



LOUGHTON ATHLETIC CLUB

Interclub Vets 11am 6 November 2021

WOMEN

1. Loughton AC	23
2. Orion Harriers	43
3. Eton Manor	45
4. East London Runners	82

1. LOUGHTON

Zoe Oldfield (WV40)	3
Mary Knapman (WV40)	4
Lorna Gaffney (WV50)	7
Sharon Palmer (WV45)	9
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	23

3. ETON MANOR

Jenny Heymann (WV40)	1
Maud Hodson (WV45)	10
Ru Rose (WV40)	16
Gail Hennessy (WV65)	18
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	45

2. ORION HARRIERS

Christine Kennedy (WV65)	6
Jo Plumb (WV50)	11
Mary Armitage (WV55)	12
Karen Lyons (WV50)	14
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	43

4. EAST LONDON RUNNERS

Paula Bedford (WV40)	5
Becky Evans (WV50)	8
Sandra Preston (WV55)	28
Diana Rexhepaj (WV50)	39
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	80

MEN

1. Eton Manor	22
2. Orion Harriers	36
3. Ilford	40
4. Loughton	70
5. VPH	101
6. East London Runners	126
7. Vets AC	163

1. ETON MANOR

Gary Towers (MV45)	1
James Pilch (MV40)	3
Paul Boddey (MV40)	4
David Cato (MV40)	14
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	22

2. ORION HARRIERS

Brian Jenkins (MV40)	5
Bob Glasgow (MV45)	6
Neil McGoun (MV40)	12
Tim Wright (MV50)	13
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	36

3. ILFORD

Gary Coombes (MV45)	2
Fabrizio Stefanoni (MV45)	7
Danny Holeyman (MV45)	11
Diarmuid Macdonnell (MV45)	20
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	40

4. LOUGHTON

Jon Whitehouse (MV45)	8
Steve Palmer (MV50)	15
David Mills (MV55)	22
Alan Fricker (MV45)	25
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	70

6. EAST LONDON RUNNERS

Alex Pickering (MV40)	10
Amit Marks (MV40)	24
Monir Dahbi (MV40)	45
Ramesh Pala (MV60)	47
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	126

5. Victoria Park and Tower Hamlets

Kevin Long (MV40)	9
Richard Bryant (MV50)	23
Simon Wharton (MV50)	27
David Shortridge (MV50)	42
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	101

7. VETS AC

Tony Harran (MV60)	28
Victor Maughn (MV55)	31
Edward Skinner (MV65)	50
David Hinds (MV70)	54
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	163

2021.11.06 Interclub Vets @ Loughton

Results input by Paul Boddey, Eton Manor

Pos	Time	Name	Cat	Club
1	30.51	Gaz Towers	MV45	Eton Manor
2	31.15	Gary Coombes	MV45	Ilford AC
3	31.42	James Pich	MV40	Eton Manor
4	32.25	Paul Boddey	MV40	Eton Manor
5	32.44	Brian Jenkins	MV40	Orion Harriers
6	32.54	Bob Glasgow	MV45	Orion Harriers
7	33.28	Dylan Williams	Guest	Eton Manor
8	33.36	Fabrizio Stefanoni	MV45	Ilford AC
9	33.41	Jon Whitehouse	MV45	Loughton AC
10	33.45	Kevin Long	MV40	VPH
11	33.50	Alex Pickering	MV40	East London Runners
12	33.59	Danny Holeyman	MV45	Ilford AC
13	34.04	Neil McGoun	MV40	Orion Harriers
14	34.06	Tim Wright	MV50	Orion Harriers
15	34.30	David Cato	MV40	Eton Manor
16	34.31	Steve Palmer	MV50	Loughton AC
17	35.09	Colin Read	MV50	Orion Harriers
18	35.13	Dan Gritton	MV45	Orion Harriers
19	35.42	Russ Jones	MV50	Eton Manor
20	36.02	George Fernandez	Guest	Eton Manor
21	36.04	Colin Smith	MV45	Orion Harriers
22	36.07	Josh Dent	Guest	Eton Manor
23	36.19	Diarmuid MacDonnell	MV45	Ilford AC
24	36.27	Jenny Heymann	WV40	Eton Manor
25	36.30	Rob Sommerville	MV50	Eton Manor
26	36.35	Robin Daines	MV50	Guest
27	36.44	David Mills	MV55	Loughton AC
28	36.44	Richard Bryant	MV50	VPH
29	36.50	Jonathan Leith	Guest	Eton Manor
30	36.51	Amit Marks	MV40	East London Runners
31	37.09	Ali Trauttsmansdorff	WV50	VPH
32	37.11	Alan Fricker	MV45	Loughton AC
33	37.16	Richard Parr	Guest	Eton Manor
34	37.19	Glenn Gosling	MV45	Orion Harriers
35	37.22	Simon Wharton	MV50	VPH
36	37.34	Tony Harran	MV60	Vets AC
37	37.37	Paul Stockings	MV60	Orion Harriers
38	37.50	Brendan Clooney	MV50	Orion Harriers
39	38.07	Victor Maughn	MV55	Vets AC
40	38.10	Zoe Oldfield	WV40	Loughton AC
41	38.30	Mary Knapman	WV40	Loughton AC
42	39.04	James Lambden	MV50	Loughton AC
43	39.18	Dave Daugirda	MV55	Eton Manor
44	39.31	Paula Bedford	WV40	East London Runners
45	39.34	Michael Cates	MV50	Eton Manor

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Pos	Time	Name	Cat	Club
46	39.42	Toni Pang	MV45	Eton Manor
47	39.50	Christine Kennedy	WV65	Orion Harriers
48	39.51	John Smith	MV60	Orion Harriers
49	40.01	Lorna Gaffney	WV50	Loughton AC
50	40.44	Bill Bennett	MV60	Orion Harriers
51	40.57	Becky Evans	WV50	East London Runners
52	41.14	Ben Fisher	MV45	Orion Harriers
53	41.17	Simon Haigh	MV50	Orion Harriers
54	41.20	Cliff Warren	MV60	Loughton AC
55	41.43	Ross Lucas	MV50	Guest
56	41.58	Steve Bennett	MV50	Orion Harriers
57	42.00	David Shortridge	MV50	VPH
58	42.10	Mark Muscatt	MV60	Orion Harriers
59	42.12	Adrian Frost	MV60	Eton Manor
60	42.32	Monir Dahbi	MV40	East London Runners
61	42.45	Sarah Carey	WV35	Eton Manor
62	42.50	Sharon Palmer	WV45	Loughton AC
63	43.09	Gary Bartlett	MV60	Orion Harriers
64	43.27	Maud Hodson	WV45	Eton Manor
65	43.36	Ramesh Pala	MV60	East London Runners
66	43.44	Paul Williams	MV60	Orion Harriers
67	44.08	Jo Plumb	WV50	Orion Harriers
68	44.13	Mary Armitage	WV55	Orion Harriers
69	44.15	Laura Fernandez	WV55	Loughton AC
70	44.17	Unknown		
71	44.19	Andy Kennedy	MV40	Orion Harriers
72	44.35	Edward Skinner	MV65	Vets AC
73	44.47	Karen Lyons	WV50	Orion Harriers
74	44.48	Dave Brock	MV60	Orion Harriers
75	44.57	Paul Dominguez	MV50	Guest
76	45.00	Bal Gill	MV55	Orion Harriers
77	45.08	Hayley Barron	WV50	Orion Harriers
78	45.12	Ru Rose	WV40	Eton Manor
79	45.22	Michelle Ayrton	WV45	Loughton AC
80	45.24	Gail Hennessy	WV65	Eton Manor
81	45.27	Glen Reddick	MV45	Eton Manor
82	45.36	Sarah Knox	WV50	VPH
83	45.41	Alison Taylor	WV40	Orion Harriers
84	45.42	David Hinds	MV70	Vets AC
85	45.44	Patricia Thomas	WV55	Vets AC
86	45.49	Lynn Wilson	WV60	Vets AC
87	45.53	Christina Long	WV40	Eton Manor
88	46.29	Chris Chapman	Guest	Orion Harriers
89	46.38	Janine Durrant	WV45	Eton Manor
90	46.49	Christine Inch	WV60	Orion Harriers

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Pos	Time	Name	Cat	Club
91	46.56	Lisa Thorn	WV50	Orion Harriers
92	47.02	Melanie Peddle	WV50	Loughton AC
93	47.11	Sandra Preston	WV55	East London Runners
94	47.32	Gabriel Ellenberg	MV60	Eton Manor
95	47.37	Steve Worrall	MV45	Loughton AC
96	47.56	Anne Heeks	WV60	Loughton AC
97	48.18	Gillian McKay	WV55	Eton Manor
98	48.53	Lance Tabraham	MV55	Eton Manor
99	49.13	Deborah Davies	WV50	Loughton AC
100	49.22	John Paul Healy	MV50	East London Runners
101	50.07	Fen Coles	WV50	Eton Manor
102	50.09	Lisa Perryman	WV45	Loughton AC
103	50.22	Anna Barnett	WV50	Orion Harriers
104	50.56	Mala Singh	WV45	Eton Manor
105	51.02	Tim Horton	MV55	Loughton AC
106	51.18	Hayley Dalton	WV50	Eton Manor
107	51.25	John O'Brien	MV50	East London Runners
108	52.31	Amanda Overy	WV55	Loughton AC
109	52.48	Lynne Wakinshaw	WV45	Orion Harriers
110	52.56	Pete Bulatis	MV65	Orion Harriers
111	53.38	Diana Rexhepaj	WV50	East London Runners
112	53.38	Susannah McLaren	WV55	East London Runners
113	55.18	Mary Johnson	WV45	Loughton AC
114	56.11	Beata Gaxha	WV45	Orion Harriers
115	1.01.10	Irene Petersen	WV55	Loughton AC
116	1.01.15	Mark Fox	MV40	Loughton AC