cairns | W | M55 | 39:39 | VPH&TH |
| 143 | 301 | Tim | Ward | W | M50 | 39:41 | Barnet |
| 144 | 1036 | Naomi | Crowther | S | W35 | 39:48 | Mchasers |
| 145 | 816 | Louise | Vacher | W | W55 | 39:51 | Eton M |
| 146 | 456 | Gary | Cardnell | X | M60 | 39:52 | Dag88 |
| 147 | 1353 | Agata | Slota | S | SW | 39:53 | VPH&TH |
| 148 | 1058 | Rafaele | Lamour | V | W45 | 39:54 | Mchasers |
| 149 | 620 | Chloe | Millan | S | SW | 39:58 | ELR |
| 150 | 783 | Kate | Malcolm | V | W45 | 39:59 | Eton M |
| 151 | 793 | Jessica | Verrall | S | SW | 40:09 | Eton M |

| | | | | | | | |
|-----|------|----------|--------------|---|-----|-------|----------|
| 152 | 824 | Jan | Van Weert | V | M40 | 40:14 | Eton M |
| 153 | 1187 | Keith | Mussington | X | M60 | 40:17 | VPH&TH |
| 154 | 1354 | Aneirin | Glyn | V | M40 | 40:26 | VPH&TH |
| 155 | 1345 | Phillipa | Carr | S | SW | 40:27 | VPH&TH |
| 156 | 482 | Peter | Burdett | W | M50 | 40:41 | Dag88 |
| 157 | 616 | Michael | Wilson | W | M55 | 40:55 | ELR |
| 158 | 1159 | Mark | Sanchez | S | SM | 40:58 | Guest |
| 159 | 1160 | Andrew | Kennedy | V | M40 | 40:59 | Orion |
| 160 | 610 | Maud | Hodson | V | W45 | 41:10 | ELR |
| 161 | 775 | Sarah | Giles | S | SW | 41:11 | Eton M |
| 162 | 980 | John | Stubbs | S | SM | 41:23 | Lought |
| 163 | 1277 | Joyce | Berry | W | W50 | 41:29 | VPH&TH |
| 164 | 1382 | Jo | Savage | S | SW | 41:35 | VPH&TH |
| 165 | 617 | Kasia | Stachowiak | S | SW | 41:38 | ELR |
| 166 | 704 | John | Kelly | W | M50 | 41:40 | ELTri |
| 167 | 805 | Ruth | Rose | S | SW | 41:41 | Eton M |
| 168 | 1168 | David | Milner | X | M60 | 41:55 | Orion |
| 169 | 684 | Edward | Barnard | V | M45 | 41:59 | ELR |
| 170 | 395 | Trevor | Robinson | V | M45 | 42:23 | Bark RR |
| 171 | 1077 | Mary | Armitage | W | W55 | 42:27 | Orion |
| 172 | 672 | Samir | Younsi | V | M45 | 42:38 | ELR |
| 173 | 1377 | Fiona | Cobb | S | SW | 42:42 | VPH&TH |
| 174 | 1069 | Maki | Kimura | W | W50 | 42:53 | Mchasers |
| 175 | 303 | David | Scott | W | M55 | 42:58 | Barnet |
| 176 | 1079 | Paul | Williams | W | M55 | 43:02 | Orion |
| 177 | 503 | Ai Seng | Paul | X | W60 | 43:03 | Edmon |
| 178 | 1305 | Gaby | Ellisbone | V | W45 | 43:09 | VPH&TH |
| 179 | 634 | Alex | Jameson | V | M45 | 43:11 | ELR |
| 180 | 1166 | Sonya | Hurtado | V | W45 | 43:14 | Guest |
| 181 | 827 | Gabriel | Ellenberg | X | M60 | 43:26 | Eton M |
| 182 | 453 | Andrew | Beazeley | V | M40 | 43:29 | Dag88 |
| 183 | 603 | Carolyn | Edwards | S | SW | 43:34 | ELR |
| 184 | 1275 | Philippa | Cockman | W | W55 | 43:40 | VPH&TH |
| 185 | 488 | Ian | Cummins | W | M50 | 43:51 | Dag88 |
| 186 | 1167 | Laura | Jenkin | S | SW | 43:52 | Orion |
| 187 | 1153 | Helen | Pearce | W | W50 | 43:53 | Orion |
| 188 | 790 | Fen | Coles | V | W45 | 43:54 | Eton M |
| 189 | 467 | Michael | Pegnall | S | SM | 43:59 | Dag88 |
| 190 | 1028 | Carmen | Harrington | S | SW | 44:03 | Mchasers |
| 191 | 1002 | Jonathan | Brown | V | M45 | 44:05 | Lought |
| 192 | 645 | Sandra | Preston | W | W55 | 44:22 | ELR |
| 193 | 1323 | Nicola | Kerr | V | W45 | 44:23 | VPH&TH |
| 194 | 604 | Cat | Hoult | V | W40 | 44:25 | ELR |
| 195 | 413 | Barry | Culling | S | SM | 44:40 | Bark RR |
| 196 | 776 | Janine | Durrant | V | W40 | 44:43 | Eton M |
| 197 | 838 | Jonny | Hall | V | M45 | 44:44 | Eton M |
| 198 | 307 | John | Owen | X | M75 | 45:06 | Barnet |
| 199 | 1098 | Nessa | Clyne | V | W45 | 45:08 | Orion |
| 200 | 638 | Tina | Bennett | V | W40 | 45:12 | ELR |
| 201 | 703 | Timothy | Stodell | V | M40 | 45:20 | ELTri |
| 202 | 1326 | Brenda | Puech | W | W55 | 45:25 | VPH&TH |
| 203 | 1373 | Nora | Cooke O'Dowd | S | SW | 45:26 | VPH&TH |

| | | | | | | | |
|-----|------|------------|--------------------|---|-----|-------|----------|
| 204 | 1290 | Amy | Blackburn-Lau | S | SW | 45:27 | VPH&TH |
| 205 | 314 | Milan | Balaz | W | M55 | 45:58 | Barnet |
| 206 | 1070 | Anne | Caspi | W | W55 | 46:02 | Mchasers |
| 207 | 1025 | Jennifer | Moore | S | SW | 46:09 | Mchasers |
| 208 | 469 | Rahana | Islam | V | W40 | 46:18 | Dag88 |
| 209 | 384 | Natalie | Traylen | V | W40 | 46:22 | Bark RR |
| 210 | 471 | John | Hughes | W | M50 | 46:24 | Dag88 |
| 211 | 1086 | Shayne | Bellas | V | W40 | 46:27 | Orion |
| 212 | 637 | Mark | Durrant | W | M50 | 46:30 | ELR |
| 213 | 613 | Fiona | Day | X | W60 | 46:33 | ELR |
| 214 | 386 | Jason | Li | V | M45 | 46:36 | Bark RR |
| 215 | 1375 | Katie | Burgess | W | W55 | 46:38 | VPH&TH |
| 216 | 981 | Mark | Fox | V | M40 | 46:40 | Lought |
| 217 | 399 | Michael | Bird | S | SM | 46:50 | Bark RR |
| 218 | 956 | Gaye | Van der Vyver | W | W50 | 46:58 | Ilford |
| 219 | 1128 | Emma | Cooke | S | SW | 47:15 | Orion |
| 220 | 673 | Lydia | Merrett | S | SW | 47:32 | ELR |
| 221 | 983 | Rob | Sargent | X | M65 | 47:40 | Lought |
| 222 | 460 | Jane | Swanson-Sprent | W | W50 | 48:41 | Dag88 |
| 223 | 1090 | Lisa | Smith | X | W60 | 48:46 | Orion |
| 224 | 669 | Grace | Turner | S | SW | 48:54 | ELR |
| 225 | 714 | Clare | Hirst | V | W40 | 48:56 | ELTri |
| 226 | 1094 | Lynne | Wakinshaw | V | W40 | 49:09 | Orion |
| 227 | 462 | Timi | Veerasamy | X | W65 | 49:56 | Dag88 |
| 228 | 812 | Geoff | Nicholls | X | M65 | 50:06 | Eton M |
| 229 | 600 | Alexandra | Rutishauser-Perera | V | W40 | 50:11 | ELR |
| 230 | 686 | Anne-Marie | Kennedy | V | W40 | 50:11 | ELR |
| 231 | 1096 | Karen | Allworthy | X | W60 | 51:04 | Orion |
| 232 | 984 | Nadine | Holland | V | W40 | 52:28 | Lought |
| 233 | 679 | SallyAnn | Eyles | V | W45 | 52:52 | ELR |
| 234 | 1234 | Christine | Hawker | W | W50 | 53:11 | Trent PR |
| 235 | 807 | James | Huddart | X | M70 | 62:46 | Eton M |
| 236 | 414 | Kresh | Veerasamy | V | M40 | 63:16 | Bark RR |
| 237 | 957 | Brennie | Gabbidon | V | W40 | 65:54 | Ilford |
| 238 | 1205 | Christine | Read | W | W55 | 68:09 | Trent PR |
| 239 | 498 | Sam | Veerasamy | X | M70 | 70:55 | Dag88 |