

Chingford League Race 6

Victoria Park 1st February 2020

RacePos	Number	First	Last	AWAgeCat	RaceTime	ClubAWName
1	348	Ben	Nagy	SM	25:45	Barn
2	1337	Aaron	McGrady	SM	25:47	VP&TH
3	1306	Andrew	Barrington	SM	26:27	VP&TH
4	1195	Laurence	Heyes	SM	26:57	VP&TH
5	1125	George	Day	SM	27:04	Orion
6	1394	James	Stockings	SM	27:08	W Green
7	800	Chris	Norris	SM	27:11	Eton M
8	944	Michael	Hughes	SM	27:26	VP&TH
9	1111	Adam	Baker	M45	27:31	Orion
10	330	Will	Morris	SM	27:34	Barn
11	1369	Carl	Selya-Hammer	SM	27:35	VP&TH
12	1501	Samuel	Priestley	SM	27:37	VP&TH
13	1191	Gareth	Evans	M40	27:39	VP&TH
14	1189	Steven	Hobbs	M45	27:43	VP&TH
15	1108	Brian	Jenkins	SM	27:45	Orion
16	1131	Mike	Roberts	SM	27:47	Orion
17	832	Gary	Towers	M45	27:52	Eton M
18	1357	Zak	Knill	SM	27:53	VP&TH
19	823	James	Hutchinson	SM	27:59	Eton M
20	809	Sam	Anderson	SM	28:03	Eton M
21	1314	Ben	Wickham	M40	28:04	VP&TH
22	633	Patrick	Brown	SM	28:19	E Lon
23	808	Paul	Boddey	M40	28:21	Eton M
24	1303	David	Jones	SM	28:29	VP&TH
25	1151	James	Cheseldine	SM	28:31	Orion
26	707	Jack	Henson	SM	28:34	ELTri
27	1371	Andre	Dahlkamp	M45	28:36	VP&TH
28	1136	Matt	Woodman	M40	28:50	Orion
29	836	Simon	Cottle	SM	29:00	Eton M
30	795	Ben	Grayson	SM	29:04	Guest
31	1281	Neil	Cook	M40	29:13	VP&TH
32	954	Sam	Rahman	SM	29:19	Ilf
33	1147	Adrian	Smith	M45	29:32	Orion
34	681	John	Henry	M40	29:38	E Lon
35	250	Laura	Morgan	SW	29:42	VP&TH
36	1100	Bob	Glasgow	M40	29:52	Orion
37	1120	Scott	Reid	M50	30:01	Orion
38	506	Ilia	Loubenski	M45	30:04	Edm
39	1300	Ian	Weir	M40	30:05	VP&TH
40	1198	Henry	Giddens	SM	30:09	Orion
41	632	Euan	Brown	SM	30:10	E Lon
42	843	Jerome	Francis	SM	30:10	Eton M
43	1119	David	Wilson	SM	30:12	Orion
44	1062	Daniele	Biagi	SM	30:13	Morn
45	1367	Kevin	Long	M40	30:15	VP&TH
46	1204	Ben	Allen	SM	30:23	Trent P
47	969	Haydon	Newland	SM	30:27	Ilf
48	992	Jon	Whitehouse	M45	30:31	Loughton

49	960	Danny	Holeyman	M45	30:33	Ilf
50	1341	Jess	Lowe	W35	30:36	VP&TH
51	902	Caoimhe	Nic Fhogartaigh	W40	30:37	Lon C AC
52	1333	Simeon	Bennett	M40	30:40	VP&TH
53	621	Billy	Rayner	SM	30:43	E Lon
54	794	Craig	Stevens	SM	30:44	Eton M
55	1088	Iain	Wilson	M45	30:44	Orion
56	1386	Georges-Marie	Desmouliere	SM	30:45	VP&TH
57	1175	Khurram	Jowiya	SM	30:46	Orion
58	1194	Rodney	Mushanganyisi	M40	31:01	VP&TH
59	1193	Colin	Jacobs	M45	31:01	VP&TH
60	708	Neill	Whittaker	M40	31:02	ELTri
61	1338	Hannah	Somani	SW	31:04	VP&TH
62	964	Diarmuid	Mac Donnell	M45	31:06	Ilf
63	607	Mark	Moir	SM	31:08	E Lon
64	706	George	Tidmarsh	SM	31:10	ELTri
65	909	Rafael	Gonzales	M35	31:13	VP&TH
66	837	Giles	Bailey	SM	31:15	Eton M
67	1296	Jo	Hall	SW	31:17	VP&TH
68	1500	Carl	Norman	SM	31:23	VP&TH
69	1165	Eric	Paul	M55	31:27	Orion
70	1395	Dave	Cox	M65	31:34	W Green
71	777	Sarah	Flanagan	W40	31:38	Eton M
72	1157	Colin	Read	M50	31:39	Orion
73	693	Tom	Howourth	SM	31:55	E Lon
74	722	Simon	Needle	SM	31:57	ELTri
75	833	Tom	Ward	M40	32:00	Eton M
76	1081	Hayley	Rogerson	W40	32:01	Orion
77	811	David	Cato	M40	32:06	Eton M
78	1359	Stu	Lascelles	M50	32:06	VP&TH
79	1319	Joseph	Lukwago	SM	32:08	VP&TH
80	559	Matt	Ward	SM	32:13	E End
81	978	Steve	Palmer	M45	32:13	Loughton
82	1380	Tim	Murray	M45	32:20	VP&TH
83	1366	Hazel	Norton-Hale	SW	32:21	VP&TH
84	1135	Luke	Judge	SM	32:23	Orion
85	1146	Alex	Elferink	M45	32:23	Orion
86	821	Graham	White	SM	32:40	Eton M
87	1170	Dan	Booth	SM	32:45	Orion
88	798	Jack	Whyles	SM	32:50	Eton M
89	1082	Glen	Gosling	M45	32:52	Orion
90	1502	Lee	Butler	M35	32:55	VP&TH
91	715	Hefin	Davies	SM	32:56	ELTri
92	1109	John	Sable	SM	32:56	Orion
93	1107	Colin	Smith	M40	32:57	Orion
94	619	Jacob	Stevens	M40	33:00	E Lon
95	1173	Simon	Kaye	M35	33:04	Guest
96	782	Jenny	Heymann	W40	33:05	Eton M
97	1284	Sophie	Allen	SW	33:11	VP&TH
98	656	Neil	Gage	M40	33:16	E Lon
99	1003	James	Lambden	M55	33:17	Loughton
100	918	Alexandre	Warin	SM	33:23	Morn

101	953	Adam	Coals	SM	33:27	Ilf
102	1308	Tony	Lashmar	M40	33:29	VP&TH
103	1379	Robin	Norton-Hale	SW	33:30	VP&TH
104	966	Dennis	Briggs	M40	33:32	Ilf
105	813	Dave	Daugirda	M55	33:33	Eton M
106	1302	Rachel	Morison	SW	33:36	VP&TH
107	334	Jerry	Bryan	M55	33:36	Barn
108	1171	Stephen	Thompson	M40	33:40	Orion
109	859	Patrick	Thoeung	M45	33:47	Harold Woo
110	1092	Andy	Lunn	M45	33:48	Orion
111	1287	Tim	Miller	M50	33:52	VP&TH
112	806	John	Black	M60	33:53	Eton M
113	958	Alan	Pearl	M60	33:54	Ilf
114	949	James	Hirst	SM	33:55	VP&TH
115	690	William	O'Donoghue	SM	33:56	E Lon
116	910	Nick	Sutcliffe	M50	33:56	Morn
117	965	Anna	Crawley	SW	34:00	Ilf
118	685	Louis	Le Roux	SM	34:03	E Lon
119	810	Rob	Sommerville	M50	34:05	Eton M
120	1104	Dan	Green	M50	34:06	Orion
121	891	Johann	Le Roux	M40	34:11	Harold Woo
122	1087	Alison	Trauttmannsdorff-Weinsberg	W45	34:13	Orion
123	1278	Faye	Jeacocke	W40	34:14	VP&TH
124	705	Michael	Loiacono	M45	34:21	ELTri
125	1206	David	Birks	M50	34:23	Trent P
126	650	Michael	Bamford	M50	34:25	E Lon
127	415	Paul	Ward	M45	34:27	Bark RR
128	727	Ben	Watts	SM	34:28	ELTri
129	1356	Laura	Thompson	SW	34:32	VP&TH
130	1152	Roy	Perrott	M45	34:36	Orion
131	814	Owain	Crispin	SM	34:37	Eton M
132	788	Claire	Fisher	SW	34:39	Eton M
133	1080	Lorraine	Gosling	W45	34:40	Orion
134	1164	Christine	Kennedy	W65	34:45	Orion
135	962	Carlie	Qirem	SW	34:54	Ilf
136	1139	Ben	Fisher	M40	34:57	Orion
137	1384	Dean	Saliba	M40	34:58	VP&TH
138	1360	Anne	Norton	SW	34:59	VP&TH
139	1240	Stuart	Manktelow	M55	35:01	Trent P
140	839	Martin	Hockey	M50	35:02	Eton M
141	1099	Pippa	Dowswell	W55	35:11	Orion
142	1307	Rob	Collier	M55	35:13	VP&TH
143	1239	Edwin	Coutts	M40	35:15	Trent P
144	1172	Chris	Gibson	SM	35:18	Orion
145	1294	Isla	Cameron	SW	35:19	VP&TH
146	945	Helen	Croydon	W40	35:22	VP&TH
147	841	Michael	Cates	M50	35:22	Eton M
148	1339	Simon	Bonner	M40	35:23	VP&TH
149	608	Caroline	Frith	W40	35:25	E Lon
150	1093	Edward	Lunn	U20M	35:29	Orion
151	801	Jock	McDonald	SM	35:34	Guest

152	667	Amit	Marks	M40	35:36	E Lon
153	1236	Marcus	De Freitas	M50	35:43	Trent P
154	975	Lorna	Gaffney	W50	35:45	Loughton
155	970	Kieran	McKenna	M45	35:45	Ilf
156	602	Becky	Evans	W50	35:46	E Lon
157	842	Ellie	Croxford	SW	35:56	Eton M
158	1124	Lucy	Humphreys	SW	36:00	Orion
159	1295	Claire	Ross	SW	36:03	VP&TH
160	840	Jane	Pannell	W45	36:08	Eton M
161	1169	Alison	Taylor	W40	36:13	Orion
162	347	Chris	Violet	M50	36:14	Barn
163	1322	Annie	Trihan	SW	36:16	VP&TH
164	1282	Victoria	Fabbri	W40	36:22	VP&TH
165	642	Stuart	Hodson	U18M	36:23	E Lon
166	620	Chloe	Millan	SW	36:32	E Lon
167	456	Gary	Cardnell	M60	36:37	Dag88
168	1192	Carel	Cronenberg	M55	36:41	VP&TH
169	1101	Stephen	Bennett	M45	36:46	Orion
170	1118	Gary	Bartlett	M55	36:47	Orion
171	699	Vinesh	Kumar	M40	36:49	E Lon
172	327	Peter	Ellis	M60	36:49	Barn
173	948	William	Burbridge-James	M60	36:54	VP&TH
174	1241	Robin	Tremaine	M60	36:59	Trent P
175	346	Sarah	Boxer	W55	37:06	Barn
176	701	Paul	Dominguez	M45	37:07	ELTri
177	385	James	Hall	SM	37:09	Bark RR
178	1160	Andrew	Kennedy	M40	37:11	Orion
179	482	Peter	Burdett	M50	37:19	Dag88
180	1293	Jennifer	Graham	SW	37:23	VP&TH
181	911	Diego	Fayos	M45	37:30	Lon C AC
182	1393	Paul	Stockings	M55	37:35	W Green
183	689	Jonathan	Wooldridge	M45	37:36	E Lon
184	955	Anthony	Young	M50	37:42	Ilf
185	816	Louise	Vacher	W55	37:49	Eton M
186	353	Katie	Jessop-Emmins	SW	37:51	Barn
187	796	Ben	Aldersley	M45	37:55	Eton M
188	617	Kasia	Stachowiak	SW	37:57	E Lon
189	793	Jessica	Verrall	SW	37:58	Eton M
190	692	Ged	Browne	M55	37:59	E Lon
191	1187	Keith	Mussington	M60	38:00	VP&TH
192	616	Michael	Wilson	M55	38:00	E Lon
193	799	Owen	Espley	M40	38:02	Eton M
194	1305	Gaby	Ellisbone	W45	38:03	VP&TH
195	1176	Sally	Juby	SW	38:09	Orion
196	710	Graham	Bell	M40	38:12	ELTri
197	488	Ian	Cummins	M50	38:17	Dag88
198	994	Richard	Berry	M45	38:23	Loughton
199	1185	Minna	Harrison	W45	38:34	VP&TH
200	1238	Sue	Thomas	W50	38:38	Trent P
201	1034	Dan	Lewis	M40	38:52	Morn
202	704	John	Kelly	M50	38:57	ELTri
203	464	Hannah	Sheikh	W45	38:59	Dag88

204	672	Samir	Younsi	M45	39:02	E Lon
205	1077	Mary	Armitage	W55	39:12	Orion
206	1076	Christine	Inch	W55	39:13	Orion
207	1058	Rafaele	Lamour	W45	39:15	Morn
208	1301	Gerry	Akrigg	M50	39:19	VP&TH
209	1221	Melissa	O'Hare	W45	39:23	Trent P
210	963	Jim	Tilbrook	M50	39:30	Ilf
211	610	Maud	Hodson	W45	39:32	E Lon
212	1277	Joyce	Berry	W50	39:43	VP&TH
213	1197	Peter	Frisby	M60	39:50	VP&TH
214	723	Tom	Dane	M40	39:54	ELTri
215	1079	Paul	Williams	M55	39:56	Orion
216	778	Gail	Hennessy	W65	40:06	Eton M
217	961	Ernie	Forsyth	M65	40:18	Ilf
218	604	Cat	Hoult	W40	40:21	E Lon
219	453	Andrew	Beazeley	M40	40:24	Dag88
220	321	Davina	Gutteridge	W50	40:25	Barn
221	637	Mark	Durrant	M50	40:30	E Lon
222	805	Ruth	Rose	SW	40:35	Eton M
223	503	Ai Seng	Paul	W60	40:43	Edm
224	1354	Aneirin	Glyn	M40	40:48	VP&TH
225	1311	Antonio	Del Valle	M40	40:48	VP&TH
226	335	David	Byrne	M55	40:49	Barn
227	603	Carolyn	Edwards	SW	40:51	E Lon
228	1382	Jo	Savage	SW	40:51	VP&TH
229	691	Brian	Crowther	M50	40:53	E Lon
230	1177	Sonya	Hurtado	W45	40:56	Guest
231	1096	Karen	Allworthy	W60	41:02	Orion
232	1028	Carmen	Harrington	SW	41:03	Morn
233	1069	Maki	Kimura	W50	41:06	Morn
234	467	Michael	Pegnall	SM	41:13	Dag88
235	634	Alex	Jameson	M45	41:16	E Lon
236	471	John	Hughes	M50	41:24	Dag88
237	388	Nehal	Patel	SM	41:27	Bark RR
238	1275	Philippa	Cockman	W55	41:47	VP&TH
239	776	Janine	Durrant	W40	42:01	Eton M
240	1153	Helen	Pearce	W50	42:03	Orion
241	469	Rahana	Islam	W40	42:06	Dag88
242	956	Gaye	Van der Vyver	W50	42:07	Ilf
243	1183	Sean	McAtee	M55	42:15	Guest
244	686	Anne-Marie	Kennedy	W40	42:16	E Lon
245	458	Emma	Dudman	W40	42:23	Dag88
246	1002	Jonathan	Brown	M45	42:30	Loughton
247	899	Susan	Munns	W50	42:33	Harold Woo
248	1377	Fiona	Cobb	SW	42:34	VP&TH
249	1178	Huien	Hwa	SW	42:48	Guest
250	303	David	Scott	M55	42:50	Barn
251	1037	Fiona	Carr	SW	42:57	Morn
252	1126	Sarah	Mills	W40	43:01	Orion
253	677	Kate	Brett	W50	43:03	E Lon
254	638	Tina	Bennett	W40	43:05	E Lon
255	1326	Brenda	Puech	W55	43:06	VP&TH

256	1167	Laura	Jenkin	SW	43:12	Orion
257	460	Jane	Swanson-Sprent	W50	43:18	Dag88
258	1174	Bob	Watson	M50	43:21	Guest
259	1276	Sarah	Knox	W45	43:27	VP&TH
260	680	Debbie	Shearing	W40	43:36	E Lon
261	678	Martin	Quinlan	M45	43:37	E Lon
262	1128	Emma	Cooke	SW	43:50	Orion
263	384	Natalie	Traylen	W40	43:58	Bark RR
264	1025	Jennifer	Moore	SW	43:59	Morn
265	967	Ray	Everingham	M60	43:59	Ilf
266	983	Rob	Sargent	M65	44:02	Loughton
267	1038	Stephen	West	M45	44:04	Morn
268	1200	Duncan	Bensted	M55	44:05	Trent P
269	1090	Lisa	Smith	W60	44:10	Orion
270	386	Jason	Li	M45	44:11	Bark RR
271	1373	Nora	Cooke O'Dowd	SW	44:26	VP&TH
272	320	Margaret	Butler	W55	44:49	Barn
273	1106	Mary	Johnson	W40	44:50	Orion
274	984	Nadine	Holland	W40	44:59	Loughton
275	981	Mark	Fox	M40	44:09	Loughton
276	1290	Amy	Blackburn-Lau	SW	45:10	VP&TH
277	350	John	Shirley	M70	45:27	Barn
278	959	Doris	Gaga	W55	45:28	Ilf
279	613	Fiona	Day	W60	45:32	E Lon
280	812	Geoff	Nicholls	M65	45:57	Eton M
281	606	Claire	Emery	W45	45:59	E Lon
282	318	Mary	Brown	W55	46:02	Barn
283	1225	David	Paul	M70	46:09	Trent P
284	1094	Lynne	Wakinshaw	W40	46:11	Orion
285	302	Steve	Holmes	M50	46:56	Barn
286	462	Timi	Veerasley	W65	46:59	Dag88
287	1184	Nicole	Ferris	W35	47:11	ELTri
288	818	Christina	Watson	W60	47:32	Eton M
289	600	Alexandra	Rutishauser-Perera	W40	47:40	E Lon
290	669	Grace	Turner	SW	47:40	E Lon
291	688	Isabella	Allan	SW	47:45	E Lon
292	381	Leslie	Jay	M65	47:48	Bark RR
293	694	Rachel	Le Roux	SW	47:55	E Lon
294	797	Sacha	Ackland	W45	48:14	Eton M
295	802	Rosie	Lapper	SW	48:17	Guest
296	807	James	Huddart	M70	48:51	Eton M
297	1234	Christine	Hawker	W50	48:57	Trent P
298	411	Rabea	Begum	SW	48:59	Bark RR
299	714	Clare	Hirst	W40	49:08	ELTri
300	1205	Christine	Read	W55	49:18	Trent P
301	968	Mandeep	Bassi	W40	49:21	Ilf
302	829	Sian	Williams	SW	49:22	Eton M
303	352	Mandy	Violet	W50	49:29	Barn
304	892	Allan	Munns	M55	50:45	Harold Woo
305	977	Catherine	Gurney	W50	54:27	Loughton
306	349	Maureen	Shirley	W70	55:44	Barn