

## North of Thames XC - 5th November 2022

Pos	#	Name	Cat	Club	Time
1	22	Seyfu Jamaal	SM	London Heathside	25:04:00
2	17	Sean Renfer	SM	Highgate	25:39:00
3	21	George Gurney	SM	London Heathside	25:49:00
4	279	Joe Dale	VM40	VPH&THAC	26:05:00
5	41	Will Kirk	SM	VPH&THAC	26:16:00
6	348	Oliver O'Connor	U20M	London Heathside	26:59:00
7	257	Andrew McCarron	VM40	QPH	27:07:00
8	14	Lewis Greaves	SM	Highgate	27:24:00
9	30	Matthew Kitching	SM	QPH	27:54:00
10	29	George Hicks	SM	QPH	27:56:00
11	20	Conor Brown	SM	London Heathside	28:01:00
12	220	Jim Cooper	VM40	Harrow AC	28:04:00
13	43	Matt Ogg	SM	VPH&THAC	28:23:00
14	7	Chris Jones	SM	Harrow AC	28:50:00
15	352	Finn MacCarthy	U20M	SBH	28:52:00
16	2	Gary Pelosi	SM	Barnet & Dist	28:56:00
17	39	Dom Gooch	SM	VPH&THAC	28:57:00
18	15	Jonathan Laybourn	SM	Highgate	29:05:00
19	37	Victor Lio	SM	Serpentine	29:20:00
20	349	Luke Pike	U20M	London Heathside	29:21:00
21	11	William Sawtell	SM	Hillingdon	29:37:00
22	347	Bedo Draskoczy	U20M	London Heathside	29:41:00
23	255	Maciej Kolterniak	VM40	QPH	29:42:00
24	221	Mark Cursons	VM60	Harrow AC	29:44:00
25	35	Daniel Nichols	SM	SBH	29:45:00
26	1	Alex Horton	SM	Barnet & Dist	29:49:00
27	31	Alastair Matheson	SM	QPH	29:52:00
28	217	Colin Foster	VM40	ESM	29:57:00
29	282	Russell Toone	VM50	VPH&THAC	29:59:00
30	25	Joseph Young	SM	London Heathside	30:15:00
31	225	Guy Green	VM40	Hillingdon	30:19:00
32	5	George Fernandez	SM	Eton Manor	30:19:00
33	233	Chris Beecham	VM50	Highgate	30:26:00
34	288	Stephen Norris	VM50	TVH	30:31:00
35	36	Luke Flatley	SM	SBH	30:35:00
36	616	Georgia Holden	SW	QPH	30:37:00
37	271	James Gillanders	VM40	Serpentine	30:49:00
38	32	Sam Sutherland	SM	QPH	30:56:00
39	350	Janak Subberwal	U20M	London Heathside	31:00:00
40	234	Alex Davidson	VM60	Highgate	31:03:00
41	38	Niels Wagner	SM	Serpentine	31:07:00
42	624	Katy Casterton	SW	Serpentine	31:10:00
43	34	Danny Digweed	SM	SBH	31:15:00
44	27	Nick Christie	SM	QPH	31:21:00

Pos	#	Name	Cat	Club	Time
45	216	Mark Kencroft	VM50	ESM	31:24:00
46	242	Steve Crowley	VM50	London Heathside	31:27:00
47	246	Jonathan Thomson	VM40	Mornington Chasers	31:38:00
48	251	Michael Dmitrzak	VM40	QPH	31:39:00
49	267	Robert Rigby	VM60	SBH	31:47:00
50	240	Matt Beard	VM50	London Heathside	32:02:00
51	241	Lee Connor	VM50	London Heathside	32:03:00
52	603	Nicola Payne	SW	ESM	32:09:00
53	275	Jonathan Moscrop	VM40	Serpentine	32:12:00
54	265	Chris Heron	VM40	SBH	32:36:00
55	243	Nick Haward	VM40	London Heathside	32:43:00
56	605	Eleanor George	SW	Eton Manor	32:53:00
57	253	Andrew Jackson	VM60	QPH	32:57:00
58	351	Michael Smith	U20M	London Heathside	33:04:00
59	23	Chris Magierek	SM	London Heathside	33:05:00
60	622	Elana Dimmer	SW	SBH	33:07:00
61	724	Sarah Swinhoe	VW50	London Heathside	33:11:00
62	214	Calvin Wu	VM40	Barnet & Dist	33:26:00
63	612	Genevieve Weston	SW	London Heathside	33:37:00
64	206	Kelvin Koloko	VM50	Barnet & Dist	33:45:00
65	606	Liz Haigh	SW	Eton Manor	33:46:00
66	249	John Brosnan	VM40	QPH	33:59:00
67	200	Paul Bassa	VM60	Barnet & Dist	34:00:00
68	269	Abu Asad	VM40	Serpentine	34:02:00
69	722	Lousie Faherty	VW40	Highgate	34:04:00
70	219	Robert Sommerville	VM50	Eton Manor	34:08:00
71	735	Karima Harris	VW50	QPH	34:14:00
72	232	Chris Bailey	VM60	Highgate	34:20:00
73	262	Ronan Breen	VM50	SBH	34:26:00
74	276	Gideon Reid	VM40	Serpentine	34:35:00
75	238	Richard Stewart	VM50	Highgate	34:40:00
76	720	Nici Audhlam-Gardiner	VW50	Highgate	34:41:00
77	266	Paul MacCarthy	VM50	SBH	34:46:00
78	628	Holly Woodhead	SW	Serpentine	34:52:00
79	16	Adam Lennox	SM	Highgate	34:56:00
80	836	Midnight Adams	U20W	ESM	34:56:00
81	270	Simon Caney	VM50	Serpentine	34:59:00
82	18	Petar Zigic	SM	Highgate	35:14:00
83	28	Angus Dowie	SM	QPH	35:16:00
84	260	Maurice Quirke	VM60	QPH	35:16:00
85	esm	Ian Leslie	VM60	ESM	35:20:00
86	239	David Sutherland	VM40	Highgate	35:22:00
87	730	Sophie Barnard	VW50	QPH	35:28:00
88	264	Barry Haws	VM50	SBH	35:28:00
89	723	Sabina Russell	VW50	Highgate	35:32:00
90	226	Patrick Griffin	VM50	Hillingdon	35:34:00

Pos	#	Name	Cat	Club	Time
91	718	Karmen Pardoe	VW50	Hillingdon	35:39:00
92	280	Keith Mussington	VM60	VPH&THAC	35:41:00
93	268	Tim Underhill	VM50	SBH	35:54:00
94	4	Dario Alvarez Borrero	SM	Eton Manor	36:03:00
95	224	Iain Betson	VM40	Hillingdon	36:12:00
96	744	Claire Fisher	SW	VPH&THAC	36:14:00
97	734	Fiona Eagle	VW40	QPH	36:41:00
98	247	Tom Alexander	VM60	QPH	36:50:00
99	837	Katie Hay	U20W	ESM	36:53:00
100	700	Sarah Moffatt	VW50	Barnet & Dist	36:59:00
101	799	Charlotte Cooney -Quinn	SW	Ealing southall and Middlesex	37:00:00
102	230	Jason Steel	VM50	Hillingdon	37:07:00
103	26	Andy Davies	SM	Mornington Chasers	37:12:00
104	258	Tom Moberly	VM40	QPH	37:31:00
105	203	Scott fraser	VM50	Barnet & Dist	37:37:00
106	626	Sophie Telfer	SW	Serpentine	37:41:00
107	273	Vinh Lam	VM40	Serpentine	37:44:00
108	719	Melanie Spencer	VW40	Hillingdon	37:47:00
109	207	Brian Lallaway	VM40	Barnet & Dist	37:47:00
110	617	Daniela Nolan	SW	QPH	37:50:00
111	620	Anna Fiedlerova	SW	VPH&THAC	37:52:00
112	618	Gabrielle Smart	SW	QPH	37:55:00
113	202	Peter Ellis	VM60	Barnet & Dist	38:02:00
114	614	Amelia Carman	SW	QPH	38:10:00
115	711	Leane Breege	VW60	ESM	38:28:00
116	705	Jennifer Watt	VW50	Ealing Eagles	38:29:00
117	213	Tim Ward	VM50	Barnet & Dist	38:36:00
118	208	Michael Martin	VM50	Barnet & Dist	38:47:00
119	613	Kimberli Butler	SW	London Heathside	39:18:00
120	211	Chris Violet	VM50	Barnet & Dist	39:22:00
121	277	William Burbridge-James	VM60	VPH&THAC	39:27:00
122	261	Brian Smyth	VM40	QPH	39:28:00
123	717	Pauline Fischer	VW60	Hillingdon	39:31:00
124	274	Sammy Li	VM50	Serpentine	39:35:00
125	256	Tim Lewin	VM40	QPH	39:37:00
126	838	Abi Greene	U20W	SBH	39:38:00
127	600	Kathryn Ellis	SW	Barnet & Dist	39:39:00
128	201	David Byrne	VM60	Barnet & Dist	39:45:00
129	607	Jennifer Coxon	SW	Harrow AC	39:52:00
130	291	Tony Watson	VM60	Metros	40:07:00
131	228	Richard Jenkin	VM60	Hillingdon	40:22:00
132	741	Catkin Shelley	VW50	Serpentine	40:33:00
133	245	Eamon Byrne	VM50	Mornington Chasers	40:37:00
134	284	Richard Bloom	VM70	Herts Phoenix	40:43:00
135	727	Rafaele Lamour	VW50	Mornington Chasers	40:46:00
136	250	Richard Byrne	VM40	QPH	40:48:00

Pos	#	Name	Cat	Club	Time
137	254	Fawad Karim	VM40	QPH	40:51:00
138	746	Miry Mayer	VW40	VPH&THAC	40:52:00
139	726	Maki Kimura	VW50	Mornington Chasers	41:11:00
140	285	Richard Fuskett	VM60	Herts Phoenix	41:16:00
141	222	Tom Morris	VM60	Harrow AC	41:35:00
142	747	Davina Gutteridge	SW	Barnet & Dist	41:53:00
143	231	Trevor Steeples	VM60	Hillingdon	41:59:00
144	283	Tony Rhodes	VM60	Metros	42:10:00
145	290	Gary Homewood	VM50	Mornington Chasers	42:18:00
146	209	Stelios Michael	VM50	Barnet & Dist	42:37:00
147	745	Sarah Knox	VW50	VPH&THAC	43:03:00
148	732	Joanna Braine	SW	QPH	43:09:00
149	738	leanna Mailer	VW40	QPH	43:16:00
150	712	Lesley McArdle	SW	Harrow AC	43:35:00
151	601	Agnes Jacobs	SW	Barnet & Dist	44:00:00
152	710	Carol Jones	VW60	ESM	44:09:00
153	210	David Scott	VM50	Barnet & Dist	44:32:00
154	725	Anne Caspi	VW60	Mornington Chasers	44:40:00
155	701	Tracey Deeks	VW50	Barnet & Dist	45:09:00
156	736	Susan Kennedy	VW60	QPH	45:18:00
157	731	Lucy Birrell	VW50	QPH	45:25:00
158	289	Martin Eden	VM60	Metros	45:41:00
159	215	Craig Batterham	VM40	Ealing Eagles	45:54:00
160	204	Steve Holmes	VM50	Barnet & Dist	47:08:00
161	748	Lynne Jones	VW60	Metros	47:21:00
162	619	Vendy Dohnalova	SW	VPH&THAC	47:39:00
163	703	Jenny Lambert	VW50	Barnet & Dist	48:05:00
164	706	Jess Hood	SW	Ealing Eagles	48:53:00
165	728	Reena Aggarwal	VW40	QPH	49:42:00
166	714	Vicky Brownlee	VW50	Hillingdon	51:18:00
167	737	Monika Kolterniak	VW40	QPH	51:18:00
168	716	Lucy Duncan	VW40	Hillingdon	53:48:00
169	715	Angela Duncan	VW80	Hillingdon	66:35:00