

Race 4 2021 - Wormwood Individual Results

Pos	No.	Time	First Name	Surname	Club	M/F	Age Group	Gender	Age Group
1	1217	00:28:33	Beth	Hawling	Lon H	F	SL	FSL	
2	844	00:29:15	Hannah	Viner	High	F	SL	FSL	
3	1206	00:30:08	Brogan	Wallace	Lon H	F	SL	FSL	
4	819	00:30:22	Yasmin	Goater	High	F	SL	FSL	
5	231	00:30:27	Alice	Sunderland	Eal E	F	V45	FV45	
6	1247	00:30:34	Rebecca	Bunting	Lon H	F	SL	FSL	
7	1053	00:30:59	Annie	Birch	Lon C	F	SL	FSL	
8	1806	00:31:02	Jessica	Prior	Trent P	F	SL	FSL	
9	812	00:31:04	Ellen	Donald	High	F	U20	FU20	
10	1627	00:31:09	Charlene	Jacobs-Conradie	SBH	F	V40	FV40	
11	667	00:31:13	Eilish	O'Grady	Harrow	F	SL	FSL	
12	1204	00:31:16	Evangelista	Divetain	Lon H	F	SL	FSL	
13	1710	00:31:20	Emily	Dudgeon	TVH	F	SL	FSL	
14	221	00:31:26	Melissah	Gibson	Eal E	F	SL	FSL	
15	954	00:31:32	Carole	Coulon	Hill	F	V45	FV45	
16	1542	00:31:34	Natasha	Sheel	Serp	F	SL	FSL	
17	453	00:31:35	Sarah	Flanagan	Eton	F	V40	FV40	
18	1231	00:31:36	Olivia	Desborough	Lon H	F	SL	FSL	
19	926	00:31:49	Catriona	Paterson	Hill	F	SL	FSL	
20	2101	00:31:57	Suzanne	Phillips	WG&EL	F	SL	FSL	
21	1703	00:32:10	Lisa	Da Silva	TVH	F	SL	FSL	
22	937	00:32:13	Hannah	Wells	Hill	F	SL	FSL	
23	1248	00:32:18	Rebecca	Piggott	Lon H	F	SL	FSL	
24	1804	00:32:21	Emily	Jeanes	Trent P	F	SL	FSL	
25	705	00:32:25	Harriet	Kealy	Herts P	F	SL	FSL	
26	664	00:32:27	Bettina	Rottweiler	Harrow	F	SL	FSL	
27	1808	00:32:29	Cyn	Cano	Trent P	F	SL	FSL	
28	1715	00:32:31	Stephanie	Ainley	TVH	F	SL	FSL	
29	659	00:32:32	Federica	De Caria	Harrow	F	SL	FSL	
30	1801	00:32:35	Alex	Baird	Trent P	F	V40	FV40	
31	1814	00:32:49	Anja	Greenwood	Trent P	F	V40	FV40	
32	848	00:32:54	Emily	Young	High	F	SL	FSL	
33	950	00:32:57	Jennifer	Harvey	Hill	F	SL	FSL	
34	1559	00:32:58	Megan	Hunt	Serp	F	SL	FSL	
35	1921	00:33:02	Kelly	Clark	VPH&TH	F	V40	FV40	
36	1353	00:33:09	Kat	Alpe	Met P	F	SL	FSL	
37	707	00:33:15	Deborah	Rushman	Herts P	F	V55	FV55	
38	834	00:33:21	Mia	Parry	High	F	U20	FU20	
39	1716	00:33:29	Isabelle	Franco	TVH	F	U20	FU20	
40	1513	00:33:32	Victoria	Crawford	Serp	F	SL	FSL	
41	455	00:33:35	Jenny	Heymann	Eton	F	V40	FV40	
42	814	00:33:37	Louise	Faherty	High	F	V45	FV45	
43	927	00:33:39	Heather	Paterson	Hill	F	SL	FSL	
44	357	00:33:51	Sarah	Gerrie	ESM	F	SL	FSL	

Pos	No.	Time	First Name	Surname	Club	M/F	Age Group	Gender	Age Group
45	1203	00:33:55	Genevieve	Weston	Lon H	F	SL	FSL	
46	1950	00:33:59	Clare	Fisher	VPH&TH	F	SL	FSL	
47	2098	00:34:03	Annaka	Charters	VPH&TH	F	SL	FSL	
48	852	00:34:06	Karina	Thornton	High	F	SL	FSL	
49	1651	00:34:08	Ella	Fryer	SMR	F	U20	FU20	
50	1931	00:34:08	Sophie	Allen	VPH&TH	F	SL	FSL	
51	652	00:34:09	Jo	Finill	Harrow	F	SL	FSL	
52	708	00:34:10	Kathryn	Chapman	Herts P	F	V45	FV45	
53	1611	00:34:11	Natasha	Tanner	SBH	F	U20	FU20	
54	360	00:34:12	Sarah	Harris	ESM	F	V40	FV40	
55	1205	00:34:13	Ciera	Kennedy	Lon H	F	SL	FSL	
56	1924	00:34:16	Lily	Zechmann	VPH&TH	F	SL	FSL	
57	1946	00:34:22	Ali	Trauttsmandorff	VPH&TH	F	V50	FV50	
58	33	00:34:24	Joanne	Kent	Barn	F	V55	FV55	
59	1220	00:34:25	Eilidh	Wagstaff	Lon H	F	SL	FSL	
60	41	00:34:28	Karen	Murphy	Barn	F	V50	FV50	
61	665	00:34:32	Katie	Sandford	Harrow	F	SL	FSL	
62	1925	00:34:38	Lydia	Briggs	VPH&TH	F	SL	FSL	
63	1214	00:34:45	Emily	Reichert	Lon H	F	V40	FV40	
64	354	00:34:46	Shona	Cowper	ESM	F	SL	FSL	
65	1967	00:34:53	Jade	Dos Santos	VPH&TH	F	SL	FSL	
66	1706	00:34:56	Lydia	Blythe	TVH	F	SL	FSL	
67	54	00:34:58	Katherine	March	Barn	F	V40	FV40	
68	1209	00:35:01	Laura	Hunt	Lon H	F	SL	FSL	
69	1902	00:35:02	Ellie	Daglish	VPH&TH	F	SL	FSL	
70	660	00:35:04	Jessica	Johnson	Harrow	F	SL	FSL	
71	1712	00:35:14	Rosie	Vallance	TVH	F	SL	FSL	
72	918	00:35:18	Freya	Hollingsworth	Hill	F	SL	FSL	
73	826	00:35:18	Ellen	Kerr	High	F	SL	FSL	
74	1919	00:35:19	Katrin	Flikschuh	VPH&TH	F	V60	FV60	
75	837	00:35:21	Sabina	Russell	High	F	V55	FV55	
76	1405	00:35:26	Juliette	Westbrook	Morn	F	SL	FSL	
77	1410	00:35:31	Cloudy	Carnegie	Morn	F	SL	FSL	
78	1628	00:35:41	Elena	Roncarati	SBH	F	U20	FU20	
79	457	00:35:53	Lee	Milne	Eton	F	V45	FV45	
80	657	00:36:06	Issy	Jones	Harrow	F	SL	FSL	
81	211	00:36:11	Yvette	Burton	Eal E	F	V40	FV40	
82	653	00:36:18	Jennifer	Keal	Harrow	F	SL	FSL	
83	503	00:36:21	Victoria	Cartwright	GoodGym	F	SL	FSL	
84	507	00:36:35	Rosie	Ashworth	GoodGym	F	SL	FSL	
85	925	00:36:39	Karmen	Pardoe	Hill	F	V50	FV50	
86	212	00:36:52	Lucile	Burlot	Eal E	F	SL	FSL	
87	213	00:37:02	Jennifer	Watt	Eal E	F	V50	FV50	
88	218	00:37:03	Katharine	Revill	Eal E	F	SL	FSL	
89	1051	00:37:04	Marie	Duignan	Lon C	F	V40	FV40	

Pos	No.	Time	First Name	Surname	Club	M/F	Age Group	Gender	Age Group
90	152	00:37:05	Sally	Harrild	E&H	F	SL	FSL	
91	1407	00:37:06	Fiona	Russell	Morn	F	V50	FV50	
92	464	00:37:07	Jane	Rukin-White	Eton	F	SL	FSL	
93	1232	00:37:11	Jennifer	Wing	Lon H	F	SL	FSL	
94	853	00:37:15	Natasha	Cendrowicz	High	F	V50	FV50	
95	1211	00:37:18	Tanya	Addison	Lon H	F	V50	FV50	
96	1975	00:37:19	Charlotte	Maling	VPH&TH	F	SL	FSL	
97	380	00:37:21	Leanne	Smith	ESM	F	SL	FSL	
98	1815	00:37:22	Zoe	Redondo	Trent P	F	V40	FV40	
99	1535	00:37:23	Rhiannon	Needham	Serp	F	V40	FV40	
100	1910	00:37:25	Claire	Ross	VPH&TH	F	SL	FSL	
101	1510	00:37:26	Debbie	Clarke	Serp	F	V45	FV45	
102	1153	00:37:32	Hazel	Reade	Lon FR	F	SL	FSL	
103	2106	00:37:35	Kate	Stockings	WG&EL	F	SL	FSL	
104	1564	00:37:58	Tracey	Carro Noya	Serp	F	V40	FV40	
105	1236	00:38:01	Ciara	Williams	Lon H	F	SL	FSL	
106	233	00:38:04	Hannah	Smith	Eal E	F	SL	FSL	
107	1704	00:38:10	Fran	Lou	TVH	F	SL	FSL	
108	1935	00:38:17	Victoria	Fabbri	VPH&TH	F	V40	FV40	
109	1241	00:38:21	Yanna	Raykov	Lon H	F	SL	FSL	
110	388	00:38:21	Breege	Leane	ESM	F	V60	FV60	
111	1573	00:38:34	Sophie	Cappleman	Serp	F	SL	FSL	
112	387	00:38:47	Midnight	Adams	ESM	F	U20	FU20	
113	1709	00:38:54	Joy	Giorgi	TVH	F	V55	FV55	
114	18	00:38:56	Kathryn	Ellis	Barn	F	SL	FSL	
115	1216	00:39:01	Monika	Newton	Lon H	F	V40	FV40	
116	1243	00:39:05	Kimberli	Butler	Lon H	F	SL	FSL	
117	952	00:39:11	Zoe	Dobbs	Hill	F	V50	FV50	
118	1401	00:39:14	Rafaele	Lamour	Morn	F	V50	FV50	
119	656	00:39:27	Paula	Dunne	Harrow	F	SL	FSL	
120	1238	00:39:33	Annabel	Judd	Lon H	F	V50	FV50	
121	459	00:39:41	Ruth	Rose	Eton	F	V40	FV40	
122	1707	00:39:55	Nadia	Whittaker	TVH	F	V50	FV50	
123	1358	00:40:03	Anne	Dawson	Met P	F	V40	FV40	
124	1055	00:40:04	Hayley	English	Lon C	F	SL	FSL	
125	663	00:40:04	Jennifer	Coxon	Harrow	F	SL	FSL	
126	1237	00:40:07	Ann	Woulfe	Lon H	F	V40	FV40	
127	1936	00:40:07	Yuan	Ren	VPH&TH	F	SL	FSL	
128	35	00:40:12	Annabelle	White	Barn	F	SL	FSL	
129	460	00:40:17	Louise	Vacher	Eton	F	V55	FV55	
130	1529	00:40:21	Sarah	Mackenzie	Serp	F	SL	FSL	
131	1158	00:40:22	Lucy	Wilson-Shaw	Lon FR	F	V40	FV40	
132	1246	00:40:24	Louisa	Radford	Lon H	F	SL	FSL	
133	1571	00:40:26	Helen	Lane	Serp	F	V55	FV55	
134	1201	00:40:37	Jaqueline	Wastell	Lon H	F	V60	FV60	

Pos No.	Time	First Name	Surname	Club	M/F	Age Group	Gender	Age Group
135	1408	00:40:38	Fiona	Carr	Morn	F	SL	FSL
136	456	00:40:41	Maud	Hodson	Eton	F	V45	FV45
137	1409	00:40:46	Ellie	Holloway	Morn	F	SL	FSL
138	951	00:40:53	Sheree	Kestell	Hill	F	V45	FV45
139	203	00:40:58	Nova	Magness	Eal E	F	V40	FV40
140	208	00:41:11	Anna	Shierson	Eal E	F	SL	FSL
141	651	00:41:17	Lesley	Mcardle	Harrow	F	SL	FSL
142	383	00:41:18	Lynn	Wilson	ESM	F	V65	FV65
143	224	00:41:31	Maria	Hazzard	Eal E	F	SL	FSL
144	953	00:41:40	Stephanie	Suntong	Hill	F	V50	FV50
145	234	00:41:41	Jenny	Baker	Eal E	F	V55	FV55
146	215	00:41:41	Michelle	Tanner	Eal E	F	SL	FSL
147	23	00:41:45	Stephanie	Harrison	Barn	F	SL	FSL
148	1064	00:41:51	Selena	Ng	Lon C	F	SL	FSL
149	1164	00:41:56	Emily	Chong	Lon FR	F	V40	FV40
150	1654	00:41:57	Thea	Cummings	SMR	F	SL	FSL
151	1059	00:41:58	Jessica	West	Lon C	F	SL	FSL
152	382	00:41:59	Patricia	Thomas	ESM	F	V55	FV55
153	1452	00:42:08	Natalie	Traylen	NEB	F	V45	FV45
154	931	00:42:25	Melanie	Spencer	Hill	F	V45	FV45
155	201	00:42:26	Liz	Ainsworth	Eal E	F	V45	FV45
156	1152	00:42:34	Chris	Reade	Lon FR	F	SL	FSL
157	217	00:42:42	Catherine	North	Eal E	F	SL	FSL
158	917	00:42:44	Ellie	Henderson	Hill	F	SL	FSL
159	210	00:42:48	Olivia	Parker-Scott	Eal E	F	SL	FSL
160	389	00:42:51	Tara	Chandler	ESM	F	SL	FSL
161	43	00:43:03	Sarah	Ralphs	Barn	F	SL	FSL
162	364	00:43:15	Barbro	Julin	ESM	F	V55	FV55
163	222	00:43:51	Hayley	Kandt	Eal E	F	SL	FSL
164	363	00:44:24	Carol	Jones	ESM	F	V60	FV60
165	940	00:44:44	Nastaran	Sepanj	Hill	F	SL	FSL
166	2111	00:44:53	Alex	Wardle	WG&EL	F	V50	FV50
167	202	00:44:57	Abi	Barber	Eal E	F	V40	FV40
168	1233	00:45:13	Rose	Garrett	Lon H	F	U20	FU20
169	452	00:45:18	Janine	Durrant	Eton	F	V45	FV45
170	506	00:45:18	Alison	Davidson	GoodGym	F	SL	FSL
171	204	00:45:36	Jessica	Hood	Eal E	F	SL	FSL
172	1572	00:46:19	Catharine	Sowerby	Serp	F	V55	FV55
173	1225	00:46:21	Marianne	Gibson	Lon H	F	V50	FV50
174	1906	00:46:28	Amy	Blackburn-Lau	VPH&TH	F	SL	FSL
175	501	00:46:33	Tracey	Taylor	GoodGym	F	V55	FV55
176	1973	00:47:08	Erica	Brown	VPH&TH	F	SL	FSL
177	668	00:47:12	Lorna	Tatham	Harrow	F	V45	FV45
178	17	00:47:49	Linda	Dworowski	Barn	F	V60	FV60
179	658	00:48:50	Katia	Andrews	Harrow	F	V45	FV45

Pos No.	Time	First Name	Surname	Club	M/F	Age Group	Gender	Age Group
180	904	00:48:54	Vicky	Brownlee	Hill	F	V50	FV50
181	1151	00:48:56	Seanna	Fallon	Lon FR	F	SL	FSL
182	1811	00:48:57	Christine	Hawker	Trent P	F	V55	FV55
183	223	00:48:58	No Declaration	# Eal E	F	SL	FSL	
184	463	00:49:43	Hayley	Dalton	Eton	F	V50	FV50
185	1454	00:50:44	Shelley	Jameson	NEB	F	V45	FV45
186	42	00:51:40	Anna	Murray	Barn	F	V55	FV55
187	511	00:54:31	Frances	Powrie	GoodGym	F	SL	FSL
188	1810	00:57:43	Christine	Read	Trent P	F	V55	FV55
189	654	00:58:19	Kelly	Accetta Crowe	Harrow	F	SL	FSL
190	512	00:59:02	Ivy	Lai	GoodGym	F	SL	FSL

Race 4 2021 - Wormwood Team Results

Ranking	Club	Points	Gender	Age Group
1	Harrow AC	184	F	Div3
2	Eton Manor AC	165	F	Div3
3	Mornington Chasers	146	F	Div3
4	Ealing, Southall and Middlesex 'B'	101	F	Div3
5	GoodGym Raceteam	95	F	Div3
6	Thames Valley Harriers 'B'	93	F	Div3
7	Ealing Eagles 'C'	88	F	Div3
8	Metropolitan Police	73	F	Div3
9	St Mary's Richmond	68	F	Div3
10	Hillingdon 'C'	40	F	Div3
11	Enfield and Haringey	36	F	Div3
12	Ealing, Southall and Middlesex 'C'	30	F	Div3
13	Barnet & District 'B'	29	F	Div3
14	Newham & Essex Beagles	28	F	Div3
15	Trent Park RC 'B'	8	F	Div3
16	GoodGym Raceteam 'B'	4	F	Div3

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Pos	No.	Time	First Name	Surname	Club	M/F	Age Group	Gender Age Group
1	3258	00:25:04	Thomas	Frith	WG&EL	M	SM	MSM
2	1022	00:25:12	Alexander	Lepretre	High	M	SM	MSM
3	1003	00:25:39	Robel	Bahelbi	High	M	SM	MSM
4	3096	00:25:44	Alexander	Lawrence	VPH&TH	M	SM	MSM
5	824	00:25:48	Harry	Lupton	Harrow	M	SM	MSM
6	2673	00:25:49	Toby	Clyde	TVH	M	SM	MSM
7	1206	00:25:50	Robert	Thompson	Hill	M	SM	MSM
8	2551	00:25:51	William	Ryle-Hodges	SBH	M	SM	MSM
9	2686	00:25:59	Michael	Cameron	TVH	M	SM	MSM
10	1028	00:26:06	Sean	Renfer	High	M	SM	MSM
11	2358	00:26:09	Jonathan	Poole	Serp	M	SM	MSM
12	2670	00:26:20	Hugo	Cayssials	TVH	M	SM	MSM
13	2396	00:26:23	Andy	Greenleaf	Serp	M	SM	MSM
14	5005	00:26:26	Ted	Higgins	Guest	M	U20	MU20
15	2671	00:26:31	Christopher	Thomas	TVH	M	SM	MSM
16	1859	00:26:33	Tom	Aldred	Lon H	M	V40	MV40
17	5009	00:26:36	Tim	Harrison	Guest	M	SM	MSM
18	3104	00:26:37	Joe	Dale	VPH&TH	M	V40	MV40
19	2669	00:26:37	Conor	Kissane-Wood	TVH	M	SM	MSM
20	845	00:26:38	Damian	Nevins	Harrow	M	V40	MV40
21	3105	00:26:40	James	Hotham	VPH&TH	M	SM	MSM
22	1815	00:26:43	James	Wooldridge	Lon H	M	SM	MSM
23	3020	00:26:47	John	Payne	VPH&TH	M	SM	MSM
24	550	00:26:52	No Declaration		# ESM	M	SM	MSM
25	3091	00:26:52	Adam	Millbery	VPH&TH	M	SM	MSM
26	5010	00:26:56	Jack	Higgins	Guest	M	U20	MU20
27	1415	00:26:58	Mathew	Speed	Lon C	M	SM	MSM
28	2213	00:27:01	Jordan	Ruhuma	NEB	M	SM	MSM
29	3260	00:27:02	Michael	Waddington	WG&EL	M	SM	MSM
30	905	00:27:05	Oscar	Bell	Herts P	M	SM	MSM
31	1252	00:27:06	Aramias	Zeration	Hill	M	SM	MSM
32	1077	00:27:08	Roger	Poolman	High	M	SM	MSM
33	823	00:27:09	Chris	Hudson	Harrow	M	U20	MU20
34	3252	00:27:10	Angus	Holford	WG&EL	M	SM	MSM
35	1029	00:27:11	James	Ross	High	M	SM	MSM
36	1050	00:27:12	James	Barber	High	M	SM	MSM
37	3079	00:27:14	Andrew	Barrington	VPH&TH	M	SM	MSM
38	455	00:27:18	Ben	Waterman	ESM	M	SM	MSM
39	5007	00:27:20	Richard	Bartram	Guest	M	SM	MSM

Pos No.	Time	First Name	Surname	Club	M/F	Age Group	Gender Age Group	
40	1210	00:27:23	James	Laing	Hill	M	SM	MSM
41	1047	00:27:24	Lewis	Greaves	High	M	SM	MSM
42	2666	00:27:24	Calum	Nicol	TVH	M	SM	MSM
43	1025	00:27:34	Henry	Murdoch	High	M	SM	MSM
44	2691	00:27:35	Jake	Hooley	TVH	M	SM	MSM
45	2607	00:27:38	Jonny	Brook	SMR	M	U20	MU20
46	2512	00:27:38	Theo	Machin-Paley	SBH	M	U20	MU20
47	825	00:27:39	Phil	Benson	Harrow	M	SM	MSM
48	3251	00:27:42	Tom	Phillips	WG&EL	M	SM	MSM
49	1850	00:27:44	Kieran	Morris	Lon H	M	SM	MSM
50	826	00:27:45	Jonathan	Morgan	Harrow	M	SM	MSM
51	838	00:27:49	Jack	Whitebury	Harrow	M	SM	MSM
52	3262	00:27:51	Tom	Beedell	WG&EL	M	SM	MSM
53	1857	00:27:53	Matthew	Rallison	Lon H	M	SM	MSM
54	529	00:27:54	Chris	Mason	ESM	M	SM	MSM
55	808	00:27:59	Michael	O'Sullivan	Harrow	M	SM	MSM
56	1031	00:28:01	David	Shepherd	High	M	SM	MSM
57	1076	00:28:01	Peter	Chambers	High	M	SM	MSM
58	1839	00:28:03	Charles	Hardy	Lon H	M	SM	MSM
59	3266	00:28:06	Jack	Gooch	WG&EL	M	SM	MSM
60	3009	00:28:07	Greg	Divall	VPH&TH	M	SM	MSM
61	540	00:28:10	Stuart	Ferguson	ESM	M	SM	MSM
62	1006	00:28:11	Daniel	Brewer	High	M	SM	MSM
63	802	00:28:14	David	Branfoot	Harrow	M	V45	MV45
64	3092	00:28:18	Jamie	Cornuauud	VPH&TH	M	SM	MSM
65	3048	00:28:22	Peter	Dyson	VPH&TH	M	SM	MSM
66	2675	00:28:27	Daniel	Benton	TVH	M	U20	MU20
67	1862	00:28:28	Francesco	Melloni	Lon H	M	SM	MSM
68	1421	00:28:29	Luke	Rowland	Lon C	M	SM	MSM
69	830	00:28:31	David	Lawrence	Harrow	M	SM	MSM
70	1883	00:28:32	Harry	Kleiman	Lon H	M	SM	MSM
71	534	00:28:34	Simon	Shaw	ESM	M	V45	MV45
72	2504	00:28:35	Ashwin	Fowkes-Gajan	SBH	M	U20	MU20
73	3256	00:28:36	Bertie	Powell	WG&EL	M	SM	MSM
74	3283	00:28:38	Thomas	Adolphus	WG&EL	M	U20	MU20
75	2513	00:28:39	Dylan	Michel	SBH	M	U20	MU20
76	548	00:28:40	No Declaration	#	ESM	M	SM	MSM
77	2383	00:28:44	George	Hudson	Serp	M	SM	MSM
78	1080	00:28:46	Finlay	Sleeman	High	M	U20	MU20
79	1683	00:28:47	Fergal	Joyce	Lon FR	M	SM	MSM

Pos	No.	Time	First Name	Surname	Club	M/F	Age Group	Gender Age Group
80	1254	00:28:49	Will	Fielding	Hill	M	SM	MSM
81	833	00:28:51	Kevin	Fini	Harrow	M	SM	MSM
82	2678	00:28:52	Ryan	Keane	TVH	M	SM	MSM
83	3250	00:28:55	Dominic	Baxter	VPH&TH	M	SM	MSM
84	2388	00:28:57	Hugh	Torry	Serp	M	V40	MV40
85	1209	00:28:58	Martin	Bateman	Hill	M	V45	MV45
86	2812	00:28:59	James	Arrowsmith	Trent P	M	V40	MV40
87	1218	00:29:03	Kirk	O'Rourke	Hill	M	SM	MSM
88	3077	00:29:04	Zak	Knill	VPH&TH	M	SM	MSM
89	3107	00:29:06	Sam	Cathro	VPH&TH	M	SM	MSM
90	1075	00:29:08	Adam	Horne	High	M	SM	MSM
91	801	00:29:09	Jim	Cooper	Harrow	M	V45	MV45
92	555	00:29:10	Oskar	De Schynkel	ESM	M	SM	MSM
93	3263	00:29:10	Daniel William	Steel	WG&EL	M	SM	MSM
94	552	00:29:13	Tyler	Bowcombe	ESM	M	SM	MSM
95	2685	00:29:16	Oliver	Lock	TVH	M	U20	MU20
96	1811	00:29:17	Christopher	Gracie	Lon H	M	SM	MSM
97	1424	00:29:17	Josh	Slingsby	Lon C	M	SM	MSM
98	1843	00:29:18	Filippo	Minelle	Lon H	M	SM	MSM
99	2821	00:29:19	Ben	Allen	Trent P	M	SM	MSM
100	910	00:29:20	Steve	Prosser	Herts P	M	V40	MV40
101	820	00:29:21	George	Day	Harrow	M	SM	MSM
102	2690	00:29:21	Basil	Rock	TVH	M	U20	MU20
103	1852	00:29:22	Conor	Brown	Lon H	M	SM	MSM
104	1201	00:29:23	Abdirahman	Hamud	Hill	M	SM	MSM
105	2398	00:29:24	Peter	Wooldridge	Serp	M	SM	MSM
106	1851	00:29:26	Peter	Gould	Lon H	M	SM	MSM
107	1615	00:29:27	Marius	Thies	Lon FR	M	SM	MSM
108	2689	00:29:29	Matthew	Chataway	TVH	M	V40	MV40
109	1065	00:29:30	No Declaration		# High	M	SM	MSM
110	556	00:29:32	Mohamed	Hashi	ESM	M	SM	MSM
111	1822	00:29:32	Andy	Barnes	Lon H	M	SM	MSM
112	551	00:29:33	Jamie	Taylor-Caldwell	ESM	M	SM	MSM
113	2211	00:29:35	Liam	O'Driscoll	NEB	M	SM	MSM
114	3076	00:29:36	William	Kirk	VPH&TH	M	SM	MSM
115	3248	00:29:36	Yousif	Noor	VPH&TH	M	U20	MU20
116	464	00:29:38	John	Robertson	ESM	M	V40	MV40
117	2311	00:29:39	Nicolas	Besson	Serp	M	V40	MV40
118	2680	00:29:40	Matthew	Mcdonnell	TVH	M	SM	MSM
119	850	00:29:42	Joshua	Poncia	Harrow	M	U20	MU20

Pos	No.	Time	First Name	Surname	Club	M/F	Age Group	Gender Age Group
120	2608	00:29:42	Spencer	Bateman	SMR	M	U20	MU20
121	1259	00:29:43	Daniel	Thompson	Hill	M	SM	MSM
122	480	00:29:45	Tim	Lawrence	ESM	M	V40	MV40
123	3259	00:29:47	Simon	Beedell	WG&EL	M	SM	MSM
124	3021	00:29:47	Jon	Andueza	VPH&TH	M	SM	MSM
125	253	00:29:48	Ewan	Fryatt	Eal E	M	V40	MV40
126	624	00:29:52	Chris	Norris	Eton	M	SM	MSM
127	3268	00:29:53	Julian	Russell	WG&EL	M	V40	MV40
128	3000	00:29:55	Fabien	Lassonde	VPH&TH	M	V40	MV40
129	2836	00:29:56	Carl	Redondo	Trent P	M	V40	MV40
130	2210	00:29:57	Wayne	Bell	NEB	M	V40	MV40
131	2380	00:29:59	Matthew	Vokes	Serp	M	SM	MSM
132	2826	00:30:01	William	Rowley	Trent P	M	SM	MSM
133	3264	00:30:01	Harold	Wyber	WG&EL	M	SM	MSM
134	2818	00:30:02	Scott	Aiken	Trent P	M	V50	MV50
135	1802	00:30:02	Jake	Spencer	Lon H	M	SM	MSM
136	2971	00:30:04	Ben	Wickham	VPH&TH	M	V40	MV40
137	819	00:30:04	Fergal	Keaney	Harrow	M	SM	MSM
138	252	00:30:05	Niall	Gilchrist	Eal E	M	SM	MSM
139	835	00:30:05	Jonathan	Hill	Harrow	M	SM	MSM
140	310	00:30:06	Firas	Alhawat	Eal E	M	SM	MSM
141	1040	00:30:07	Sion	Parry	High	M	V50	MV50
142	2816	00:30:08	Paul	Brennan	Trent P	M	V45	MV45
143	3066	00:30:09	Steve	Hobbs	VPH&TH	M	V45	MV45
144	295	00:30:13	Ben	Smith	Eal E	M	SM	MSM
145	2653	00:30:14	Saif	Saleh	TVH	M	SM	MSM
146	1054	00:30:15	Alex	Holley	High	M	SM	MSM
147	1223	00:30:16	Charlie	Edwards	Hill	M	SM	MSM
148	630	00:30:17	Dylan	Williams	Eton	M	SM	MSM
149	2692	00:30:20	Manuel	Da Silva	TVH	M	V40	MV40
150	804	00:30:20	Declan	Traynor	Harrow	M	V40	MV40
151	1646	00:30:21	Andrew	Doyle	Lon FR	M	SM	MSM
152	606	00:30:22	George	Fernandez	Eton	M	SM	MSM
153	807	00:30:23	Curtis	Stevens	Harrow	M	SM	MSM
154	3013	00:30:26	Jack	Mayger	VPH&TH	M	SM	MSM
155	2667	00:30:30	Mark	Humphries	TVH	M	U20	MU20
156	2832	00:30:31	Jon	Willis	Trent P	M	V40	MV40
157	3101	00:30:33	Neil	Kirkham	VPH&TH	M	SM	MSM
158	49	00:30:35	Chris	Price	Barn	M	SM	MSM
159	1849	00:30:36	Oliver	Negus	Lon H	M	SM	MSM
160	1817	00:30:36	Joseph	Cochrane	Lon H	M	SM	MSM

Pos	No.	Time	First Name	Surname	Club	M/F	Age Group	Gender Age Group
161	602	00:30:38	Paul	Boddey	Eton	M	V40	MV40
162	3046	00:30:45	Paul	Norfolk	VPH&TH	M	SM	MSM
163	1874	00:30:47	Martin	Potter	Lon H	M	V50	MV50
164	3103	00:30:53	Simon	Wykes	VPH&TH	M	SM	MSM
165	3281	00:30:55	Peter James	Caton	WG&EL	M	V45	MV45
166	2327	00:30:56	James	Gillanders	Serp	M	V40	MV40
167	3272	00:30:57	Paul	Manson	WG&EL	M	SM	MSM
168	1411	00:30:57	Alberto	Lapedriza	Lon C	M	SM	MSM
169	912	00:30:58	Martin	O'Neill	Herts P	M	V45	MV45
170	203	00:30:59	William	Watson	E&H	M	SM	MSM
171	1816	00:30:59	Matthew	Wheat	Lon H	M	SM	MSM
172	1001	00:31:01	Russell	Ashford	High	M	SM	MSM
173	618	00:31:02	Graham	White	Eton	M	SM	MSM
174	1619	00:31:04	Giles	Oliver	Lon FR	M	V40	MV40
175	1825	00:31:06	Alex	Sweet	Lon H	M	V40	MV40
176	1055	00:31:08	Jake	Billingham	High	M	SM	MSM
177	1074	00:31:10	Olly	Newton	High	M	SM	MSM
178	816	00:31:16	Fergus	Allison	Harrow	M	SM	MSM
179	628	00:31:17	Jonathan	Leith	Eton	M	SM	MSM
180	2348	00:31:18	Ewan	Maynard	Serp	M	SM	MSM
181	3106	00:31:19	David	Bone	VPH&TH	M	V45	MV45
182	806	00:31:19	Chris	Finill	Harrow	M	V60	MV60
183	1820	00:31:20	Adam	Mitchell	Lon H	M	V40	MV40
184	846	00:31:22	Adam	Towle	Harrow	M	SM	MSM
185	2819	00:31:23	Stephen	Moss	Trent P	M	V40	MV40
186	2580	00:31:24	Robert	Rigby	SBH	M	V60	MV60
187	461	00:31:26	Nick	Steel	ESM	M	SM	MSM
188	2158	00:31:27	Andy	Davies	Morn	M	SM	MSM
189	1021	00:31:29	Adam	Lennox	High	M	SM	MSM
190	25	00:31:29	Alexander	Horton	Barn	M	SM	MSM
191	1821	00:31:31	Mark	Jefford	Lon H	M	V55	MV55
192	2586	00:31:33	Daniel	Nichols	SBH	M	SM	MSM
193	260	00:31:37	James	Cooper	Eal E	M	SM	MSM
194	1809	00:31:44	Edward	Garrett	Lon H	M	V50	MV50
195	1602	00:31:45	Alfred	Burton	Lon FR	M	SM	MSM
196	651	00:31:46	Graham	Atkins	GoodGym	M	SM	MSM
197	1023	00:31:47	Mark	Ganly	High	M	SM	MSM
198	2590	00:31:48	Jonny	Shaw	SBH	M	V50	MV50
199	3062	00:31:49	Simeon	Bennett	VPH&TH	M	V45	MV45
200	2687	00:31:50	Matthew	Freeman	TVH	M	SM	MSM
201	290	00:31:53	Nils-Kristian	Liborg	Eal E	M	V40	MV40

Pos	No.	Time	First Name	Surname	Club	M/F	Age Group	Gender Age Group
202	318	00:31:55	Cameron	Wishart	Eal E	M	SM	MSM
203	2684	00:31:56	Stephen	Norris	TVH	M	V50	MV50
204	263	00:31:56	Gerbrand	Alkema	Eal E	M	V45	MV45
205	1078	00:31:57	Chris	Beecham	High	M	V50	MV50
206	1623	00:32:02	Nick	Jobbins	Lon FR	M	SM	MSM
207	484	00:32:03	Mark	Kencroft	ESM	M	V50	MV50
208	1427	00:32:03	Oliver	Bellamy	Lon C	M	SM	MSM
209	915	00:32:05	Chris	Jones	Herts P	M	V45	MV45
210	2981	00:32:07	Dan	Mcphilimey	VPH&TH	M	SM	MSM
211	1876	00:32:09	Joseph	Mckeown	Lon H	M	SM	MSM
212	1244	00:32:10	Jon	Hicks	Hill	M	V45	MV45
213	1603	00:32:11	Tim	Charters	Lon FR	M	V40	MV40
214	1833	00:32:13	Paul	Mercer	Lon H	M	V45	MV45
215	2592	00:32:13	Mark	Cottle	SBH	M	SM	MSM
216	312	00:32:14	David	Pack	Eal E	M	V45	MV45
217	660	00:32:16	Ivo	Gormley	GoodGym	M	SM	MSM
218	1430	00:32:16	Tim	Sherman	Lon C	M	V40	MV40
219	1845	00:32:18	Jamie	Morris	Lon H	M	V45	MV45
220	2214	00:32:23	Victor	Nutakor	NEB	M	SM	MSM
221	1824	00:32:25	Joel	Northcott	Lon H	M	V40	MV40
222	5011	00:32:28	Pierre	Guillaume	Guest	M	SM	MSM
223	3028	00:32:32	Lee	Butler	VPH&TH	M	V40	MV40
224	299	00:32:35	Sam	Cunningham	Eal E	M	SM	MSM
225	2835	00:32:41	Andrew	Roper	Trent P	M	V40	MV40
226	1818	00:32:44	Nathan	Tipping	Lon H	M	SM	MSM
227	2373	00:32:45	Philip	Whitehouse	Serp	M	SM	MSM
228	300	00:32:46	William	Bennett	Eal E	M	SM	MSM
229	834	00:32:47	Malik	Johnson	Harrow	M	SM	MSM
230	2824	00:32:48	Murray	Rogers	Trent P	M	V40	MV40
231	1878	00:32:49	Joseph	Clemoes	Lon H	M	SM	MSM
232	2970	00:32:51	Badar	Al Raisi	VPH&TH	M	SM	MSM
233	1253	00:32:52	Scott	Farley	Hill	M	V50	MV50
234	554	00:32:55	Colin	Foster	ESM	M	V40	MV40
235	1038	00:32:56	Joseph	Lowe	High	M	V50	MV50
236	1875	00:32:58	Christopher	Vincent	Lon H	M	V40	MV40
237	814	00:32:59	Nick	Andrews	Harrow	M	V50	MV50
238	258	00:33:02	Greg	Fernandes-Lawes	Eal E	M	SM	MSM
239	1804	00:33:03	Liam	Hazelton	Lon H	M	SM	MSM
240	280	00:33:05	Patrick	Kingston	Eal E	M	V45	MV45
241	848	00:33:06	Mark	Smith	Harrow	M	SM	MSM

Pos	No.	Time	First Name	Surname	Club	M/F	Age Group	Gender Age Group
242	549	00:33:06	Tom	Hewitt	ESM	M	V45	MV45
243	513	00:33:08	Robert	Brown	ESM	M	V55	MV55
244	306	00:33:08	Andrew	Green	Eal E	M	V45	MV45
245	1884	00:33:09	Tony	Shearer	Lon H	M	SM	MSM
246	2375	00:33:09	Frank	Womelsdorf	Serp	M	V40	MV40
247	285	00:33:10	Harry	Claxton	Eal E	M	V45	MV45
248	301	00:33:10	Jozsef	Kalman	Eal E	M	SM	MSM
249	1632	00:33:11	Patrick	Cahill	Lon FR	M	SM	MSM
250	1869	00:33:13	Andrew	Wooding	Lon H	M	SM	MSM
251	3038	00:33:15	Neil	Cook	VPH&TH	M	V40	MV40
252	1670	00:33:16	Alex	Hellier	Lon FR	M	V40	MV40
253	287	00:33:17	Paul	Duffy	Eal E	M	SM	MSM
254	262	00:33:18	Simon	James	Eal E	M	V45	MV45
255	1213	00:33:19	Jose Ramon	Polo Lopez	Hill	M	V40	MV40
256	607	00:33:22	Russ	Jones	Eton	M	V50	MV50
257	1607	00:33:25	Karlwinder	Hayer	Lon FR	M	V45	MV45
258	1667	00:33:26	Euan	Cheyne	Lon FR	M	SM	MSM
259	3069	00:33:34	Tim	Murray	VPH&TH	M	V45	MV45
260	1812	00:33:35	Valentin	Valeanu	Lon H	M	V45	MV45
261	2364	00:33:37	Gideon	Reid	Serp	M	V40	MV40
262	1865	00:33:39	Philip	Hogg	Lon H	M	V50	MV50
263	2104	00:33:40	Nigel	Rowe	Met P	M	V55	MV55
264	1247	00:33:43	Steve	Hirons	Hill	M	V55	MV55
265	2394	00:33:44	Karsten	Buecker	Serp	M	V50	MV50
266	1239	00:33:45	Paul	Leppard	Hill	M	V40	MV40
267	1675	00:33:46	Glyn	Wise	Lon FR	M	SM	MSM
268	68	00:33:46	Calvin	Wu	Barn	M	V40	MV40
269	5008	00:33:47	Mark	Korinek	Guest	M	V45	MV45
270	1643	00:33:49	Andrew	Wood	Lon FR	M	V40	MV40
271	1236	00:33:53	Richard	Jenkin	Hill	M	V60	MV60
272	612	00:33:55	Robert	Sommerville	Eton	M	V50	MV50
273	2833	00:33:56	Andy	Betton	Trent P	M	V50	MV50
274	1255	00:33:59	Spencer	Harding	Hill	M	V40	MV40
275	2182	00:34:00	Mike	Hurford	Morn	M	V60	MV60
276	2688	00:34:05	Jonny	Lacey	TVH	M	SM	MSM
277	3050	00:34:08	Richard	Bryant	VPH&TH	M	V50	MV50
278	293	00:34:14	Jose Manuel	Pabon	Eal E	M	SM	MSM
279	320	00:34:18	Joseph	Williams	Eal E	M	SM	MSM
280	1428	00:34:21	Bernat	Gual-Ricart	Lon C	M	SM	MSM
281	809	00:34:26	Mike	Lepps	Harrow	M	V60	MV60
282	1814	00:34:29	Stephen	Topp	Lon H	M	V45	MV45

Pos	No.	Time	First Name	Surname	Club	M/F	Age Group	Gender Age Group
283	840	00:34:31	Peter	Butler	Harrow	M	V45	MV45
284	2593	00:34:33	Lenard	Michel	SBH	M	V50	MV50
285	614	00:34:36	David	Cato	Eton	M	V40	MV40
286	2102	00:34:37	Nick	Pamboris	Met P	M	V40	MV40
287	2155	00:34:38	Lachlan	Stibbard-Hawkes	Morn	M	SM	MSM
288	1870	00:34:40	Deng	Akol	Lon H	M	SM	MSM
289	1251	00:34:41	Andy	Wood	Hill	M	V40	MV40
290	2334	00:34:42	Raoul	Huysmans	Serp	M	V40	MV40
291	1429	00:34:43	Joe	Jenkinson	Lon C	M	SM	MSM
292	2153	00:34:43	Daniel	Berry	Morn	M	V55	MV55
293	2584	00:34:44	Tim	Underhill	SBH	M	V50	MV50
294	1858	00:34:45	Matt	Beard	Lon H	M	V50	MV50
295	319	00:34:48	Oliver	Gildea	Eal E	M	SM	MSM
296	1679	00:34:49	Hg	Leong	Lon FR	M	SM	MSM
297	659	00:34:51	Leo	Murray	GoodGym	M	SM	MSM
298	1052	00:34:52	Rob	Saunders	High	M	V45	MV45
299	74	00:34:53	Robert	Scott	Barn	M	V50	MV50
300	317	00:34:57	Aleem	Nasser	Eal E	M	V40	MV40
301	2570	00:34:57	Barry	Haws	SBH	M	V45	MV45
302	1625	00:34:59	Kai	Konkolewski	Lon FR	M	SM	MSM
303	508	00:35:01	Martin	Daoud	ESM	M	V55	MV55
304	812	00:35:05	Jag	Matharu	Harrow	M	V50	MV50
305	2589	00:35:05	Paul	Maccarthy	SBH	M	V55	MV55
306	2672	00:35:07	Greg	Bennett	TVH	M	V50	MV50
307	1404	00:35:09	Andrew	Farrell	Lon C	M	V45	MV45
308	279	00:35:09	Harry	Pearson	Eal E	M	SM	MSM
309	557	00:35:15	Mohamed	Jama	ESM	M	SM	MSM
310	1801	00:35:16	Tony	Killilea	Lon H	M	V55	MV55
311	1662	00:35:17	William	Parry	Lon FR	M	V50	MV50
312	266	00:35:18	Kieran	Santry	Eal E	M	V40	MV40
313	31	00:35:19	Jamie	March	Barn	M	V50	MV50
314	2664	00:35:20	Simon	Nixon	TVH	M	V50	MV50
315	1406	00:35:21	Jason	Carpenter	Lon C	M	V45	MV45
316	906	00:35:25	Harry	Gilham	Herts P	M	SM	MSM
317	1068	00:35:27	Chris	Bailey	High	M	V55	MV55
318	1830	00:35:27	Lee	Connor	Lon H	M	V50	MV50
319	1810	00:35:28	Kris	Milovsorov	Lon H	M	SM	MSM
320	1880	00:35:29	Tom	Parker	Lon H	M	SM	MSM
321	2352	00:35:30	Jonathan	Moscrop	Serp	M	V45	MV45
322	303	00:35:32	Jonathan	Owens	Eal E	M	V45	MV45
323	810	00:35:33	Rob	Hawkes	Harrow	M	SM	MSM

Pos	No.	Time	First Name	Surname	Club	M/F	Age Group	Gender Age Group
324	1257	00:35:34	Alan	Tilly	Hill	M	V55	MV55
325	1420	00:35:35	Ashley	Hassell	Lon C	M	SM	MSM
326	1882	00:35:38	Gavin	Evans	Lon H	M	V60	MV60
327	1684	00:35:44	Jeremy	Campbell	Lon FR	M	V40	MV40
328	1823	00:35:46	Joel	Hawes	Lon H	M	SM	MSM
329	2316	00:35:48	Simon	Caney	Serp	M	V50	MV50
330	1658	00:35:49	Andrew	Corti	Lon FR	M	V50	MV50
331	5004	00:35:51	No Declaration		# Guest	M	SM	MSM
332	1682	00:35:53	Matan	Rosenstrauch	Lon FR	M	SM	MSM
333	2306	00:35:55	Abu	Asad	Serp	M	V40	MV40
334	652	00:35:56	Aidan	Padfield	GoodGym	M	SM	MSM
335	1416	00:35:57	Alan	Venning	Lon C	M	SM	MSM
336	1058	00:36:00	Dave	Sutherland	High	M	V45	MV45
337	2395	00:36:01	Carlos	Arrebola	Serp	M	SM	MSM
338	2529	00:36:03	Danny	Digweed	SBH	M	SM	MSM
339	2676	00:36:08	Shami	Umashankar	TVH	M	U20	MU20
340	268	00:36:09	Simon	Smith	Eal E	M	V40	MV40
341	1856	00:36:10	Kwasi	Agyei-Owusu	Lon H	M	V40	MV40
342	2651	00:36:12	Scott	Brewer	TVH	M	SM	MSM
343	1009	00:36:14	Andrew	Russell	High	M	V55	MV55
344	322	00:36:17	Jesus	Del Moral	Eal E	M	V40	MV40
345	4	00:36:19	Paul	Bassa	Barn	M	V60	MV60
346	478	00:36:21	Ian	Leslie	ESM	M	V65	MV65
347	324	00:36:22	David	Goult	Eal E	M	V40	MV40
348	1079	00:36:22	James	Rossiter	High	M	V50	MV50
349	1431	00:36:24	James	Screen	Lon C	M	SM	MSM
350	1222	00:36:26	Andrew	Malyan	Hill	M	V55	MV55
351	1630	00:36:30	Milon	Thomsen	Lon FR	M	SM	MSM
352	2820	00:36:31	David	Birks	Trent P	M	V55	MV55
353	1407	00:36:35	Mat	Barber	Lon C	M	V40	MV40
354	2661	00:36:38	Thomas	Horrex	TVH	M	SM	MSM
355	276	00:36:40	Phill	Turner	Eal E	M	V40	MV40
356	2838	00:36:41	Jason	Hornett	Trent P	M	V50	MV50
357	3058	00:36:41	Russell	Gillett-Toone	VPH&TH	M	V55	MV55
358	17	00:36:44	Peter	Ellis	Barn	M	V60	MV60
359	2814	00:36:54	Luke	Bowie	Trent P	M	V40	MV40
360	294	00:36:56	Mark	Fisher	Eal E	M	V40	MV40
361	2834	00:37:06	Matt	Bannon	Trent P	M	V40	MV40
362	1840	00:37:08	Leo	Pemberton	Lon H	M	V40	MV40
363	1214	00:37:18	Chris	Marchand	Hill	M	V60	MV60

Pos No.	Time	First Name	Surname	Club	M/F	Age Group	Gender Age Group
364	1877 00:37:18	Nick	Watson	Lon H	M	SM	MSM
365	1403 00:37:19	Nick	Sutcliffe	Lon C	M	V50	MV50
366	2604 00:37:19	Trevor	Cummings	SMR	M	V55	MV55
367	1639 00:37:20	David	Pena	Lon FR	M	V45	MV45
368	272 00:37:21	Nick	Davies	Eal E	M	V40	MV40
369	321 00:37:22	Macca	Sherifi	Eal E	M	SM	MSM
370	2105 00:37:23	Nick	Alpe	Met P	M	SM	MSM
371	3282 00:37:29	Paul	Stockings	WG&EL	M	V60	MV60
372	653 00:37:44	Steven	Lee	GoodGym	M	SM	MSM
373	22 00:37:50	Scott	Fraser	Barn	M	V50	MV50
374	288 00:37:53	Simon	Croyden	Eal E	M	V45	MV45
375	2682 00:37:56	Max	Rubens	TVH	M	SM	MSM
376	6 00:37:58	Jerry	Bryan	Barn	M	V60	MV60
377	1685 00:38:01	Richard	Abraham	Lon FR	M	SM	MSM
378	829 00:38:04	Jabbil	Chibwana	Harrow	M	SM	MSM
379	1629 00:38:06	Francis	O'Callaghan	Lon FR	M	SM	MSM
380	1606 00:38:11	Robert	Dufton	Lon FR	M	V55	MV55
381	1045 00:38:12	Mark	Watson	High	M	V45	MV45
382	545 00:38:15	David	Foley	ESM	M	V60	MV60
383	1803 00:38:17	Pete	Crockford	Lon H	M	V60	MV60
384	1237 00:38:20	Iain	Betson	Hill	M	V45	MV45
385	1605 00:38:21	Neil	Colquhoun	Lon FR	M	V40	MV40
386	1827 00:38:22	Andrew	Johnston	Lon H	M	V50	MV50
387	2322 00:38:25	Gavin	Edmonds	Serp	M	V50	MV50
388	325 00:38:27	Pardip	Minhas	Eal E	M	V50	MV50
389	292 00:38:28	Gareth	Payne	Eal E	M	V40	MV40
390	2159 00:38:30	Daniel	Lewis	Morn	M	V45	MV45
391	1256 00:38:31	Alex	Batchelor	Hill	M	V50	MV50
392	1422 00:38:32	Gen	Suzuki	Lon C	M	SM	MSM
393	2121 00:38:33	Trevor	Normoyle	Met P	M	V40	MV40
394	1673 00:38:35	Michael	Rutherford	Lon FR	M	SM	MSM
395	1238 00:38:41	Jeremy	Cox	Hill	M	V45	MV45
396	2302 00:38:46	Conrad	Addo	Serp	M	SM	MSM
397	629 00:38:47	Dave	Daugirda	Eton	M	V55	MV55
398	661 00:38:53	Patrick	Luong	GoodGym	M	SM	MSM
399	57 00:39:14	Matthew	Sleeman	Barn	M	V50	MV50
400	1879 00:39:20	Norman	Mitchell	Lon H	M	V55	MV55
401	297 00:39:24	Ralph	Dadswell	Eal E	M	V55	MV55
402	1881 00:39:28	Daniel	Wrapson	Lon H	M	SM	MSM
403	2658 00:39:36	Richard	Hooley	TVH	M	V55	MV55

Pos No.	Time	First Name	Surname	Club	M/F	Age Group	Gender Age Group
404	00:39:49	No Declaration		# Guest	M	SM	MSM
406	1215 00:39:52	Neal	Clark	Hill	M	V50	MV50
407	1225 00:39:54	Michael	Illing	Hill	M	V65	MV65
408	2342 00:40:14	Sammy	Li	Serp	M	V55	MV55
409	1258 00:40:23	Paul	Spencer	Hill	M	V50	MV50
410	1847 00:40:35	Russell	Weston	Lon H	M	V60	MV60
411	617 00:40:45	Richard	Seddon	Eton	M	SM	MSM
412	60 00:40:53	Rob	Suddaby	Barn	M	V40	MV40
413	323 00:41:04	Gareth	Peers	Eal E	M	SM	MSM
414	2157 00:41:24	Paul	Dickens	Morn	M	SM	MSM
415	7 00:41:44	David	Byrne	Barn	M	V60	MV60
416	655 00:41:52	Steve	Coman	GoodGym	M	V60	MV60
417	1636 00:42:09	Anastasios	Koutsos	Lon FR	M	V40	MV40
418	1401 00:42:11	Diego	Fayos	Lon C	M	V45	MV45
419	811 00:42:24	Tom	Morris	Harrow	M	V60	MV60
420	2566 00:42:34	Philip	Cunningham	SBH	M	V55	MV55
421	2152 00:42:49	Gary	Homewood	Morn	M	V55	MV55
422	1234 00:42:58	Dennis	Carey	Hill	M	V55	MV55
423	277 00:43:31	Cameron	Large	Eal E	M	V50	MV50
424	2108 00:43:40	Paul	Hollis	Met P	M	V45	MV45
425	311 00:43:45	Colin	Clifford	Eal E	M	SM	MSM
426	2807 00:43:46	Eamonn	Cullen	Trent P	M	V55	MV55
427	2101 00:44:09	Richard	Wilson	Met P	M	V60	MV60
428	2674 00:44:20	Lawrence	Tse	TVH	M	SM	MSM
429	2817 00:44:24	Paul	Hart	Trent P	M	V55	MV55
430	657 00:44:39	Tim	Wheatley	GoodGym	M	SM	MSM
431	1609 00:44:49	Martin	Heidensohn	Lon FR	M	V50	MV50
432	1844 00:45:17	Andrew	Owen	Lon H	M	V50	MV50
433	917 00:45:20	Richard	Foskett	Herts P	M	V65	MV65
434	2837 00:45:43	Giovanni	Ferrari	Trent P	M	V50	MV50
435	2212 00:45:59	Christian	Von Eitzen	NEB	M	SM	MSM
436	3075 00:46:12	William	Burbridge-James	VPH&TH	M	V60	MV60
437	662 00:48:03	John	Shirley	GoodGym	M	V60	MV60
438	1653 00:50:42	Daniel	Kownacki	Lon FR	M	SM	MSM
439	3253 00:52:01	Trevor	Powell	WG&EL	M	V70	MV70
440	1410 00:53:15	Richard	Jones	Lon C	M	V50	MV50

Race 4 2021 - Wormwood Team Results

Ranking	Club	Points	Gender	Age Group
1	Harrow AC 'B'	1091	M	Div3
2	Eton Manor AC	1002	M	Div3
3	Thames Valley Harriers 'B'	973	M	Div3
4	London Front Runners 'B'	760	M	Div3
5	Hillingdon 'B'	732	M	Div3
6	Ealing Eagles 'C'	654	M	Div3
7	Ealing, Southall and Middlesex 'B'	637	M	Div3
8	Serpentine RC 'B'	589	M	Div3
9	GoodGym Raceteam	509	M	Div3
10	Mornington Chasers	493	M	Div3
11	London Front Runners 'C'	398	M	Div3
12	London City 'B'	390	M	Div3
13	Thames Valley Harriers 'C'	370	M	Div3
14	St Mary's Richmond	339	M	Div3
15	Metropolitan Police	317	M	Div3
16	Woodford Green & Essex Ladies 'B'	306	M	Div3
17	Trent Park RC 'B'	197	M	Div3
18	Hillingdon 'C'	195	M	Div3
19	Enfield and Haringey	126	M	Div3
20	Barnet & District 'B'	41	M	Div3
21	Serpentine RC 'C'	24	M	Div3