

Chingford League 2021-2 Season

Race 5 Epping Forest 22nd January 2022

Pos	Number	First	Last	Age Cat	Club	Div	Time
1	1232	Adam	Millbery	SM	VP	1	00:31:07
2	1347	Joe	Dale	M40	VP	1	00:31:30
3	1432	Jonny	Yeates	SM	BA	2	00:31:50
4	520	Jack	Henson	SM	ET	2	00:32:12
5	1423	Edward	Spencer	SM	BA	2	00:32:23
6	1175	Jamie	Cornuauud	SM	VP	1	00:32:26
7	1076	Brian	Jenkins	M40	OH	1	00:32:41
8	1215	Zak	Knight	SM	VP	1	00:32:49
9	1105	Jim	Arrowsmith	M40	TP	1	00:32:54
10	1014	Mick	McTernan	SM	OH	1	00:32:56
11	1134	David	Kunzmann	SM	TP	1	00:33:11
12	565	Gary	Towers	M40	EM	1	00:33:22
13	1419	Gary	Pelosi	SM	BA	2	00:33:28
14	1020	Will	Reed-Wright	SM	OH	1	00:33:37
15	1564	Thomas	Grimes	M40	EL	1	00:33:58
16	1427	Thomas	Thain	SM	BA	2	00:33:59
17	1346	Sam	Cathro	SM	VP	1	00:34:06
18	561	James	Pilch	M40	EM	1	00:34:11
19	1500	Stevie	Boyle	SM	EM	1	00:34:15
20	1334	Will	Kirk	SM	VP	1	00:34:26
21	1562	Ben	Wickham	M40	VP	1	00:34:32
22	556	George	Fernandez	SM	EM	1	00:34:37
23	1091	Ben	Allen	SM	TP	1	00:34:43
24	332	Will	Morris	SM	BA	2	00:34:48
25	550	Paul	Boddey	M40	EM	1	00:34:52
26	1343	Abdullah	Mohamed	SM	VP	1	00:34:57
27	1090	Scott	Aiken	M50	TP	1	00:35:00
28	481	Peter	Cole	M40	ED	2	00:35:06
29	1561	Stephen	Fabes	M40	VP	1	00:35:08
30	944	Olly	Mountstephens	SM	LO	1	00:35:10
31	856	Luke	Parker	SM	LH	2	00:35:25
32	928	Jon	Whitehouse	M40	LO	1	00:35:39
33	1029	David	Wilson	SM	OH	1	00:35:42
34	1231	Tiago	Mendes	SM	VP	1	00:35:44
35	1272	Patrick	Thomas	SM	VP	1	00:35:47
36	963	Andy	Davies	SM	MC	2	00:35:49
37	1455	Charlie	Fraser	SM	MC	2	00:35:58
38	593	Jonathan	Leith	SM	EM	1	00:36:06
39	704	Robert	Spread	M40	EL	1	00:36:09
40	992	Patrick	Brown	SM	OH	1	00:36:12
41	1100	Emily	Jeanes	SW	TP	1	00:36:13
42	1451	John	Armstrong	M40	MC	2	00:36:17
43	1598	Simeon	Bennett	M40	VP	1	00:36:18
44	1093	Alex	Baird	W40	TP	1	00:36:21
45	531	Neill	Whittaker	M40	ET	2	00:36:21

46	615	Craig	Stevens	SM	EM	1	00:36:27
47	613	Graham	White	SM	EM	1	00:36:32
48	1081	Neil	McGoun	M40	OH	1	00:36:50
49	1379	Dasos	Gonnella	SM	OH	1	00:36:59
50	466	Ilia	Loubenski	M40	ED	2	00:37:03
51	1078	Phu	Ly	M40	OH	1	00:37:20
52	1036	Scott	Reid	M50	OH	1	00:37:28
53	557	Sarah	Flanagan	W40	EM	1	00:37:36
54	362	Joe	Stacey	SM	BR	2	00:37:37
55	1223	Kevin	Long	M40	VP	1	00:37:39
56	677	John	Henry	M40	EL	1	00:37:55
57	618	Aaron	Johnson-Chapman	SM	EM	1	00:38:01
58	1023	Josh	Seager	SM	OH	1	00:38:02
59	1430	Michael	Walker	M40	BA	2	00:38:10
60	1438	James	Marschalek	SM	BA	2	00:38:11
61	882	Richard	Bryant	M50	VP	1	00:38:14
62	919	Steve	Palmer	M50	LO	1	00:38:21
63	1097	Anja	Greenwood	W40	TP	1	00:38:22
64	888	Gareth	Marshall	SM	LH	2	00:38:29
65	1401	Boon	Wu	M40	BA	2	00:38:35
66	568	Paul	Cates	M50	EM	1	00:38:37
67	1030	Tim	Wright	M50	OH	1	00:38:43
68	1151	Sophie	Allen	SW	VP	1	00:38:47
69	1236	Tim	Murray	M40	VP	1	00:38:51
70	1273	Laura	Thompson	SW	VP	1	00:38:54
71	1123	Adam	Walker	M40	TP	1	00:38:59
72	552	David	Cato	M40	EM	1	00:39:11
73	1092	Kat	Alpe	SW	TP	1	00:39:16
74	1289	Lily	Zechmann	SW	VP	1	00:39:25
75	1371	Sam	Kennedy	SM	OH	1	00:39:27
76	7777	Unknown	Chaser	SM	MC	2	00:39:35
77	1458	Mike	Hurford	M60	MC	2	00:39:37
78	563	Robert	Sommerville	M50	EM	1	00:39:38
79	907	Alan	Fricker	M40	LO	1	00:39:39
80	1235	Rachel	Morison	SW	VP	1	00:39:41
81	984	Daniel	Berry	M50	MC	2	00:39:45
82	1377	Raphael	Zenou	SM	OH	1	00:39:50
83	673	Karan	Gadhia	SM	EL	1	00:39:52
84	558	Jenny	Heymann	W40	EM	1	00:39:53
85	1414	Jamie	March	M50	BA	2	00:39:58
86	1165	Lydia	Briggs	SW	VP	1	00:40:01
87	1186	Arif	Erdogan	SM	VP	1	00:40:04
88	1024	Colin	Smith	M40	OH	1	00:40:12
89	1321	Jo	Singer	W40	VP	1	00:40:18
90	902	Nick	Barker	SM	LO	1	00:40:31
91	1022	John	Sable	SM	OH	1	00:40:37
92	1373	Gwilym	Johnston	M40	OH	1	00:40:41
93	940	Zoe	Oldfield	W40	LO	1	00:40:44
94	850	Pete	Crockford	M60	LH	2	00:41:00

95	1046	James	Quartly	SM	OH	1	00:41:05
96	1288	Will	Yeates	SM	VP	1	00:41:10
97	1563	Lee	Connor	M50	LH	2	00:41:13
98	1209	Neil	Ingoe	M40	VP	1	00:41:17
99	1262	Emily	Seager	SW	VP	1	00:41:18
100	611	Kate	Thompson	SW	EM	1	00:41:38
101	1192	Katrin	Flikschuh	W60	VP	1	00:41:53
102	915	Mary	Knapman	W40	LO	1	00:41:59
103	581	Dave	Daugirda	M50	EM	1	00:42:03
104	1275	Russell	Toone	M50	VP	1	00:42:04
105	559	Lee	Milne	W40	EM	1	00:42:05
106	587	Eleanor	George	SW	EM	1	00:42:07
107	994	Daniel	Carroll	M40	OH	1	00:42:10
108	386	Stuart	Mackay	M40	BR	2	00:42:13
109	1004	Paul	Goodhew	M50	OH	1	00:42:14
110	1406	Paul	Carter	M50	BA	2	00:42:24
111	656	Amit	Marks	M40	EL	1	00:42:29
112	634	Caroline	Frith	W40	EL	2	00:42:33
113	1405	Paul	Bassa	M60	BA	2	00:42:42
114	1163	Simon	Bonner	M40	VP	1	00:42:52
115	322	Peter	Ellis	M60	BA	2	00:42:54
116	917	David	Mills	M50	LO	1	00:43:00
117	467	Andy	Malleson	SM	ED	2	00:43:01
118	2825	BYO	Number	M40/50?	TP	1	00:43:03
119	1031	Buddy	Green	SM	OH	1	00:43:06
120	484	Chloe	Thomas	SW	ED	1	00:43:07
121	518	Hefin	Davies	M40	ET	2	00:43:12
122	908	Lorna	Gaffney	W50	LO	1	00:43:16
123	342	Kelvin	Koloko	M40	BA	2	00:43:24
124	532	Michael	Loiacono	M50	ET	2	00:43:28
125	1368	Lee	Dale	M40	OH	1	00:43:31
126	494	Jamie	Zucker	SM	EE	2	00:43:36
127	1065	Jasmin	Fitzpatrick	SW	OH	1	00:43:37
128	462	James	Gill	M40	ED	2	00:43:38
129	1212	Faye	Jeacocke	W40	VP	1	00:43:42
130	916	James	Lambden	M50	LO	1	00:43:46
131	385	Owain	Wainhouse	SM	BR	2	00:43:48
132	353	Jess	Collett	SW	BR	2	00:43:49
133	576	Zoe	Woodward	W50	EM	1	00:44:04
134	536	Norma	Ortiz	W40	ET	2	00:44:12
135	382	Colin	Jones	M50	BR	2	00:44:21
136	338	Scott	Fraser	M50	BA	2	00:44:27
137	319	Sarah	Boxer	W50	BA	2	00:44:32
138	530	Chloe	Vaughan	W40	ET	2	00:44:39
139	617	Martin	Hockey	M50	EM	1	00:44:45
140	1257	Claire	Ross	SW	VP	1	00:44:53
141	895	Ed	Simmons	M50	TP	1	00:44:57
142	1253	Keith	Mussington	M60	VP	1	00:44:58
143	528	Timothy	Stodell	M40	ET	2	00:45:20

144	330	Des	Michael	M70	BA	2	00:45:25
145	505	Rohan	Barodia	SM	EE	2	00:45:37
146	507	Hazel	Reade	SW	EE	2	00:45:38
147	632	Becky	Evans	W50	EL	2	00:45:39
148	534	Ben	Watts	SM	ET	2	00:46:02
149	924	Nico	Strydom	M40	LO	1	00:46:10
150	573	Ruth	Rose	W40	EM	1	00:46:15
151	354	Adrian	Davison	M60	BR	2	00:46:19
152	1094	Luke	Bowie	M40	TP	1	00:46:22
153	1416	Charlotte	Michael	SW	BA	2	00:46:31
154	651	Jacob	Stevens	M40	EL	1	00:46:34
155	579	Sarah	Carey	SW	EM	1	00:46:40
156	1363	Simon	Haigh	M50	OH	1	00:46:41
157	1196	Gigi	Giannella	M50	VP	1	00:46:42
158	652	Michael	Wilson	M60	EL	1	00:46:44
159	1435	Mark	Glover	M50	BA	2	00:46:44
160	471	Dora	Scavello	SW	ED	1	00:46:49
161	1145	Anna	Sikorska	W40	TP	1	00:47:08
162	918	Sharon	Palmer	W40	LO	1	00:47:11
163	1560	Rafaele	Lamour	W50	MC	2	00:47:12
164	355	Rosanna	Fforde	SW	BR	2	00:47:21
165	1011	Andy	Kennedy	M40	OH	1	00:47:26
166	925	John	Stubbs	SM	LO	1	00:47:29
167	517	Tom	Dane	SM	ET	2	00:47:35
168	853	Kim	Butler	SW	LH	2	00:47:36
169	871	Marco	Maserati	M60	LH	2	00:47:39
170	991	Gary	Bartlett	M60	OH	1	00:47:48
171	1375	Liz	Rossberg	W40	OH	1	00:47:50
172	1409	Alison	Drake	SW	BA	2	00:47:54
173	946	Georgina	Taylor	W40	LO	1	00:48:00
174	906	Mark	Fox	M40	LO	1	00:48:02
175	703	Mounir	Dhabi	M40	EL	1	00:48:09
176	1366	Jon	West	M40	OH	1	00:48:17
177	932	Laura	Fernandez	W50	LO	1	00:48:20
178	616	Gail	Hennessey	W60	EM	1	00:48:26
179	942	Wendy	Seymour	W40	LO	1	00:48:35
180	739	Paul	McAuliffe	M60	HW	2	00:48:41
181	1071	Laura	Graham-Clare	SW	OH	1	00:48:46
182	320	Dave	Byrne	M50	BA	2	00:48:57
183	1073	Lucy	Humphreys	SW	OH	1	00:49:32
184	1364	Joanne	Plumb	W50	OH	1	00:49:34
185	705	Clive	Stephenson	M60	EL	1	00:49:36
186	640	Ian	Mackie	M60	EL	1	00:49:38
187	597	Pippa	Dowsell	W50	EM	1	00:49:42
188	519	Paul	Dominguez	M50	ET	2	00:49:43
189	1066	Tim	Freeland	SM	OH	1	00:49:45
190	990	Mary	Armitage	W50	OH	1	00:49:49
191	1157	Joyce	Berry	W50	VP	1	00:50:01
192	589	Maud	Hodson	W40	EM	1	00:50:16

193	482	Mon	James	M50	ED	2	00:50:17
194	1453	Eamon	Byrne	M50	MC	2	00:50:23
195	619	Sebastiano	Ferraris	SM	EM	1	00:50:25
196	508	Steven	Ruben Lazaro	SM	EE	2	00:50:28
197	612	Gabriel	Ellenberg	M60	EM	1	00:50:30
198	1367	Karen	West	W40	OH	1	00:50:40
199	1374	Lauren	Dale	SW	OH	1	00:50:41
200	580	Michael	Cates	M50	EM	1	00:50:43
201	318	Tim	Ward	M50	BA	2	00:50:46
202	1129	Eamonn	Cullen	M50	TP	1	00:50:47
203	1028	Paul	Williams	M60	OH	1	00:50:52
204	1103	Judy	Prior	W50	TP	1	00:50:57
205	571	Kate	Malcolm	W40	EM	1	00:51:02
206	307	Shayna	Godin	SW	BA	2	00:51:08
207	1437	Stephanie	Harrison	SW	BA	2	00:51:12
208	939	Jenny	Richards	W40	LO	1	00:51:20
209	498	Christina	Reade	SW	EE	2	00:51:24
210	1349	Verity	Stroud	SW	VP	1	00:51:30
211	492	Shreeraj	Laturia	M40	EE	2	00:51:31
212	968	Daniel	Lewis	M40	MC	2	00:51:36
213	998	Benjamin	Fisher	M40	OH	1	00:51:41
214	1457	Gary	Homewood	M50	MC	2	00:51:45
215	384	Nehal	Patel	SM	BR	2	00:51:45
216	1240	Lorraine	Ni	SW	VP	1	00:51:48
217	468	Ai Seng	Paul	W60	ED	1	00:51:58
218	1052	Hayley	Barron	W50	OH	1	00:52:01
219	315	David	Scott	M50	BA	2	00:52:01
220	1086	Oliver	Purton	M40	OH	1	00:52:06
221	622	Katrina	Betteridge	SW	EL	2	00:52:07
222	560	Jane	Pannell	W50	EM	1	00:52:08
223	680	Catriona	Hoult	W40	EL	2	00:52:09
224	964	Collette	Farnol	SW	MC	2	00:52:13
225	1045	Christine	Inch	W60	OH	1	00:52:16
226	678	Kathryn	Hertzberg	SW	EL	2	00:52:17
227	649	Finbar	Sheahan	M40	EL	1	00:52:31
228	734	Susan	Munns	W50	HW	2	00:52:34
229	969	David	Nelson	SM	MC	2	00:52:38
230	594	Christina	Long	W40	EM	1	00:52:46
231	945	Steve	Worrall	M40	LO	1	00:52:53
232	1152	June	Barrow-Green	W60	VP	1	00:52:54
233	1060	Grant	Corton	M60	OH	1	00:53:17
234	858	Sue	Eedle	W60	LH	2	00:53:21
235	1402	Emma	Salmon	SW	BA	2	00:53:32
236	901	Mia	Ali	U20W	LO	1	00:53:43
237	646	Sandra	Preston	W50	EL	2	00:53:51
238	966	Maki	Kimura	W50	MC	2	00:53:53
239	437	Costas	Kotrofis	M40	DA	2	00:53:57
240	506	Adam	Dent	M40	EE	2	00:54:03
241	414	Michael	Peggnall	M40	DA	2	00:54:07

242	372	Ron	Vialls	M60	BR	2	00:54:30
243	368	Joyce	Golder	W40	BR	2	00:54:37
244	515	Graeme	Bell	M40	ET	2	00:55:06
245	309	Steve	Holmes	M50	BA	2	00:55:10
246	435	Manji	Gami	M50	DA	2	00:55:14
247	555	Janine	Durrant	W40	EM	1	00:55:19
248	665	Jane	Burton	SW	EL	2	00:55:28
249	304	Tracey	Deeks	W50	BA	2	00:55:36
250	655	Debbie	Shearing	W40	EL	2	00:55:39
251	426	John	Hughes	M50	DA	2	00:55:42
252	306	Linda	Dworowski	W60	BA	2	00:55:52
253	922	Lisa	Perryman	W40	LO	1	00:56:06
254	336	Andrew	Welsh	M60	BA	2	00:56:07
255	1038	Dhurmendra	Mistry	M50	OH	1	00:56:18
256	1015	Sarah	Mills	W40	OH	1	00:56:24
257	375	Belinda	Riches	W50	BR	2	00:56:29
258	965	Carmen	Harrington	SW	MC	2	00:56:34
259	962	Anne	Caspi	W60	MC	2	00:56:41
260	387	Martin	O'Toole	M50	BR	2	00:56:43
261	572	Geoff	Nicholls	M60	EM	1	00:57:07
262	464	Jan	Hazirci	W50	ED	1	00:57:08
263	659	Ramesh	Pala	M60	EL	1	00:57:10
264	564	Lance	Tabraham	M50	EM	1	00:57:13
265	554	Hayley	Dalton	W50	EM	1	00:57:14
266	1159	Amy	Blackburn-Lau	SW	VP	1	00:57:21
267	314	Kate	Phillips	W40	BA	2	00:57:26
268	399	Adrian	Frost	M60	EM	1	00:57:48
269	1381	Claire	Bancroft	SW	OH	1	00:57:57
270	973	Alon	Caspi	M60	MC	2	00:58:26
271	1418	Harriet	O'Brien	W50	BA	2	00:58:33
272	312	Anna	Murray	W50	BA	2	00:58:53
273	476	Austen	Slattery	M50	ED	2	00:58:58
274	910	Nadine	Holland	W40	LO	1	00:59:01
275	653	Fiona	Day	W60	EL	2	00:59:05
276	1027	Lynne	Wakinshaw	W40	OH	1	00:59:16
277	523	Lucie	Lachnitova	W40	ET	2	00:59:18
278	638	Anne-Marie	Kennedy	W40	EL	2	00:59:34
279	483	Ozzy	Soltysiak	W40	ED	1	00:59:38
280	742	Alan	Woodroof	M60	HW	2	00:59:44
281	931	Deborah	Davies	W50	LO	1	01:00:06
282	324	Alison	Hope	W40	BA	2	01:00:17
283	721	Steve	Gourley	M50	HW	2	01:00:32
284	566	Sue	Unsworth	W50	EM	1	01:00:37
285	642	Caroline	Moore	W50	EL	2	01:00:44
286	380	Gary	Harford	M60	BR	2	01:01:04
287	648	Diana	Rexhepaj	W50	EL	2	01:01:23
288	526	Sarah	Odell	SW	ET	2	01:01:29
289	359	Jason	Li	M50	BR	2	01:01:46
290	479	Lorraine	Pichelski	W50	ED	1	01:01:50

291	913	Mary	Johnson	W40	LO	1	01:01:53
292	1098	Christine	Hawker	W50	TP	1	01:02:21
293	463	Helen	Gill	W40	ED	1	01:02:31
294	352	Isabel	Borobio Pinedo	SW	BR	2	01:02:36
295	1047	Nazakat	Ali	M40	OH	1	01:02:51
296	310	Kirsty	Johnstone	W60	BA	2	01:03:00
297	1348	Eloise	Hawker	SW	VP	1	01:03:37
298	308	Philippa	Hart	W50	BA	2	01:03:42
299	360	Martin	Mason	M70	BR	2	01:04:51
300	461	Claire	Catmull	W40	ED	1	01:05:00
301	427	Andrew	Beazeley	M40	DA	2	01:05:28
302	732	Maggi	Gotobed	W50	HW	2	01:05:42
303	504	Claire	Adamson	W40	EE	2	01:06:01
304	509	Sarah	Wixey	W40	EE	2	01:06:02
305	733	Allan	Munns	M60	HW	2	01:07:21
306	524	Clare	Laine	W40	ET	2	01:07:48
307	706	Susan	Edwards	W50	EL	2	01:07:49
308	633	Sallyann	Eyles	W50	EL	2	01:07:57
309	422	Timi	Veerasley	W70	DA	2	01:08:28
310	1148	Christine	Read	W50	TP	1	01:08:49
311	358	Les	Jay	M60	BR	2	01:09:00
312	371	Dennis	Spencer-Perkins	M60	BR	2	01:10:15
313	305	Beverly	Dewberry	W40	BA	2	01:10:24
314	743	Ilona	Alaburda	SW	HW	2	01:10:40
315	311	Jenny	Lambert	W50	BA	2	01:10:50
316	440	Kaya	Smith	SW	DA	2	01:12:24
317	356	Alison	Fryatt	W50	BR	2	01:13:19
318	373	Rob	Courtier	M60	BR	2	01:15:05
319	740	Ingrid	Dias	W40	HW	2	01:16:34