

Bib	Overall Position	Name	Guntime	Category	Category Position	Team / Club	Gender	Gender Position	Avg speed	Avg pace	Status
1506	1	Georgie Bruinvels	00:27:01	FSEN	1	Aldershot Farnham & DAC	f	1	17.77	03:23	Finished
1588	2	Andrea Clement	00:27:04	FSEN	2	Blackheath & Bromley Harriers	f	2	17.73	03:23	Finished
1505	3	Niamh Brown	00:27:07	FSEN	3	Aldershot Farnham & DAC	f	3	17.7	03:23	Finished
1831	4	Hannah Viner	00:27:14	FSEN	4	Highgate Harriers	f	4	17.63	03:24	Finished
1507	5	Kate Estlea	00:27:18	FSEN	5	Aldershot Farnham & DAC	f	5	17.58	03:25	Finished
1509	6	Lauren Hall	00:27:21	FSEN	6	Aldershot Farnham & DAC	f	6	17.55	03:25	Finished
2156	7	India Lee	00:27:28	FSEN	7	Winchester & District AC	f	7	17.48	03:26	Finished
1514	8	Louise Small	00:27:29	FSEN	8	Aldershot Farnham & DAC	f	8	17.47	03:26	Finished
2073	9	Bethanie Murray	00:27:34	FSEN	9	Thames Hare & Hounds	f	9	17.41	03:27	Finished
1625	10	Megan Marchant	00:27:54	FSEN	10	Cambridge Harriers	f	10	17.2	03:29	Finished
2086	11	Katie Olding	00:27:58	FSEN	11	Thames Valley Harriers	f	11	17.16	03:30	Finished
2024	12	Sarah Winstone	00:28:12	FSEN	12	Southampton AC	f	12	17.02	03:31	Finished
1510	13	Maddie Jordan-lee	00:28:20	FSEN	13	Aldershot Farnham & DAC	f	13	16.94	03:33	Finished
1508	14	Laura Gent	00:28:27	FSEN	14	Aldershot Farnham & DAC	f	14	16.87	03:33	Finished
1501	15	Cordelia Parker	00:28:38	FSEN	15	Abingdon AC	f	15	16.76	03:35	Finished
2125	16	Chloe Connor	00:28:41	FSEN	16	University of Southampton	f	16	16.73	03:35	Finished
2056	17	Rebecca Lord	00:28:44	FSEN	17	Stubbington Green Runners	f	17	16.71	03:35	Finished
1917	18	Rebecca Piggott	00:28:44	FSEN	18	London Heathside AC	f	18	16.71	03:35	Finished
1571	19	Naomi Llane	00:28:45	FSEN	19	Belgrave Harriers	f	19	16.7	03:36	Finished
1910	20	Olivia Desborough	00:28:48	FSEN	20	London Heathside AC	f	20	16.67	03:36	Finished
1554	21	Lea Adamson	00:28:51	FSEN	21	Belgrave Harriers	f	21	16.64	03:36	Finished
1511	22	Millie Jordan-lee	00:28:52	FSEN	22	Aldershot Farnham & DAC	f	22	16.63	03:36	Finished
1568	23	Felicity Harrison	00:28:55	FSEN	23	Belgrave Harriers	f	23	16.6	03:37	Finished
2080	24	Emily Carroll	00:28:56	FSEN	24	Thames Valley Harriers	f	24	16.59	03:37	Finished
2070	25	Claire Hammett	00:29:02	FSEN	25	Thames Hare & Hounds	f	25	16.53	03:38	Finished
1594	26	Millie Smith	00:29:04	FSEN	26	Blackheath & Bromley Harriers	f	26	16.51	03:38	Finished
1753	27	Juliet Vine	00:29:07	FSEN	27	Garden City Runners	f	27	16.49	03:38	Finished
1576	28	Jessica Saunders	00:29:13	FSEN	28	Belgrave Harriers	f	28	16.43	03:39	Finished
1738	29	Hannah Cox	00:29:16	FSEN	29	Fulham Running Club	f	29	16.4	03:40	Finished
1811	30	Julia Wedmore	00:29:17	FSEN	30	Herne Hill Harriers	f	30	16.39	03:40	Finished
2078	31	Stephanie Ainley	00:29:20	FSEN	31	Thames Valley Harriers	f	31	16.36	03:40	Finished
2164	32	Suzanne Phillips	00:29:27	FSEN	32	Woodford Green w Essex L	f	32	16.3	03:41	Finished
1872	33	Alexa Parker	00:29:29	FSEN	33	Kent AC	f	33	16.28	03:41	Finished
2126	34	Chloe Olford	00:29:35	FSEN	34	University of Southampton	f	34	16.23	03:42	Finished
1986	35	Laurie Marlow	00:29:36	FSEN	35	Reading AC	f	35	16.22	03:42	Finished
1515	36	Emma Stevens	00:29:38	FSEN	36	Aldershot Farnham & DAC	f	36	16.2	03:42	Finished
1990	37	Katy Casterton	00:29:51	FSEN	37	Serpentine RC	f	37	16.08	03:44	Finished
2105	38	Harriet Woolley	00:29:53	FSEN	38	Tonbridge AC	f	38	16.06	03:44	Finished
2043	39	Freya Weddel	00:29:59	FSEN	39	St Albans Striders	f	39	16.01	03:45	Finished
1862	40	Lucy Elms	00:30:02	FSEN	40	Kent AC	f	40	15.98	03:45	Finished
1830	41	Karina Thornton	00:30:04	FSEN	41	Highgate Harriers	f	41	15.96	03:45	Finished
1634	42	Rachel Broome	00:30:05	FSEN	42	Chelmsford AC	f	42	15.96	03:46	Finished
1792	43	Karen Ellison	00:30:08	FSEN	43	Herne Hill Harriers	f	43	15.93	03:46	Finished
1553	44	Lauren Nichols	00:30:10	FSEN	44	Bedford & County AC	f	44	15.91	03:46	Finished
1777	45	Emily Strathdee	00:30:11	FSEN	45	Headington Road Runners	f	45	15.9	03:46	Finished
1889	46	Darja Knotkova-hanley	00:30:16	FSEN	46	Lewes AC	f	46	15.86	03:47	Finished
1567	47	Ella-may Hards	00:30:23	FSEN	47	Belgrave Harriers	f	47	15.8	03:48	Finished
1932	48	Abby Roskilly	00:30:24	FSEN	48	Marshall Milton Keynes AC	f	48	15.79	03:48	Finished
2162	49	Ntalie Thompson	00:30:25	FSEN	49	Windsor S E & Hounslow AC	f	49	15.78	03:48	Finished
1564	50	Lizzie Goldie-scot	00:30:33	FSEN	50	Belgrave Harriers	f	50	15.71	03:49	Finished
1764	51	Ginte Bailey	00:30:35	FSEN	51	Haveving AC	f	51	15.69	03:49	Finished
2153	52	Vicky Gill	00:30:35	FSEN	52	Winchester & District AC	f	52	15.69	03:49	Finished
1560	53	Mimi Corden-lloyd	00:30:35	FSEN	53	Belgrave Harriers	f	53	15.69	03:49	Finished
2119	54	Amelie Karlsson	00:30:37	FSEN	54	Tunbridge Wells Harriers	f	54	15.68	03:50	Finished
1562	55	Lydia Gallyer-barnett	00:30:38	FSEN	55	Belgrave Harriers	f	55	15.67	03:50	Finished
1834	56	Hannah Wells	00:30:39	FSEN	56	Hillingdon AC	f	56	15.66	03:50	Finished
1861	57	Clare Elms	00:30:39	FSEN	57	Kent AC	f	57	15.66	03:50	Finished
2167	58	Jenny Roberts	00:30:39	FSEN	58	Wycombe Pheonix Harriers	f	58	15.66	03:50	Finished
1607	59	Kathleen Law	00:30:40	FSEN	59	Brighton & Hove AC	f	59	15.65	03:50	Finished
1749	60	Liberty Thompson	00:30:40	FSEN	60	Fulham Running Club	f	60	15.65	03:50	Finished
1569	61	Stephanie Hewitt	00:30:45	FSEN	61	Belgrave Harriers	f	61	15.61	03:51	Finished
1591	62	Amy Leach	00:30:50	FSEN	62	Blackheath & Bromley Harriers	f	62	15.57	03:51	Finished
1974	63	Ntalie Haarer	00:30:51	FSEN	63	Ranelagh Harriers	f	63	15.56	03:51	Finished
1808	64	Nikki Sturzaker	00:30:54	FSEN	64	Herne Hill Harriers	f	64	15.53	03:52	Finished
1614	65	Millicent Wood	00:30:56	FSEN	65	Cambridge & Coleridge AC	f	65	15.52	03:52	Finished
1578	66	Flora Whyte	00:31:00	FSEN	66	Belgrave Harriers	f	66	15.48	03:53	Finished
1869	67	Teresa Murphy	00:31:01	FSEN	67	Kent AC	f	67	15.48	03:53	Finished
1780	68	Tilly Woods	00:31:02	FSEN	68	Headington Road Runners	f	68	15.47	03:53	Finished
1820	69	Flick Burton	00:31:03	FSEN	69	Highgate Harriers	f	69	15.46	03:53	Finished
1939	70	Kat Alpe	00:31:04	FSEN	70	Metropolitan Police AC	f	70	15.45	03:53	Finished
1555	71	Samantha Amend	00:31:06	FSEN	71	Belgrave Harriers	f	71	15.43	03:53	Finished
1786	72	Eliza Cottington	00:31:09	FSEN	72	Herne Hill Harriers	f	72	15.41	03:54	Finished
2003	73	Amy Seager	00:31:11	FSEN	73	South Kent Harriers	f	73	15.39	03:54	Finished
2106	74	Alexandra Baird	00:31:12	FSEN	74	Trent Park Running Club	f	74	15.38	03:54	Finished
1935	75	Eily Hale	00:31:12	FSEN	75	Medway & Maidstone AC	f	75	15.38	03:54	Finished
1719	76	Kay Sheedy	00:31:16	FSEN	76	Dulwich Runners AC	f	76	15.35	03:55	Finished
1622	77	Georgia Huddleston	00:31:17	FSEN	77	Cambridge Harriers	f	77	15.34	03:55	Finished
2053	78	Kelley Haniver	00:31:23	FSEN	78	Stubbington Green Runners	f	78	15.29	03:55	Finished
2021	79	Lucy Short	00:31:23	FSEN	79	Southampton AC	f	79	15.29	03:55	Finished
2091	80	Sophie Biggs	00:31:24	FSEN	80	The Stragglers RC	f	80	15.29	03:55	Finished
1797	81	Sophie Gunning	00:31:25	FSEN	81	Herne Hill Harriers	f	81	15.28	03:56	Finished
2074	82	Eibhlin Ni bhrádaigh	00:31:25	FSEN	82	Thames Hare & Hounds	f	82	15.28	03:56	Finished
1748	83	Sophie Mckeeman	00:31:29	FSEN	83	Fulham Running Club	f	83	15.25	03:56	Finished
1733	84	Eleanor George	00:31:32	FSEN	84	Eton Manor AC	f	84	15.22	03:56	Finished
1563	85	Bethan Goddard	00:31:37	FSEN	85	Belgrave Harriers	f	85	15.18	03:57	Finished
1799	86	Charlotte Kenyon	00:31:41	FSEN	86	Herne Hill Harriers	f	86	15.15	03:58	Finished
1924	87	Kirsty Matthews	00:31:42	FSEN	87	Maidenhead AC	f	87	15.14	03:58	Finished
2006	88	Lucy Connolly	00:31:43	FSEN	88	South London Harriers	f	88	15.13	03:58	Finished
1557	89	Bethany Brown	00:31:44	FSEN	89	Belgrave Harriers	f	89	15.13	03:58	Finished
1561	90	Sarah Dewhirst	00:31:47	FSEN	90	Belgrave Harriers	f	90	15.1	03:58	Finished
1885	91	Rebecca Kiddie	00:31:50	FSEN	91	Kingston AC & Poly Harriers	f	91	15.08	03:59	Finished
2137	92	Samantha Lamb	00:31:52	FSEN	92	Victoria Park H & Tower H AC	f	92	15.06	03:59	Finished
1829	93	Sabina Russell	00:31:55	FSEN	93	Highgate Harriers	f	93	15.04	03:59	Finished
1767	94	Robyn Matson	00:31:56	FSEN	94	Haveving AC	f	94	15.03	04:00	Finished
1684	95	Hannah Morris	00:31:56	FSEN	95	Dorking & Mole Valley AC	f	95	15.03	04:00	Finished
1666	96	Madeleine Armstrong plieith	00:32:07	FSEN	96	Croydon Harriers	f	96	14.95	04:01	Finished
1823	97	Louise Faherty	00:32:08	FSEN	97	Highgate Harriers	f	97	14.94	04:01	Finished
1550	98	Hope Stenning	00:32:10	FSEN	98	Beckenham RC	f	98	14.92	04:01	Finished
1875	99	Nesrin Sabanci	00:32:10	FSEN	99	Kent AC	f	99	14.92	04:01	Finished
2107	100	Anja Greenwood	00:32:11	FSEN	100	Trent Park Running Club	f	100	14.91	04:01	Finished

Bib	Overall Position	Name	Guntime	Category	Category Position	Team / Club	Gender	Gender Position	Avg speed	Avg pace	Status
2163	101	Alicia Mcardell	00:32:11	FSEN	101	Woodford Green w Essex L	f	101	14.91	04:01	Finished
1559	102	Clementine Cooper	00:32:12	FSEN	102	Belgrave Harriers	f	102	14.91	04:02	Finished
1972	103	Nicola Duglas	00:32:13	FSEN	103	Ranelagh Harriers	f	103	14.9	04:02	Finished
1521	104	Gemma Carter-collins	00:32:13	FSEN	104	Ashford RRC	f	104	14.9	04:02	Finished
1623	105	Christine Lutsch	00:32:14	FSEN	105	Cambridge Harriers	f	105	14.89	04:02	Finished
1914	106	Seren Hughes	00:32:15	FSEN	106	London Heathside AC	f	106	14.88	04:02	Finished
1600	107	Harriet Slade	00:32:16	FSEN	107	Bournemouth AC	f	107	14.88	04:02	Finished
2013	108	Elinor Skinner	00:32:17	FSEN	108	South London Harriers	f	108	14.87	04:02	Finished
1978	109	Lydia Bythe	00:32:19	FSEN	109	Reading AC	f	109	14.85	04:02	Finished
1993	110	Sophie Flanagan	00:32:20	FSEN	110	Serpentine RC	f	110	14.85	04:02	Finished
1879	111	Amy White	00:32:24	FSEN	111	Kent AC	f	111	14.81	04:03	Finished
1794	112	Megan Gildea	00:32:27	FSEN	112	Herne Hill Harriers	f	112	14.79	04:03	Finished
2100	113	Elizabeth Owen	00:32:28	FSEN	113	Tonbridge AC	f	113	14.78	04:04	Finished
1837	114	Leva Klavina	00:32:30	FSEN	114	Huntingdonshire AC	f	114	14.77	04:04	Finished
1752	115	Martha Hall	00:32:34	FSEN	115	Garden City Runners	f	115	14.74	04:04	Finished
1613	116	Isabel Mastroolonardo	00:32:37	FSEN	116	Cambridge & Coleridge AC	f	116	14.72	04:05	Finished
2066	117	Chloe Beckett	00:32:38	FSEN	117	Thames Hare & Hounds	f	117	14.71	04:05	Finished
2116	118	Cathy Gill	00:32:45	FSEN	118	Tunbridge Wells Harriers	f	118	14.66	04:06	Finished
2133	119	Annaka Charters	00:32:47	FSEN	119	Victoria Park H & Tower H AC	f	119	14.64	04:06	Finished
1860	120	Ella Day	00:32:49	FSEN	120	Kent AC	f	120	14.63	04:06	Finished
2095	121	Gravell Rebecca	00:32:51	FSEN	121	The Stragglers RC	f	121	14.61	04:06	Finished
1531	122	Joanne Kent	00:32:54	FSEN	122	Barnet & District AC	f	122	14.59	04:07	Finished
2076	123	Andrea Stehlikova	00:32:57	FSEN	123	Thames Hare & Hounds	f	123	14.57	04:07	Finished
2030	124	Nicole Frisby	00:32:59	FSEN	124	Springfield Striders RC	f	124	14.55	04:07	Finished
2025	125	Catriona Witcombe	00:32:59	FSEN	125	Southampton AC	f	125	14.55	04:07	Finished
2136	126	Chloe Kibblewhite	00:33:02	FSEN	126	Victoria Park H & Tower H AC	f	126	14.53	04:08	Finished
1734	127	Liz Haigh	00:33:02	FSEN	127	Eton Manor AC	f	127	14.53	04:08	Finished
1723	128	Katie Styles	00:33:04	FSEN	128	Dulwich Runners AC	f	128	14.52	04:08	Finished
2157	129	Sam Parkinson	00:33:06	FSEN	129	Winchester & District AC	f	129	14.5	04:08	Finished
2063	130	Natalie Long	00:33:08	FSEN	130	Swale Combined AC	f	130	14.49	04:09	Finished
1916	131	Ciera Kennedy	00:33:09	FSEN	131	London Heathside AC	f	131	14.48	04:09	Finished
1791	132	Hannah Edwards	00:33:11	FSEN	132	Herne Hill Harriers	f	132	14.47	04:09	Finished
1595	133	Katy Sugden	00:33:11	FSEN	133	Blackheath & Bromley Harriers	f	133	14.47	04:09	Finished
2042	134	Lily Seach	00:33:14	FSEN	134	St Albans Striders	f	134	14.44	04:09	Finished
2168	135	Smantha Usher	00:33:16	FSEN	135	Wycombe Phoenix Harriers	f	135	14.43	04:09	Finished
1546	136	Nathalie Gaudillat	00:33:17	FSEN	136	Beckenham RC	f	136	14.42	04:10	Finished
1977	137	Helen Antrum	00:33:20	FSEN	137	Reading AC	f	137	14.4	04:10	Finished
1856	138	Victoria Cartwright	00:33:22	FSEN	138	Kent AC	f	138	14.39	04:10	Finished
1645	139	Rosie Clarke	00:33:25	FSEN	139	Clapham Pioneers	f	139	14.36	04:11	Finished
1633	140	Ashley O'brien	00:33:26	FSEN	140	Central Park Athletics	f	140	14.36	04:11	Finished
2104	141	Charlotte Warren	00:33:27	FSEN	141	Tonbridge AC	f	141	14.35	04:11	Finished
2088	142	Rosie Vallance	00:33:29	FSEN	142	Thames Valley Harriers	f	142	14.34	04:11	Finished
1718	143	Rebecca Schulleri	00:33:30	FSEN	143	Dulwich Runners AC	f	143	14.33	04:11	Finished
1967	144	Laura Fenwick	00:33:31	FSEN	144	Oxford City AC	f	144	14.32	04:11	Finished
1532	145	Katherine March	00:33:32	FSEN	145	Barnet & District AC	f	145	14.31	04:11	Finished
1851	146	Victoria Wight	00:33:35	FSEN	146	Istead and Ifield Harriers	f	146	14.29	04:12	Finished
1513	147	Hazel O'connell	00:33:38	FSEN	147	Aldershot Farnham & DAC	f	147	14.27	04:12	Finished
1516	148	Sophie Vallis	00:33:40	FSEN	148	Aldershot Farnham & DAC	f	148	14.26	04:12	Finished
1945	149	Cloudy Cnregie	00:33:40	FSEN	149	Mornington Chasers RC	f	149	14.26	04:12	Finished
1643	150	Sarah Robertson	00:33:42	FSEN	150	Clapham Chasers RC	f	150	14.24	04:13	Finished
1826	151	Ellen Kerr	00:33:42	FSEN	151	Highgate Harriers	f	151	14.24	04:13	Finished
1937	152	Taryne Mcherson	00:33:44	FSEN	152	Medway & Maidstone AC	f	152	14.23	04:13	Finished
2000	153	Emilia Economu	00:33:46	FSEN	153	Shaftesbury Barnet Harriers	f	153	14.22	04:13	Finished
1732	154	Sheridan Marshall	00:33:50	FSEN	154	Epsom and ewell harriers	f	154	14.19	04:14	Finished
2007	155	Chloe Constantine	00:33:51	FSEN	155	South London Harriers	f	155	14.18	04:14	Finished
1817	156	Susan Millward	00:33:52	FSEN	156	Herts Phoenix AC	f	156	14.17	04:14	Finished
1716	157	Clare Norris	00:33:52	FSEN	157	Dulwich Runners AC	f	157	14.17	04:14	Finished
2067	158	Jessica Davies	00:33:52	FSEN	158	Thames Hare & Hounds	f	158	14.17	04:14	Finished
1827	159	Rhian Littlewood	00:33:55	FSEN	159	Highgate Harriers	f	159	14.15	04:14	Finished
1747	160	Alice Malin	00:33:56	FSEN	160	Fulham Running Club	f	160	14.15	04:15	Finished
1905	161	Hazel Reade	00:33:57	FSEN	161	London Frontrunners	f	161	14.14	04:15	Finished
1798	162	Jemima Hayward-bhikha	00:34:02	FSEN	162	Herne Hill Harriers	f	162	14.1	04:15	Finished
1878	163	Sally Urquhart	00:34:04	FSEN	163	Kent AC	f	163	14.09	04:16	Finished
1765	164	Clare Davies	00:34:05	FSEN	164	Havering AC	f	164	14.08	04:16	Finished
1999	165	Laura Bestow	00:34:06	FSEN	165	Sevenoaks AC	f	165	14.08	04:16	Finished
2113	166	Charlotte Adiseshiah	00:34:08	FSEN	166	Tunbridge Wells Harriers	f	166	14.06	04:16	Finished
1503	167	Amy Barry	00:34:13	FSEN	167	Aldershot Farnham & DAC	f	167	14.03	04:17	Finished
1883	168	Eleanor Arnfield	00:34:14	FSEN	168	Kingston AC & Poly Harriers	f	168	14.02	04:17	Finished
2115	169	Ali Farrall	00:34:14	FSEN	169	Tunbridge Wells Harriers	f	169	14.02	04:17	Finished
2026	170	Sarah Griffith	00:34:16	FSEN	170	Southend on Sea AC	f	170	14.01	04:17	Finished
2151	171	Emma Carter	00:34:17	FSEN	171	Winchester & District AC	f	171	14	04:17	Finished
1620	172	Susan Dixon	00:34:23	FSEN	172	Cambridge Harriers	f	172	13.96	04:18	Finished
1852	173	Phoebe Baxter	00:34:24	FSEN	173	Kent AC	f	173	13.95	04:18	Finished
1981	174	Shirley ann Dix	00:34:25	FSEN	174	Reading AC	f	174	13.95	04:18	Finished
1980	175	Lucy Daniells	00:34:25	FSEN	175	Reading AC	f	175	13.95	04:18	Finished
1859	176	Susanna Davies	00:34:30	FSEN	176	Kent AC	f	176	13.91	04:19	Finished
2068	177	Vikki Filsell	00:34:32	FSEN	177	Thames Hare & Hounds	f	177	13.9	04:19	Finished
2020	178	Gisela Hoppe	00:34:32	FSEN	178	Southampton AC	f	178	13.9	04:19	Finished
2150	179	Ella Waddingham	00:34:34	FSEN	179	Wimbledon Windmilers RC	f	179	13.89	04:19	Finished
1775	180	Yvonne Morris	00:34:36	FSEN	180	Headington Road Runners	f	180	13.87	04:19	Finished
2145	181	Sarah Hill	00:34:38	FSEN	181	Wimbledon Windmilers RC	f	181	13.86	04:20	Finished
2018	182	Nicola Bolinger	00:34:43	FSEN	182	Southampton AC	f	182	13.83	04:20	Finished
2094	183	Phyllis Flynn	00:34:45	FSEN	183	The Stragglers RC	f	183	13.81	04:21	Finished
1724	184	Laura Vincent	00:34:49	FSEN	184	Dulwich Runners AC	f	184	13.79	04:21	Finished
1627	185	Coralie Charles	00:34:54	FSEN	185	Central Park Athletics	f	185	13.75	04:22	Finished
1585	186	Sarah Belon	00:34:54	FSEN	186	Blackheath & Bromley Harriers	f	186	13.75	04:22	Finished
2135	187	Claire Fisher	00:34:54	FSEN	187	Victoria Park H & Tower H AC	f	187	13.75	04:22	Finished
2128	188	Lina Ambruleviciute	00:34:58	FSEN	188	Vegan Runners UK	f	188	13.73	04:22	Finished
2047	189	Kara Boaks	00:35:01	FSEN	189	Striders of Croydon	f	189	13.71	04:23	Finished
1959	190	Sarah Osborne	00:35:01	FSEN	190	Newmarket Joggers	f	190	13.71	04:23	Finished
1836	191	Amelia Darnell	00:35:02	FSEN	191	Huntingdonshire AC	f	191	13.7	04:23	Finished
1802	192	Holly Mammatt	00:35:02	FSEN	192	Herne Hill Harriers	f	192	13.7	04:23	Finished
2035	193	Louise Bentham	00:35:03	FSEN	193	St Albans Striders	f	193	13.69	04:23	Finished
1598	194	Sian Mcilwaine	00:35:05	FSEN	194	Bournemouth AC	f	194	13.68	04:23	Finished
1928	195	Melanie Tudor	00:35:06	FSEN	195	Maidenhead AC	f	195	13.68	04:23	Finished
1766	196	Jade Edwards	00:35:06	FSEN	196	Havering AC	f	196	13.68	04:23	Finished
1711	197	Olivia Bishton	00:35:09	FSEN	197	Dulwich Runners AC	f	197	13.66	04:24	Finished
2109	198	Aimee Jenner	00:35:10	FSEN	198	Trent Park Running Club	f	198	13.65	04:24	Finished
1863	199	Susie Fairbrass	00:35:10	FSEN	199	Kent AC	f	199	13.65	04:24	Finished
1548	200	Kate Marchant	00:35:18	FSEN	200	Beckenham RC	f	200	13.6	04:25	Finished

Bib	Overall Position	Name	Guntime	Category	Category Position	Team / Club	Gender	Gender Position	Avg speed	Avg pace	Status
2084	201	Fran Lou	00:35:19	FSEN	201	Thames Valley Harriers	f	201	13.59	04:25	Finished
1640	202	Pippa Hudson	00:35:21	FSEN	202	Clapham Chasers RC	f	202	13.58	04:25	Finished
2118	203	Jillian Holford	00:35:22	FSEN	203	Tunbridge Wells Harriers	f	203	13.57	04:25	Finished
1908	204	Tanya Addison	00:35:25	FSEN	204	London Heathside AC	f	204	13.55	04:26	Finished
1742	205	Katie Gow	00:35:27	FSEN	205	Fulham Running Club	f	205	13.54	04:26	Finished
1995	206	Rhiannon Needham	00:35:28	FSEN	206	Serpentine RC	f	206	13.53	04:26	Finished
1768	207	Stephanie Phillips	00:35:28	FSEN	207	Havering AC	f	207	13.53	04:26	Finished
2057	208	Daisy Mclements	00:35:30	FSEN	208	Stubbington Green Runners	f	208	13.52	04:26	Finished
2064	209	Olwen Cockell	00:35:38	FSEN	209	Swale Combined AC	f	209	13.47	04:27	Finished
2037	210	Lauren Eckley	00:35:38	FSEN	210	St Albans Striders	f	210	13.47	04:27	Finished
1522	211	Alice Cook	00:35:39	FSEN	211	Ashford RRC	f	211	13.46	04:27	Finished
1760	212	Elena Wilson	00:35:40	FSEN	212	Greenwich Tritons	f	212	13.46	04:28	Finished
1717	213	Harriet Roddy	00:35:43	FSEN	213	Dulwich Runners AC	f	213	13.44	04:28	Finished
1722	214	Katie Smith	00:35:46	FSEN	214	Dulwich Runners AC	f	214	13.42	04:28	Finished
1934	215	Karen Cudmore	00:35:47	FSEN	215	Medway & Maidstone AC	f	215	13.41	04:28	Finished
2142	216	Claire Boynton	00:35:50	FSEN	216	Wimbledon Windmilers RC	f	216	13.4	04:29	Finished
2028	217	Rebecca Taylor	00:35:51	FSEN	217	Southend on Sea AC	f	217	13.39	04:29	Finished
1629	218	Sally Kyle	00:35:52	FSEN	218	Central Park Athletics	f	218	13.38	04:29	Finished
1776	219	Nicola Oldroyd	00:35:53	FSEN	219	Headington Road Runners	f	219	13.38	04:29	Finished
2041	220	Nathalie Richards	00:35:55	FSEN	220	St Albans Striders	f	220	13.36	04:29	Finished
1989	221	Sophie Cappleman	00:35:55	FSEN	221	Serpentine RC	f	221	13.36	04:29	Finished
1855	222	Nicola Cartledge	00:35:56	FSEN	222	Kent AC	f	222	13.36	04:30	Finished
1846	223	Emma Welch	00:36:02	FSEN	223	Hy Runners	f	223	13.32	04:30	Finished
2001	224	Cecilia Martinez-nunez	00:36:05	FSEN	224	Shaftesbury Barnet Harriers	f	224	13.3	04:31	Finished
1950	225	Fiona Russell	00:36:08	FSEN	225	Mornington Chasers RC	f	225	13.28	04:31	Finished
1678	226	Croline Tuck	00:36:10	FSEN	226	Dagenham 88 Runners	f	226	13.27	04:31	Finished
1677	227	Rahana Islam	00:36:11	FSEN	227	Dagenham 88 Runners	f	227	13.27	04:31	Finished
1927	228	Heather Smith	00:36:11	FSEN	228	Maidenhead AC	f	228	13.27	04:31	Finished
1755	229	Lesley McCarthy	00:36:17	FSEN	229	Greenwich Tritons	f	229	13.23	04:32	Finished
1596	230	Kirsty Drewett	00:36:19	FSEN	230	Bournemouth AC	f	230	13.22	04:32	Finished
1714	231	Michelle Lennon	00:36:22	FSEN	231	Dulwich Runners AC	f	231	13.2	04:33	Finished
1730	232	Crys Morgan	00:36:23	FSEN	232	Ealing Eagles Running Club	f	232	13.19	04:33	Finished
1740	233	Sophie Finnigan	00:36:27	FSEN	233	Fulham Running Club	f	233	13.17	04:33	Finished
1617	234	Christine Bond	00:36:31	FSEN	234	Cambridge Harriers	f	234	13.14	04:34	Finished
2014	235	Alice Smith	00:36:33	FSEN	235	South London Harriers	f	235	13.13	04:34	Finished
1519	236	Lauren Aldred	00:36:35	FSEN	236	Ashford RRC	f	236	13.12	04:34	Finished
2146	237	Bernadette Maher allan	00:36:37	FSEN	237	Wimbledon Windmilers RC	f	237	13.11	04:35	Finished
1518	238	Kirsty Parker	00:36:37	FSEN	238	Arena 80 AC	f	238	13.11	04:35	Finished
1969	239	Sarah Swift	00:36:39	FSEN	239	Poole Runners	f	239	13.1	04:35	Finished
2139	240	Emma Gardener	00:36:40	FSEN	240	Watford Harriers	f	240	13.09	04:35	Finished
1954	241	Agata Kasprzyk	00:36:42	FSEN	241	New Eltham Joggers	f	241	13.08	04:35	Finished
1544	242	Isobel Finnie	00:36:43	FSEN	242	Beckenham RC	f	242	13.07	04:35	Finished
1903	243	Eika Kulikova	00:36:45	FSEN	243	London Frontrunners	f	243	13.06	04:36	Finished
2148	244	Elaine O'callaghan	00:36:48	FSEN	244	Wimbledon Windmilers RC	f	244	13.04	04:36	Finished
1902	245	Maxine Kelly	00:36:51	FSEN	245	London Frontrunners	f	245	13.03	04:36	Finished
2012	246	Jo Qantrill	00:36:54	FSEN	246	South London Harriers	f	246	13.01	04:37	Finished
2170	247	Sally George	00:36:56	FSEN	247	Istead and Ifield Harriers	f	247	13	04:37	Finished
2134	248	Anna Fiedlerova	00:36:58	FSEN	248	Victoria Park H & Tower H AC	f	248	12.98	04:37	Finished
1647	249	Anneka Dew	00:36:58	FSEN	249	Clapham Pioneers	f	249	12.98	04:37	Finished
1923	250	Francis Jennifer	00:37:01	FSEN	250	Maidenhead AC	f	250	12.97	04:38	Finished
1822	251	Natasha Cendrowicz	00:37:03	FSEN	251	Highgate Harriers	f	251	12.96	04:38	Finished
2169	252	Katherine Waldron	00:37:04	FSEN	252	Clapham Chasers RC	f	252	12.95	04:38	Finished
2098	253	Grazia Manzotti	00:37:04	FSEN	253	Tonbridge AC	f	253	12.95	04:38	Finished
2023	254	Hannah Willson	00:37:05	FSEN	254	Southampton AC	f	254	12.94	04:38	Finished
1520	255	Tracey Calnan	00:37:05	FSEN	255	Ashford RRC	f	255	12.94	04:38	Finished
1500	256	Daisy Street	00:37:09	FSEN	256	26.2 RRC	f	256	12.92	04:39	Finished
1707	257	Nicole Teszke	00:37:15	FSEN	257	Dulwich Park Runners	f	257	12.89	04:39	Finished
2045	258	Charlotte Snowdon	00:37:15	FSEN	258	Stopsley Striders JC	f	258	12.89	04:39	Finished
2152	259	Alison Fenwick	00:37:15	FSEN	259	Winchester & District AC	f	259	12.89	04:39	Finished
1926	260	Caroline Shrimpton	00:37:17	FSEN	260	Maidenhead AC	f	260	12.87	04:40	Finished
1963	261	Jo Killingsworth	00:37:25	FSEN	261	Norwich Road Runners	f	261	12.83	04:41	Finished
2049	262	Nikki Javan	00:37:30	FSEN	262	Striders of Croydon	f	262	12.8	04:41	Finished
1975	263	Kthy Henry	00:37:32	FSEN	263	Ranelagh Harriers	f	263	12.79	04:42	Finished
2089	264	Nadia Whittaker	00:37:32	FSEN	264	Thames Valley Harriers	f	264	12.79	04:42	Finished
1901	265	Ilaria Giono	00:37:34	FSEN	265	London Frontrunners	f	265	12.78	04:42	Finished
1907	266	Lucy Wilson-shaw	00:37:35	FSEN	266	London Frontrunners	f	266	12.77	04:42	Finished
1962	267	Charlotte Hodgson	00:37:35	FSEN	267	Norwich Road Runners	f	267	12.77	04:42	Finished
2120	268	Suzannah Kinsella	00:37:37	FSEN	268	Tunbridge Wells Harriers	f	268	12.76	04:42	Finished
1966	269	Caroline Youngman	00:37:39	FSEN	269	Norwich Road Runners	f	269	12.75	04:42	Finished
1758	270	Emmanuelle Navarri	00:37:42	FSEN	270	Greenwich Tritons	f	270	12.73	04:43	Finished
1703	271	Francesca Rayneau	00:37:44	FSEN	271	Dulwich Park Runners	f	271	12.72	04:43	Finished
1649	272	Elizabeth Felix	00:37:45	FSEN	272	Clapham Pioneers	f	272	12.72	04:43	Finished
1921	273	Jackie Wastell	00:37:55	FSEN	273	London Heathside AC	f	273	12.66	04:44	Finished
1530	274	Stephanie Harrison	00:38:01	FSEN	274	Barnet & District AC	f	274	12.63	04:45	Finished
1736	275	Jane Rukin white	00:38:05	FSEN	275	Eton Manor AC	f	275	12.6	04:46	Finished
1987	276	Clare Mills	00:38:06	FSEN	276	Reading AC	f	276	12.6	04:46	Finished
1842	277	Rebecca Mabon	00:38:07	FSEN	277	Hy Runners	f	277	12.59	04:46	Finished
2114	278	Susan Cooper	00:38:08	FSEN	278	Tunbridge Wells Harriers	f	278	12.59	04:46	Finished
1581	279	Beata Kubala-todd	00:38:09	FSEN	279	Bexley AC	f	279	12.58	04:46	Finished
1857	280	Sofia Contino	00:38:11	FSEN	280	Kent AC	f	280	12.57	04:46	Finished
2008	281	Heidi Dann	00:38:12	FSEN	281	South London Harriers	f	281	12.57	04:47	Finished
1529	282	Kathryn Ellis	00:38:31	FSEN	282	Barnet & District AC	f	282	12.46	04:49	Finished
1868	283	Jo Mott	00:38:39	FSEN	283	Kent AC	f	283	12.42	04:50	Finished
1779	284	Rosie Winder	00:38:42	FSEN	284	Headington Road Runners	f	284	12.4	04:50	Finished
1739	285	Katherine Elmore-jones	00:38:46	FSEN	285	Fulham Running Club	f	285	12.38	04:51	Finished
1849	286	Anna Ceary	00:38:48	FSEN	286	Istead and Ifield Harriers	f	286	12.37	04:51	Finished
1979	287	Millie Dainton	00:38:48	FSEN	287	Reading AC	f	287	12.37	04:51	Finished
1882	288	Sarah Young	00:38:51	FSEN	288	Kent AC	f	288	12.36	04:51	Finished
2032	289	Iobel Gowers	00:38:57	FSEN	289	Springfield Striders RC	f	289	12.32	04:52	Finished
1941	290	Vic Emsley	00:38:58	FSEN	290	Metropolitan Police AC	f	290	12.32	04:52	Finished
1904	291	Christina Reade	00:39:02	FSEN	291	London Frontrunners	f	291	12.3	04:53	Finished
1922	292	Ann Wouffe	00:39:06	FSEN	292	London Heathside AC	f	292	12.28	04:53	Finished
1702	293	Alice O'sullivan	00:39:06	FSEN	293	Dulwich Park Runners	f	293	12.28	04:53	Finished
1618	294	Sally Carr	00:39:11	FSEN	294	Cambridge Harriers	f	294	12.25	04:54	Finished
1845	295	Deb Read	00:39:14	FSEN	295	Hy Runners	f	295	12.23	04:54	Finished
1844	296	Sonni Pine	00:39:33	FSEN	296	Hy Runners	f	296	12.14	04:57	Finished
1527	297	Gill O'connor	00:39:34	FSEN	297	Ashford RRC	f	297	12.13	04:57	Finished
1547	298	Ay Harris	00:39:36	FSEN	298	Beckenham RC	f	298	12.12	04:57	Finished
1803	299	Alexandra Marginean	00:39:40	FSEN	299	Herne Hill Harriers	f	299	12.1	04:57	Finished
2129	300	Cathy Genovese	00:39:41	FSEN	300	Vegan Runners UK	f	300	12.1	04:58	Finished

Bib	Overall Position	Name	Guntime	Category	Category Position	Team / Club	Gender	Gender Position	Avg speed	Avg pace	Status
1763	301	Katie Kelly watkins	00:39:45	FSEN	301	Harrow AC	f	301	12.08	04:58	Finished
2052	302	Selena Wong	00:39:47	FSEN	302	Striders of Croydon	f	302	12.07	04:58	Finished
1895	303	Liz McLennan	00:39:51	FSEN	303	Lingfield RC	f	303	12.05	04:59	Finished
1814	304	Jessica Winfield	00:39:53	FSEN	304	Herne Hill Harriers	f	304	12.04	04:59	Finished
1948	305	Rafaele Lamour	00:39:54	FSEN	305	Mornington Chasers RC	f	305	12.03	04:59	Finished
1897	306	Maggie Statham-berry	00:39:55	FSEN	306	Lingfield RC	f	306	12.03	04:59	Finished
1721	307	Eleanor Simmons	00:39:56	FSEN	307	Dulwich Runners AC	f	307	12.02	05:00	Finished
1631	308	Kirsten Mcteer	00:39:58	FSEN	308	Central Park Athletics	f	308	12.01	05:00	Finished
1938	309	Vanessa Vander	00:40:01	FSEN	309	Medway & Maidstone AC	f	309	12	05:00	Finished
1584	310	Gill Stewart	00:40:02	FSEN	310	Bexley AC	f	310	11.99	05:00	Finished
1976	311	Ann Kearey	00:40:04	FSEN	311	Ranelagh Harriers	f	311	11.98	05:01	Finished
1925	312	Leila Oliver	00:40:10	FSEN	312	Maidenhead AC	f	312	11.95	05:01	Finished
1675	313	Sunanda Sarker-bell	00:40:11	FSEN	313	Croydon Harriers	f	313	11.95	05:01	Finished
1667	314	Rosa Brookes	00:40:12	FSEN	314	Croydon Harriers	f	314	11.94	05:01	Finished
1745	315	Emma Less	00:40:14	FSEN	315	Fullham Running Club	f	315	11.93	05:02	Finished
2004	316	Shun-lai Chan	00:40:16	FSEN	316	South London Harriers	f	316	11.92	05:02	Finished
1866	317	Ronnie Haydon	00:40:18	FSEN	317	Kent AC	f	317	11.91	05:02	Finished
2058	318	Sara Mcritchie	00:40:26	FSEN	318	Stubbington Green Runners	f	318	11.87	05:03	Finished
2029	319	Donna Fisher	00:40:29	FSEN	319	Springfield Striders RC	f	319	11.86	05:04	Finished
1699	320	Ibitoru Lilley	00:40:31	FSEN	320	Dulwich Park Runners	f	320	11.85	05:04	Finished
1655	321	Cat Prowse	00:40:33	FSEN	321	Clapham Pioneers	f	321	11.84	05:04	Finished
1536	322	Cat Coveney	00:40:36	FSEN	322	Basingstoke & Mid Hants AC	f	322	11.82	05:04	Finished
1728	323	Sophie Foxall	00:40:39	FSEN	323	Ealing Eagles Running Club	f	323	11.81	05:05	Finished
1583	324	Kirsty Mcewen	00:40:40	FSEN	324	Bexley AC	f	324	11.8	05:05	Finished
2010	325	Jo Moon	00:40:43	FSEN	325	South London Harriers	f	325	11.79	05:05	Finished
2123	326	Rose Sawyer	00:40:45	FSEN	326	Tunbridge Wells Harriers	f	326	11.78	05:06	Finished
1632	327	Christine Munday	00:40:47	FSEN	327	Central Park Athletics	f	327	11.77	05:06	Finished
1838	328	Leanne Badrock	00:41:05	FSEN	328	Hy Runners	f	328	11.68	05:08	Finished
1727	329	Gáinne Dvery	00:41:09	FSEN	329	Ealing Eagles Running Club	f	329	11.66	05:09	Finished
2033	330	Dborah Htching	00:41:18	FSEN	330	Springfield Striders RC	f	330	11.62	05:10	Finished
2171	331	Carol Marsh	00:41:22	FSEN	331	NEJ Running Club	f	331	11.6	05:10	Finished
1884	332	Nchola Atkins	00:41:22	FSEN	332	Kingston AC & Poly Harriers	f	332	11.6	05:10	Finished
1651	333	Felicity Hannah	00:41:32	FSEN	333	Clapham Pioneers	f	333	11.56	05:11	Finished
1668	334	Miriam De souza	00:41:36	FSEN	334	Croydon Harriers	f	334	11.54	05:12	Finished
1894	335	Michelle Hollins	00:41:36	FSEN	335	Lingfield RC	f	335	11.54	05:12	Finished
1704	336	Lucy Ross	00:41:37	FSEN	336	Dulwich Park Runners	f	336	11.53	05:12	Finished
1528	337	Kelli Sullivan	00:41:42	FSEN	337	Ashford RRC	f	337	11.51	05:13	Finished
1646	338	Ruth Dervan	00:41:52	FSEN	338	Clapham Pioneers	f	338	11.46	05:14	Finished
1833	339	Nastaran Sepanj	00:41:55	FSEN	339	Hillingdon AC	f	339	11.45	05:14	Finished
2027	340	Ntasha Lagden	00:41:56	FSEN	340	Southend on Sea AC	f	340	11.45	05:14	Finished
1552	341	Emma Coombes	00:41:58	FSEN	341	Bedford & County AC	f	341	11.44	05:15	Finished
1873	342	Kimberly Parker	00:42:00	FSEN	342	Kent AC	f	342	11.43	05:15	Finished
1906	343	Julia Robinson	00:42:05	FSEN	343	London Frontrunners	f	343	11.41	05:16	Finished
1988	344	Katherine Tolson	00:42:09	FSEN	344	Reading AC	f	344	11.39	05:16	Finished
1650	345	Frances Furness	00:42:11	FSEN	345	Clapham Pioneers	f	345	11.38	05:16	Finished
1964	346	Anne Millett	00:42:15	FSEN	346	Norwich Road Runners	f	346	11.36	05:17	Finished
1689	347	Clare Dunne	00:42:56	FSEN	347	Dulwich Park Runners	f	347	11.18	05:22	Finished
2147	348	Claire Morgan	00:43:00	FSEN	348	Wimbledon Windmillers RC	f	348	11.16	05:23	Finished
1621	349	Angela Ford	00:43:07	FSEN	349	Cambridge Harriers	f	349	11.13	05:23	Finished
1648	350	Dana Elfring	00:43:12	FSEN	350	Clapham Pioneers	f	350	11.11	05:24	Finished
1652	351	Louise Newman	00:43:12	FSEN	351	Clapham Pioneers	f	351	11.11	05:24	Finished
1787	352	Penelope Cummings	00:43:31	FSEN	352	Herne Hill Harriers	f	352	11.03	05:26	Finished
2124	353	Carol Tsang	00:43:34	FSEN	353	Tunbridge Wells Harriers	f	353	11.02	05:27	Finished
1657	354	Danielle Williams	00:43:38	FSEN	354	Clapham Pioneers	f	354	11	05:27	Finished
1653	355	Emma Poole	00:43:40	FSEN	355	Clapham Pioneers	f	355	10.99	05:28	Finished
1943	356	Becky Turner	00:43:41	FSEN	356	Metropolitan Police AC	f	356	10.99	05:28	Finished
1890	357	Katie Cahill-smith	00:43:42	FSEN	357	Lingfield RC	f	357	10.98	05:28	Finished
1663	358	Elaine Reid	00:43:44	FSEN	358	Collingwood AC	f	358	10.98	05:28	Finished
1759	359	Kate Fry	00:43:46	FSEN	359	Greenwich Tritons	f	359	10.97	05:28	Finished
2051	360	Michelle Vezie-taylor	00:43:50	FSEN	360	Striders of Croydon	f	360	10.95	05:29	Finished
1957	361	Jennifer Neal	00:43:55	FSEN	361	New Eltham Joggers	f	361	10.93	05:29	Finished
1712	362	Midge Cameron	00:44:01	FSEN	362	Dulwich Runners AC	f	362	10.9	05:30	Finished
1580	363	Christina Fleetwood	00:44:05	FSEN	363	Bexley AC	f	363	10.89	05:31	Finished
1840	364	Sharon Gates mayhew	00:44:05	FSEN	364	Hy Runners	f	364	10.89	05:31	Finished
2132	365	Amy Blackburn-lau	00:44:07	FSEN	365	Victoria Park H & Tower H AC	f	365	10.88	05:31	Finished
1658	366	Jo Winnick	00:44:15	FSEN	366	Clapham Pioneers	f	366	10.85	05:32	Finished
1899	367	Carly Eager	00:44:20	FSEN	367	London Frontrunners	f	367	10.83	05:33	Finished
1940	368	Christine Edgoose	00:44:24	FSEN	368	Metropolitan Police AC	f	368	10.81	05:33	Finished
1624	369	Maria Macdonak	00:44:38	FSEN	369	Cambridge Harriers	f	369	10.75	05:35	Finished
1690	370	Emma Embleton	00:44:40	FSEN	370	Dulwich Park Runners	f	370	10.75	05:35	Finished
1669	371	Jules Del nevo	00:44:42	FSEN	371	Croydon Harriers	f	371	10.74	05:35	Finished
1743	372	Alice Heath	00:44:54	FSEN	372	Fullham Running Club	f	372	10.69	05:37	Finished
1973	373	Ruth Gledhill	00:45:08	FSEN	373	Ranelagh Harriers	f	373	10.64	05:39	Finished
2054	374	Dawn Haynes-sewell	00:45:09	FSEN	374	Stubbington Green Runners	f	374	10.63	05:39	Finished
2038	375	Diane Hunt	00:45:18	FSEN	375	St Albans Striders	f	375	10.6	05:40	Finished
1688	376	Gillian Cavell	00:45:22	FSEN	376	Dulwich Park Runners	f	376	10.58	05:40	Finished
1662	377	Eileen Leonard	00:45:24	FSEN	377	Collingwood AC	f	377	10.57	05:41	Finished
1654	378	Sarah Prescott	00:45:39	FSEN	378	Clapham Pioneers	f	378	10.51	05:42	Finished
1693	379	Anna Gregorowski	00:45:48	FSEN	379	Dulwich Park Runners	f	379	10.48	05:43	Finished
1893	380	Isla Greenaway	00:45:57	FSEN	380	Lingfield RC	f	380	10.45	05:45	Finished
1706	381	Jo Spencer	00:45:58	FSEN	381	Dulwich Park Runners	f	381	10.44	05:45	Finished
1741	382	Louise Garlick	00:46:17	FSEN	382	Fullham Running Club	f	382	10.37	05:47	Finished
1526	383	Lucy Johnstone	00:46:21	FSEN	383	Ashford RRC	f	383	10.36	05:48	Finished
1729	384	Jssica Hood	00:46:39	FSEN	384	Ealing Eagles Running Club	f	384	10.29	05:50	Finished
2039	385	Carole Jack	00:47:00	FSEN	385	St Albans Striders	f	385	10.21	05:53	Finished
2093	386	Lynda Chase	00:47:28	FSEN	386	The Stragglers RC	f	386	10.11	05:56	Finished
1664	387	Jude Wheeler	00:47:33	FSEN	387	Collingwood AC	f	387	10.09	05:57	Finished
1659	388	Louise Andrews	00:47:58	FSEN	388	Collingwood AC	f	388	10.01	06:00	Finished
1700	389	Paula McMahon	00:48:24	FSEN	389	Dulwich Park Runners	f	389	9.92	06:03	Finished
1774	390	Carolyn Maxwell	00:48:25	FSEN	390	Headington Road Runners	f	390	9.91	06:03	Finished
1543	391	Tanya Byrne	00:48:29	FSEN	391	Beckenham RC	f	391	9.9	06:04	Finished
1965	392	Maureen Rumsby	00:48:44	FSEN	392	Norwich Road Runners	f	392	9.85	06:05	Finished
1960	393	Jo Bygrave	00:48:44	FSEN	393	Norwich Road Runners	f	393	9.85	06:05	Finished
2048	394	Jadwig Brzask-makiela	00:48:55	FSEN	394	Striders of Croydon	f	394	9.81	06:07	Finished
1636	395	Wendy Whelan	00:49:18	FSEN	395	Chichester Runners & AC	f	395	9.74	06:10	Finished
1694	396	Laura Griffin	00:49:31	FSEN	396	Dulwich Park Runners	f	396	9.69	06:11	Finished
1708	397	Alison Woolley	00:49:37	FSEN	397	Dulwich Park Runners	f	397	9.67	06:12	Finished
1685	398	Oghene Aaron	00:49:46	FSEN	398	Dulwich Park Runners	f	398	9.65	06:13	Finished
1892	399	Sarah Ferguson	00:49:52	FSEN	399	Lingfield RC	f	399	9.63	06:14	Finished
1692	400	Juliette Gray	00:50:16	FSEN	400	Dulwich Park Runners	f	400	9.55	06:17	Finished

Bib	Overall Position	Name	Guntime	Category	Category Position	Team / Club	Gender	Gender Position	Avg speed	Avg pace	Status
1698	401	Heather Larsen	00:50:23	FSEN	401	Dulwich Park Runners	f	401	9.53	06:18	Finished
1865	402	Annabelle Hadlow	00:50:24	FSEN	402	Kent AC	f	402	9.52	06:18	Finished
1942	403	Miri Ptovska	00:50:34	FSEN	403	Metropolitan Police AC	f	403	9.49	06:19	Finished
2149	404	Stephanie Oliver	00:50:36	FSEN	404	Wimbledon Windmilers RC	f	404	9.49	06:19	Finished
1891	405	Theresa Donohue	00:51:37	FSEN	405	Lingfield RC	f	405	9.3	06:27	Finished
1679	406	Selon timi Veerasamy	00:51:42	FSEN	406	Dagenham 88 Runners	f	406	9.28	06:28	Finished
2055	407	Jacqueline Healy	00:52:19	FSEN	407	Stubbington Green Runners	f	407	9.17	06:32	Finished
1701	408	Raissa Mcskimming	00:52:27	FSEN	408	Dulwich Park Runners	f	408	9.15	06:33	Finished
1579	409	Sarah Dodds	00:53:36	FSEN	409	Bexley AC	f	409	8.96	06:42	Finished
1773	410	Sarah Leach	00:54:37	FSEN	410	Headington Road Runners	f	410	8.79	06:50	Finished
1687	411	Denise Blake	00:55:13	FSEN	411	Dulwich Park Runners	f	411	8.69	06:54	Finished
1582	412	Geraldine Legon	00:55:50	FSEN	412	Bexley AC	f	412	8.6	06:59	Finished
2062	413	Felicidade Gunn	00:56:03	FSEN	413	Sutton Runners	f	413	8.56	07:00	Finished
2050	414	Michelle Klein	00:56:31	FSEN	414	Striders of Croydon	f	414	8.49	07:04	Finished
1709	415	Rachel Wylie	00:57:12	FSEN	415	Dulwich Park Runners	f	415	8.39	07:09	Finished
1697	416	Jacqueline Kerr	00:58:05	FSEN	416	Dulwich Park Runners	f	416	8.26	07:16	Finished
1695	417	Jane Heap	00:58:05	FSEN	417	Dulwich Park Runners	f	417	8.26	07:16	Finished
1754	418	Pat Brightman	01:00:25	FSEN	418	Great Yarmouth & Dist AC	f	418	7.94	07:33	Finished

Bib	Overall Position	Name	Guntime	Category	Category Position	Team / Club	Gender	Gender Position	Avg speed	Avg pace	Status
999	1	James Kingston	00:45:07	MSEN	1	Tonbridge AC	m	1	19.95	03:00	Finished
519	2	Alexander Leprêtre	00:45:46	MSEN	2	Highgate Harriers	m	2	19.66	03:03	Finished
61	3	Ben Alcock	00:45:47	MSEN	3	Bedford & County AC	m	3	19.66	03:03	Finished
506	4	Taha Gafari	00:46:17	MSEN	4	Highgate Harriers	m	4	19.45	03:05	Finished
927	5	Oliver Fox	00:46:20	MSEN	5	Thames Hare & Hounds	m	5	19.42	03:05	Finished
492	6	Oscar Bell	00:46:32	MSEN	6	Herts Phoenix AC	m	6	19.34	03:06	Finished
440	7	Jnathan Crnish	00:46:40	MSEN	7	Hercules Wimbledon AC	m	7	19.29	03:07	Finished
13	8	Sam Eglon	00:46:50	MSEN	8	Aldershot Farnham & DAC	m	8	19.22	03:07	Finished
862	9	Alex Teuten	00:46:55	MSEN	9	Southampton AC	m	9	19.18	03:08	Finished
991	10	Ben Cole	00:47:00	MSEN	10	Tonbridge AC	m	10	19.15	03:08	Finished
316	11	Edward Chuck	00:47:18	MSEN	11	Dulwich Runners AC	m	11	19.03	03:09	Finished
38	12	Marshall Smith	00:47:20	MSEN	12	Ashford AC	m	12	19.01	03:09	Finished
1004	13	Max Nicholls	00:47:25	MSEN	13	Tonbridge AC	m	13	18.98	03:10	Finished
850	14	William Bryan	00:47:28	MSEN	14	Southampton AC	m	14	18.96	03:10	Finished
265	15	James Hancock	00:47:29	MSEN	15	Croydon Harriers	m	15	18.95	03:10	Finished
505	16	Roger Poolman	00:47:34	MSEN	16	Highgate Harriers	m	16	18.92	03:10	Finished
406	17	John Sandersen	00:47:37	MSEN	17	Guildford & Godalming AC	m	17	18.9	03:10	Finished
457	18	Frederick Slembeck	00:47:41	MSEN	18	Hercules Wimbledon AC	m	18	18.87	03:11	Finished
453	19	Andrew Penney	00:47:43	MSEN	19	Hercules Wimbledon AC	m	19	18.86	03:11	Finished
1002	20	Nathan Marsh	00:47:46	MSEN	20	Tonbridge AC	m	20	18.84	03:11	Finished
451	21	Gorge Mallett	00:47:46	MSEN	21	Hercules Wimbledon AC	m	21	18.84	03:11	Finished
511	22	Charlie Haywood	00:47:53	MSEN	22	Highgate Harriers	m	22	18.8	03:12	Finished
84	23	Henry Hart	00:47:56	MSEN	23	Belgrave Harriers	m	23	18.78	03:12	Finished
533	24	Robert Wilson	00:47:58	MSEN	24	Highgate Harriers	m	24	18.76	03:12	Finished
1003	25	Sean Molloy	00:48:14	MSEN	25	Tonbridge AC	m	25	18.66	03:13	Finished
824	26	Tom Butler	00:48:14	MSEN	26	Shaftesbury Barnet Harriers	m	26	18.66	03:13	Finished
184	27	Nathan Mapperley	00:48:17	MSEN	27	Cambridge & Coleridge AC	m	27	18.64	03:13	Finished
450	28	Edward Mallett	00:48:18	MSEN	28	Hercules Wimbledon AC	m	28	18.63	03:13	Finished
685	29	George Gurney	00:48:18	MSEN	29	London Heathside AC	m	29	18.63	03:13	Finished
856	30	Rikki James	00:48:21	MSEN	30	Southampton AC	m	30	18.61	03:13	Finished
1102	31	William Boutwood	00:48:27	MSEN	31	Winchester & District AC	m	31	18.58	03:14	Finished
458	32	James Stockings	00:48:30	MSEN	32	Hercules Wimbledon AC	m	32	18.56	03:14	Finished
495	33	Robel Bahelbi	00:48:32	MSEN	33	Highgate Harriers	m	33	18.54	03:14	Finished
993	34	Corey De'ath	00:48:40	MSEN	34	Tonbridge AC	m	34	18.49	03:15	Finished
67	35	John Eves	00:48:41	MSEN	35	Bedford & County AC	m	35	18.49	03:15	Finished
852	36	Sam Costley	00:48:43	MSEN	36	Southampton AC	m	36	18.47	03:15	Finished
1109	37	Tom Beedell	00:48:53	MSEN	37	Woodford Green w Essex L	m	37	18.41	03:16	Finished
854	38	Peter Hart	00:48:58	MSEN	38	Southampton AC	m	38	18.38	03:16	Finished
460	39	Archie Walton	00:48:58	MSEN	39	Hercules Wimbledon AC	m	39	18.38	03:16	Finished
161	40	Neil Kevern	00:49:01	MSEN	40	Bracknell AC	m	40	18.36	03:16	Finished
996	41	Jamie Goodge	00:49:02	MSEN	41	Tonbridge AC	m	41	18.35	03:16	Finished
254	42	Kieran Barnes	00:49:03	MSEN	42	Crawley AC	m	42	18.35	03:16	Finished
114	43	Thomas Wright	00:49:06	MSEN	43	Bexley AC	m	43	18.33	03:16	Finished
1141	44	Adrian Fautly	00:49:11	MSEN	44	Winchester & District AC	m	44	18.3	03:17	Finished
990	45	Cameron Chambers	00:49:13	MSEN	45	Tonbridge AC	m	45	18.29	03:17	Finished
66	46	Craig Emmerson	00:49:17	MSEN	46	Bedford & County AC	m	46	18.26	03:17	Finished
173	47	Simon Heath	00:49:28	MSEN	47	Brighton Phoenix AC	m	47	18.19	03:18	Finished
12	48	Callum Charleston	00:49:30	MSEN	48	Aldershot Farnham & DAC	m	48	18.18	03:18	Finished
743	49	Taite Wallis	00:49:35	MSEN	49	Newham & Essex Beagles AC	m	49	18.15	03:18	Finished
932	50	Richard Ollington	00:49:35	MSEN	50	Thames Hare & Hounds	m	50	18.15	03:18	Finished
499	51	Peter Chambers	00:49:35	MSEN	51	Highgate Harriers	m	51	18.15	03:18	Finished
851	52	Max Costley	00:49:40	MSEN	52	Southampton AC	m	52	18.12	03:19	Finished
857	53	Jacob O'hara	00:49:44	MSEN	53	Southampton AC	m	53	18.1	03:19	Finished
435	54	Rhys Boorman	00:49:45	MSEN	54	Hercules Wimbledon AC	m	54	18.09	03:19	Finished
929	55	James Hoad	00:49:46	MSEN	55	Thames Hare & Hounds	m	55	18.08	03:19	Finished
588	56	Cameron Dockerill	00:49:46	MSEN	56	Kent AC	m	56	18.08	03:19	Finished
182	57	Ben Jones	00:49:47	MSEN	57	Cambridge & Coleridge AC	m	57	18.08	03:19	Finished
716	58	Ben Tyler	00:49:48	MSEN	58	Medway & Maidstone AC	m	58	18.07	03:19	Finished
994	59	Michael Ellis	00:49:49	MSEN	59	Tonbridge AC	m	59	18.07	03:19	Finished
8	60	Stephen Blake	00:50:00	MSEN	60	Aldershot Farnham & DAC	m	60	18	03:20	Finished
436	61	Oliver Crrington	00:50:00	MSEN	61	Hercules Wimbledon AC	m	61	18	03:20	Finished
185	62	James Reed	00:50:01	MSEN	62	Cambridge & Coleridge AC	m	62	17.99	03:20	Finished
1065	63	Jmes Hotham	00:50:09	MSEN	63	Victoria Park H & Tower H AC	m	63	17.95	03:21	Finished
410	64	Johnny Van deventer	00:50:16	MSEN	64	Guildford & Godalming AC	m	64	17.9	03:21	Finished
1112	65	Angus Holford	00:50:18	MSEN	65	Woodford Green w Essex L	m	65	17.89	03:21	Finished
423	66	Ben Davis	00:50:20	MSEN	66	Havering AC	m	66	17.88	03:21	Finished
399	67	Tom Foster	00:50:23	MSEN	67	Guildford & Godalming AC	m	67	17.86	03:22	Finished
956	68	Oliver Newton	00:50:24	MSEN	68	Thames Valley Harriers	m	68	17.86	03:22	Finished
617	69	Daniel Pettitt	00:50:29	MSEN	69	Kent AC	m	69	17.83	03:22	Finished
1110	70	Joshua Entwistle	00:50:33	MSEN	70	Woodford Green w Essex L	m	70	17.8	03:22	Finished
702	71	Joseph Young	00:50:33	MSEN	71	London Heathside AC	m	71	17.8	03:22	Finished
253	72	Jonny Dry	00:50:37	MSEN	72	Cornwall AC	m	72	17.78	03:22	Finished
447	73	Fnn Jhnsn	00:50:41	MSEN	73	Hercules Wimbledon AC	m	73	17.76	03:23	Finished
1014	74	Stephen Strange	00:50:47	MSEN	74	Tonbridge AC	m	74	17.72	03:23	Finished
397	75	Edwin Dixon	00:50:49	MSEN	75	Guildford & Godalming AC	m	75	17.71	03:23	Finished
1063	76	Greg Divall	00:50:49	MSEN	76	Victoria Park H & Tower H AC	m	76	17.71	03:23	Finished
514	77	Sam Jnks	00:50:50	MSEN	77	Highgate Harriers	m	77	17.7	03:23	Finished
553	78	Sam Brown	00:50:55	MSEN	78	Hy Runners	m	78	17.68	03:24	Finished
307	79	Robert Armstrong	00:50:58	MSEN	79	Dulwich Runners AC	m	79	17.66	03:24	Finished
89	80	Conall McNally	00:51:02	MSEN	80	Belgrave Harriers	m	80	17.64	03:24	Finished
581	81	James Boustead	00:51:03	MSEN	81	Kent AC	m	81	17.63	03:24	Finished
452	82	Rchard Mcdowell	00:51:10	MSEN	82	Hercules Wimbledon AC	m	82	17.59	03:25	Finished
77	83	Findlay Dyer	00:51:10	MSEN	83	Belgrave Harriers	m	83	17.59	03:25	Finished
922	84	Eoin Brady	00:51:14	MSEN	84	Thames Hare & Hounds	m	84	17.57	03:25	Finished
638	85	Aidan Briffett	00:51:15	MSEN	85	Lewes AC	m	85	17.56	03:25	Finished
1058	86	Tom Brookes	00:51:19	MSEN	86	Victoria Park H & Tower H AC	m	86	17.54	03:25	Finished
424	87	James Stewart	00:51:24	MSEN	87	Havering AC	m	87	17.51	03:26	Finished
698	88	Yann Sevestre	00:51:26	MSEN	88	London Heathside AC	m	88	17.5	03:26	Finished
522	89	Hnry Murdoch	00:51:28	MSEN	89	Highgate Harriers	m	89	17.49	03:26	Finished
333	90	Aaron Wilson	00:51:30	MSEN	90	Dulwich Runners AC	m	90	17.48	03:26	Finished
68	91	Andrew Headley	00:51:34	MSEN	91	Bedford & County AC	m	91	17.45	03:26	Finished
97	92	Jonny Scott	00:51:39	MSEN	92	Belgrave Harriers	m	92	17.42	03:27	Finished
818	93	Nicolas Torry	00:51:40	MSEN	93	Serpentine RC	m	93	17.42	03:27	Finished
426	94	Robert Warner	00:51:46	MSEN	94	Havering AC	m	94	17.39	03:27	Finished
643	95	Samual Peters	00:51:53	MSEN	95	Lewes AC	m	95	17.35	03:28	Finished
200	96	Chris Loudon	00:51:54	MSEN	96	Cambridge Harriers	m	96	17.34	03:28	Finished
72	97	Nick Buckle	00:51:56	MSEN	97	Belgrave Harriers	m	97	17.33	03:28	Finished
1057	98	Jack Bibbings	00:51:56	MSEN	98	Victoria Park H & Tower H AC	m	98	17.33	03:28	Finished
466	99	Jeff Cunningham	00:51:57	MSEN	99	Herne Hill Harriers	m	99	17.32	03:28	Finished
434	100	Jmie Bnister	00:51:57	MSEN	100	Hercules Wimbledon AC	m	100	17.32	03:28	Finished

201	101	James Macdonald	00:52:02	MSEN	101	Cambridge Harriers	m	101	17.3	03:28	Finished
701	102	Matthew Wheat	00:52:06	MSEN	102	London Heathside AC	m	102	17.27	03:28	Finished
18	103	George Morris	00:52:14	MSEN	103	Aldershot Farnham & DAC	m	103	17.23	03:29	Finished
403	104	Callum Job	00:52:19	MSEN	104	Guildford & Godalming AC	m	104	17.2	03:29	Finished
144	105	Daniel Kennedy	00:52:20	MSEN	105	Blackheath & Bromley Harriers	m	105	17.2	03:29	Finished
642	106	Toby Meanwell	00:52:22	MSEN	106	Lewes AC	m	106	17.19	03:29	Finished
1115	107	Tom Phillips	00:52:27	MSEN	107	Woodford Green w Essex L	m	107	17.16	03:30	Finished
1104	108	Jacques michel Caignard	00:52:28	MSEN	108	Winchester & District AC	m	108	17.15	03:30	Finished
549	109	James Orrell	00:52:32	MSEN	109	Huntingdonshire AC	m	109	17.13	03:30	Finished
806	110	Ncholas Browne	00:52:33	MSEN	110	Serpentine RC	m	110	17.13	03:30	Finished
377	111	Tom Mackay	00:52:34	MSEN	111	Fulham Running Club	m	111	17.12	03:30	Finished
404	112	Matthew Mcdaniel	00:52:38	MSEN	112	Guildford & Godalming AC	m	112	17.1	03:31	Finished
486	113	Ben Paviour	00:52:39	MSEN	113	Herne Hill Harriers	m	113	17.09	03:31	Finished
312	114	Fred Bungay	00:52:47	MSEN	114	Dulwich Runners AC	m	114	17.05	03:31	Finished
140	115	Alex Gibbins	00:52:50	MSEN	115	Blackheath & Bromley Harriers	m	115	17.03	03:31	Finished
330	116	Adrian Russell	00:52:51	MSEN	116	Dulwich Runners AC	m	116	17.03	03:31	Finished
596	117	Calum Fraser	00:52:54	MSEN	117	Kent AC	m	117	17.01	03:32	Finished
87	118	Tom Lole	00:52:55	MSEN	118	Belgrave Harriers	m	118	17.01	03:32	Finished
633	119	Lee Cooper	00:52:55	MSEN	119	Larkfield AC	m	119	17.01	03:32	Finished
867	120	Rhys Gillard	00:52:56	MSEN	120	Southend on Sea AC	m	120	17	03:32	Finished
21	121	Bryn Smith	00:53:00	MSEN	121	Aldershot Farnham & DAC	m	121	16.98	03:32	Finished
132	122	Thomas Desborough	00:53:01	MSEN	122	Blackheath & Bromley Harriers	m	122	16.98	03:32	Finished
360	123	Steve Winder	00:53:03	MSEN	123	Epsom & Ewell Harriers	m	123	16.97	03:32	Finished
78	124	Matt Edgar	00:53:06	MSEN	124	Belgrave Harriers	m	124	16.95	03:32	Finished
620	125	George Russell	00:53:09	MSEN	125	Kent AC	m	125	16.93	03:33	Finished
277	126	Phil Symonds	00:53:18	MSEN	126	Croydon Harriers	m	126	16.89	03:33	Finished
717	127	Jamie Walsh	00:53:22	MSEN	127	Medway & Maidstone AC	m	127	16.86	03:33	Finished
88	128	George Loxton	00:53:27	MSEN	128	Belgrave Harriers	m	128	16.84	03:34	Finished
416	129	Luke Hunt	00:53:27	MSEN	129	Harrow AC	m	129	16.84	03:34	Finished
837	130	Paul Bailey	00:53:28	MSEN	130	South London Harriers	m	130	16.83	03:34	Finished
758	131	Richard Smith	00:53:32	MSEN	131	Orion Harriers	m	131	16.81	03:34	Finished
137	132	Micah Evans	00:53:39	MSEN	132	Blackheath & Bromley Harriers	m	132	16.78	03:35	Finished
497	133	James Barber	00:53:40	MSEN	133	Highgate Harriers	m	133	16.77	03:35	Finished
517	134	Jnathan Lybourn	00:53:42	MSEN	134	Highgate Harriers	m	134	16.76	03:35	Finished
899	135	Scott Williams	00:53:43	MSEN	135	Stowmarket Striders	m	135	16.75	03:35	Finished
1122	136	Neil Hutchinson	00:53:44	MSEN	136	Worthing & District Harriers	m	136	16.75	03:35	Finished
1000	137	Calum Laing	00:53:44	MSEN	137	Tonbridge AC	m	137	16.75	03:35	Finished
1125	138	Richard Henderson	00:53:45	MSEN	138	Wycombe Phoenix Harriers	m	138	16.74	03:35	Finished
463	139	Simon Coombes	00:53:46	MSEN	139	Herne Hill Harriers	m	139	16.74	03:35	Finished
309	140	Andy Bond	00:53:46	MSEN	140	Dulwich Runners AC	m	140	16.74	03:35	Finished
438	141	Joe Clark	00:53:47	MSEN	141	Hercules Wimbledon AC	m	141	16.73	03:35	Finished
863	142	Joe Walton	00:53:47	MSEN	142	Southampton AC	m	142	16.73	03:35	Finished
744	143	Mark Hayward	00:53:48	MSEN	143	Newmarket Joggers	m	143	16.73	03:35	Finished
152	144	Andrew Rayner	00:53:50	MSEN	144	Blackheath & Bromley Harriers	m	144	16.72	03:35	Finished
1118	145	Daniel Steel	00:53:51	MSEN	145	Woodford Green w Essex L	m	145	16.71	03:35	Finished
472	146	Joseph Fenwick	00:53:54	MSEN	146	Herne Hill Harriers	m	146	16.7	03:36	Finished
526	147	Farid Sousou	00:53:55	MSEN	147	Highgate Harriers	m	147	16.69	03:36	Finished
515	148	James Johnson	00:53:55	MSEN	148	Highgate Harriers	m	148	16.69	03:36	Finished
928	149	Oliver Garner	00:53:57	MSEN	149	Thames Hare & Hounds	m	149	16.68	03:36	Finished
926	150	Anthony Doolittle	00:54:00	MSEN	150	Thames Hare & Hounds	m	150	16.67	03:36	Finished
765	151	Fred Harris	00:54:02	MSEN	151	Poole AC	m	151	16.66	03:36	Finished
641	152	Fraser Macnicoll	00:54:02	MSEN	152	Lewes AC	m	152	16.66	03:36	Finished
145	153	Graeme Lugar	00:54:05	MSEN	153	Blackheath & Bromley Harriers	m	153	16.64	03:36	Finished
169	154	Jon Clays	00:54:05	MSEN	154	Brighton Phoenix AC	m	154	16.64	03:36	Finished
933	155	Ben Reynolds	00:54:07	MSEN	155	Thames Hare & Hounds	m	155	16.63	03:36	Finished
812	156	Victor Lio	00:54:08	MSEN	156	Serpentine RC	m	156	16.63	03:37	Finished
817	157	Hugh Torry	00:54:14	MSEN	157	Serpentine RC	m	157	16.59	03:37	Finished
335	158	Firas Alhawath	00:54:14	MSEN	158	Ealing Eagles Running Club	m	158	16.59	03:37	Finished
123	159	Kieran O'doherty	00:54:16	MSEN	159	Billericy Striders RC	m	159	16.58	03:37	Finished
787	160	Sam Rodda	00:54:20	MSEN	160	Reading AC	m	160	16.56	03:37	Finished
810	161	Glenn Hughes	00:54:21	MSEN	161	Serpentine RC	m	161	16.56	03:37	Finished
869	162	Patrick Walsh	00:54:25	MSEN	162	Southend on Sea AC	m	162	16.54	03:38	Finished
44	163	George Hill	00:54:28	MSEN	163	Basildon AC	m	163	16.52	03:38	Finished
684	164	Peter Gould	00:54:30	MSEN	164	London Heathside AC	m	164	16.51	03:38	Finished
412	165	Jim Cooper	00:54:32	MSEN	165	Harrow AC	m	165	16.5	03:38	Finished
448	166	Richard Jones	00:54:32	MSEN	166	Hercules Wimbledon AC	m	166	16.5	03:38	Finished
408	167	Nick Tearle	00:54:32	MSEN	167	Guildford & Godalming AC	m	167	16.5	03:38	Finished
962	168	Oliver Teenan	00:54:37	MSEN	168	Thames Valley Harriers	m	168	16.48	03:38	Finished
1028	169	James Claxton	00:54:40	MSEN	169	Tri London	m	169	16.46	03:39	Finished
821	170	Peter Woolldridge	00:54:41	MSEN	170	Serpentine RC	m	170	16.46	03:39	Finished
284	171	Alex Cameron	00:54:48	MSEN	171	Dartford Harriers AC	m	171	16.42	03:39	Finished
500	172	Andres Cau	00:54:51	MSEN	172	Highgate Harriers	m	172	16.41	03:39	Finished
860	173	Daniel Slayford	00:54:52	MSEN	173	Southampton AC	m	173	16.4	03:39	Finished
843	174	Alex Lyne	00:54:53	MSEN	174	South London Harriers	m	174	16.4	03:40	Finished
982	175	Harry Tivnen	00:54:53	MSEN	175	The Stragglers RC	m	175	16.4	03:40	Finished
171	176	Alex Garrod	00:54:58	MSEN	176	Brighton Phoenix AC	m	176	16.37	03:40	Finished
127	177	David Adams	00:55:05	MSEN	177	Blackheath & Bromley Harriers	m	177	16.34	03:40	Finished
413	178	Kevin Fini	00:55:06	MSEN	178	Harrow AC	m	178	16.33	03:40	Finished
25	179	Jamie Keane	00:55:11	MSEN	179	Ampthill & Flitwick Flyers	m	179	16.31	03:41	Finished
174	180	Tom Hooper	00:55:13	MSEN	180	Brighton Phoenix AC	m	180	16.3	03:41	Finished
236	181	Eddie Rolls	00:55:13	MSEN	181	Clapham Chasers RC	m	181	16.3	03:41	Finished
951	182	Jirka Kucera	00:55:16	MSEN	182	Thames Valley Harriers	m	182	16.28	03:41	Finished
14	183	Lasse Eini	00:55:18	MSEN	183	Aldershot Farnham & DAC	m	183	16.27	03:41	Finished
23	184	Brian Stopher	00:55:21	MSEN	184	Aldershot Farnham & DAC	m	184	16.26	03:41	Finished
378	185	Dan Mahoney	00:55:22	MSEN	185	Fulham Running Club	m	185	16.26	03:41	Finished
868	186	Lee Taylor	00:55:25	MSEN	186	Southend on Sea AC	m	186	16.24	03:42	Finished
1032	187	Luke Kavanagh	00:55:26	MSEN	187	Tri London	m	187	16.24	03:42	Finished
329	188	Jon Phillips	00:55:27	MSEN	188	Dulwich Runners AC	m	188	16.23	03:42	Finished
644	189	George Stewart	00:55:29	MSEN	189	Lewes AC	m	189	16.22	03:42	Finished
186	190	Tom Mccusker	00:55:30	MSEN	190	Cambridge & Coleridge AC	m	190	16.22	03:42	Finished
673	191	Alex Turner	00:55:30	MSEN	191	London Frontrunners	m	191	16.22	03:42	Finished
745	192	James Smith	00:55:31	MSEN	192	Newmarket Joggers	m	192	16.21	03:42	Finished
442	193	David Grima	00:55:38	MSEN	193	Hercules Wimbledon AC	m	193	16.18	03:43	Finished
846	194	Simon Richardson	00:55:39	MSEN	194	South London Harriers	m	194	16.17	03:43	Finished
459	195	Simon Wade	00:55:42	MSEN	195	Hercules Wimbledon AC	m	195	16.16	03:43	Finished
231	196	Martin Bell	00:55:43	MSEN	196	Clapham Chasers RC	m	196	16.15	03:43	Finished
1066	197	David Jones	00:55:44	MSEN	197	Victoria Park H & Tower H AC	m	197	16.15	03:43	Finished
639	198	Charlie Critchley	00:55:44	MSEN	198	Lewes AC	m	198	16.15	03:43	Finished
73	199	Ross Christie	00:55:47	MSEN	199	Belgrave Harriers	m	199	16.13	03:43	Finished
119	200	Dave Doel	00:55:48	MSEN	200	Billericy Striders RC	m	200	16.13	03:43	Finished
569	201	Micolm Muir	00:55:49	MSEN	201	Ilford AC	m	201	16.12	03:43	Finished

203	202	John O'mahony	00:55:50	MSEN	202	Cambridge Harriers	m	202	16.12	03:43	Finished
584	203	Samuel Dames	00:55:51	MSEN	203	Kent AC	m	203	16.11	03:43	Finished
354	204	William Caruana	00:55:54	MSEN	204	Epsom & Ewell Harriers	m	204	16.1	03:44	Finished
443	205	Astin Hall	00:55:55	MSEN	205	Hercules Wimbledon AC	m	205	16.1	03:44	Finished
805	206	Michele Bottone	00:55:56	MSEN	206	Serpentine RC	m	206	16.09	03:44	Finished
150	207	Fintan Parkinson	00:55:59	MSEN	207	Blackheath & Bromley Harriers	m	207	16.08	03:44	Finished
674	208	Tom Watson	00:56:01	MSEN	208	London Frontrunners	m	208	16.07	03:44	Finished
318	209	Sean Cordon	00:56:02	MSEN	209	Dulwich Runners AC	m	209	16.06	03:44	Finished
539	210	Dominic Speight	00:56:05	MSEN	210	Hillingdon AC	m	210	16.05	03:44	Finished
1108	211	Simon Beedell	00:56:07	MSEN	211	Woodford Green w Essex L	m	211	16.04	03:44	Finished
547	212	Tyrone Farrer	00:56:08	MSEN	212	Huntingdonshire AC	m	212	16.03	03:45	Finished
972	213	Pete Gregorowski	00:56:17	MSEN	213	The Stragglers RC	m	213	15.99	03:45	Finished
17	214	Jack McGuire	00:56:21	MSEN	214	Aldershot Farnham & DAC	m	214	15.97	03:45	Finished
965	215	Robert Vallance	00:56:22	MSEN	215	Thames Valley Harriers	m	215	15.97	03:45	Finished
363	216	Paul Boddey	00:56:25	MSEN	216	Eton Manor AC	m	216	15.95	03:46	Finished
693	217	Oliver Negus	00:56:26	MSEN	217	London Heathside AC	m	217	15.95	03:46	Finished
876	218	Luke Fitz-john	00:56:27	MSEN	218	Springfield Striders RC	m	218	15.94	03:46	Finished
491	219	Ryan Willmott	00:56:29	MSEN	219	Herne Hill Harriers	m	219	15.93	03:46	Finished
1018	220	Paul Brennan	00:56:29	MSEN	220	Trent Park Running Club	m	220	15.93	03:46	Finished
1071	221	George Long	00:56:32	MSEN	221	Victoria Park H & Tower H AC	m	221	15.92	03:46	Finished
546	222	Rob Farrant	00:56:35	MSEN	222	Huntingdonshire AC	m	222	15.91	03:46	Finished
583	223	Che Compton	00:56:35	MSEN	223	Kent AC	m	223	15.91	03:46	Finished
640	224	Chris Gilbert	00:56:39	MSEN	224	Lewes AC	m	224	15.89	03:47	Finished
670	225	Marius Thies	00:56:41	MSEN	225	London Frontrunners	m	225	15.88	03:47	Finished
740	226	Wayne Bell	00:56:42	MSEN	226	Newham & Essex Beagles	m	226	15.87	03:47	Finished
1087	227	Douglas Fry	00:56:45	MSEN	227	West 4 Harriers	m	227	15.86	03:47	Finished
785	228	Arturo Martinez de murguia	00:56:47	MSEN	228	Reading AC	m	228	15.85	03:47	Finished
930	229	Jack Lancefield	00:56:48	MSEN	229	Thames Hare & Hounds	m	229	15.85	03:47	Finished
1092	230	Richard Cohen	00:56:49	MSEN	230	Wimbledon Windmilers RC	m	230	15.84	03:47	Finished
931	231	Ashley Middlewick	00:56:50	MSEN	231	Thames Hare & Hounds	m	231	15.84	03:47	Finished
177	232	Luke Piper	00:56:51	MSEN	232	Brighton Phoenix AC	m	232	15.83	03:47	Finished
336	233	John Foxall	00:56:51	MSEN	233	Ealing Eagles Running Club	m	233	15.83	03:47	Finished
513	234	Alex Holley	00:56:52	MSEN	234	Highgate Harriers	m	234	15.83	03:47	Finished
210	235	Geoffrey Smith	00:56:56	MSEN	235	Cambridge Harriers	m	235	15.81	03:48	Finished
900	236	Andrew Aitken	00:56:58	MSEN	236	Striders of Croydon	m	236	15.8	03:48	Finished
712	237	Alexander Donnelly	00:56:58	MSEN	237	Medway & Maidstone AC	m	237	15.8	03:48	Finished
365	238	Ed Jenkins	00:57:02	MSEN	238	Eton Manor AC	m	238	15.78	03:48	Finished
357	239	Martin Harris	00:57:06	MSEN	239	Epsom & Ewell Harriers	m	239	15.76	03:48	Finished
1001	240	Daniel Longhurst	00:57:07	MSEN	240	Tonbridge AC	m	240	15.76	03:48	Finished
409	241	Mark Tennyson	00:57:11	MSEN	241	Guildford & Godalming AC	m	241	15.74	03:49	Finished
1088	242	Alex Veres	00:57:13	MSEN	242	West 4 Harriers	m	242	15.73	03:49	Finished
465	243	Jack Coy	00:57:14	MSEN	243	Herne Hill Harriers	m	243	15.73	03:49	Finished
364	244	George Fernandez	00:57:17	MSEN	244	Eton Manor AC	m	244	15.71	03:49	Finished
1009	245	Tom Rule	00:57:18	MSEN	245	Tonbridge AC	m	245	15.71	03:49	Finished
849	246	Jono Wood	00:57:18	MSEN	246	South London Harriers	m	246	15.71	03:49	Finished
892	247	Jonathan Pennell	00:57:19	MSEN	247	St Albans Striders	m	247	15.7	03:49	Finished
296	248	Bruce Harrold	00:57:20	MSEN	248	Dorking & Mole Valley AC	m	248	15.7	03:49	Finished
482	249	Ben Millar	00:57:21	MSEN	249	Herne Hill Harriers	m	249	15.69	03:49	Finished
841	250	Jack Harrison	00:57:27	MSEN	250	South London Harriers	m	250	15.67	03:50	Finished
1016	251	James Arrowsmith	00:57:27	MSEN	251	Trent Park Running Club	m	251	15.67	03:50	Finished
629	252	Gian giacomco Valentini	00:57:27	MSEN	252	Kent AC	m	252	15.67	03:50	Finished
659	253	Fergal Joyce	00:57:30	MSEN	253	London Frontrunners	m	253	15.65	03:50	Finished
788	254	Steve Bass	00:57:32	MSEN	254	Reigate Priory AC	m	254	15.64	03:50	Finished
1126	255	San Wilson	00:57:41	MSEN	255	Wycombe Phoenix Harriers	m	255	15.6	03:51	Finished
880	256	Edward Anders	00:57:48	MSEN	256	St Albans Striders	m	256	15.57	03:51	Finished
379	257	Callum Mason	00:57:53	MSEN	257	Fulham Running Club	m	257	15.55	03:52	Finished
237	258	Rory Smith	00:57:55	MSEN	258	Clapham Chasers RC	m	258	15.54	03:52	Finished
1124	259	Pul Gilbert	00:57:56	MSEN	259	Wycombe Phoenix Harriers	m	259	15.54	03:52	Finished
85	260	Ben Hurley	00:57:57	MSEN	260	Belgrave Harriers	m	260	15.53	03:52	Finished
775	261	Tom Cameron	00:57:58	MSEN	261	Ranelagh Harriers	m	261	15.53	03:52	Finished
344	262	Colin Foster	00:58:00	MSEN	262	Ealing Southall & Middlesex AC	m	262	15.52	03:52	Finished
1086	263	Tim Allen	00:58:04	MSEN	263	Weald Tri Club	m	263	15.5	03:52	Finished
49	264	Jim Addison	00:58:05	MSEN	264	Beckenham RC	m	264	15.49	03:52	Finished
903	265	Lee Flanagan	00:58:06	MSEN	265	Striders of Croydon	m	265	15.49	03:52	Finished
225	266	Wesley Adams	00:58:07	MSEN	266	Chichester Runners & AC	m	266	15.49	03:52	Finished
131	267	Darren Corneille	00:58:09	MSEN	267	Blackheath & Bromley Harriers	m	267	15.48	03:53	Finished
935	268	Will Scott	00:58:10	MSEN	268	Thames Hare & Hounds	m	268	15.47	03:53	Finished
969	269	Chris Coates	00:58:11	MSEN	269	The Stragglers RC	m	269	15.47	03:53	Finished
359	270	James Wilson	00:58:14	MSEN	270	Epsom & Ewell Harriers	m	270	15.46	03:53	Finished
16	271	Ethan Kendall	00:58:16	MSEN	271	Aldershot Farnham & DAC	m	271	15.45	03:53	Finished
943	272	Yann Bouremel	00:58:16	MSEN	272	Thames Valley Harriers	m	272	15.45	03:53	Finished
170	273	Alex Cruttenden	00:58:19	MSEN	273	Brighton Phoenix AC	m	273	15.43	03:53	Finished
326	274	Alex Loftus	00:58:20	MSEN	274	Dulwich Runners AC	m	274	15.43	03:53	Finished
797	275	Runner 797	00:58:21	MSEN	275	Royston Runners	m	275	15.42	03:53	Finished
139	276	Gregory Firth	00:58:22	MSEN	276	Blackheath & Bromley Harriers	m	276	15.42	03:53	Finished
136	277	Luca Ercolani	00:58:23	MSEN	277	Blackheath & Bromley Harriers	m	277	15.42	03:54	Finished
390	278	Andrew Moulden	00:58:24	MSEN	278	Greenwich Tritons	m	278	15.41	03:54	Finished
384	279	John Wray	00:58:24	MSEN	279	Fulham Running Club	m	279	15.41	03:54	Finished
376	280	Fred Levy	00:58:26	MSEN	280	Fulham Running Club	m	280	15.4	03:54	Finished
599	281	Robert Laing	00:58:27	MSEN	281	Kent AC	m	281	15.4	03:54	Finished
554	282	Barry Buchanan	00:58:30	MSEN	282	Hy Runners	m	282	15.38	03:54	Finished
577	283	Tim Alexander	00:58:34	MSEN	283	Kent AC	m	283	15.37	03:54	Finished
724	284	Andy Davies	00:58:35	MSEN	284	Mornington Chasers RC	m	284	15.36	03:54	Finished
476	285	Tom Irish	00:58:40	MSEN	285	Herne Hill Harriers	m	285	15.34	03:55	Finished
778	286	Mark Herbert	00:58:44	MSEN	286	Ranelagh Harriers	m	286	15.32	03:55	Finished
828	287	Robert Rigby	00:58:44	MSEN	287	Shaftesbury Barnet Harriers	m	287	15.32	03:55	Finished
820	288	Philip Whitehouse	00:58:45	MSEN	288	Serpentine RC	m	288	15.32	03:55	Finished
813	289	Ewan Maynard	00:58:46	MSEN	289	Serpentine RC	m	289	15.31	03:55	Finished
172	290	James Hampshire	00:58:47	MSEN	290	Brighton Phoenix AC	m	290	15.31	03:55	Finished
394	291	Terry Booth	00:58:47	MSEN	291	Guildford & Godalming AC	m	291	15.31	03:55	Finished
550	292	Carl Adams	00:58:47	MSEN	292	Hy Runners	m	292	15.31	03:55	Finished
1049	293	Edward Steele	00:58:47	MSEN	293	Tunbridge Wells Harriers	m	293	15.31	03:55	Finished
757	294	Colin Read	00:58:49	MSEN	294	Orion Harriers	m	294	15.3	03:55	Finished
696	295	Martin Potter	00:58:49	MSEN	295	London Heathside AC	m	295	15.3	03:55	Finished
243	296	Reynald Pouchin	00:58:50	MSEN	296	Clapham Pioneers	m	296	15.3	03:55	Finished
635	297	Charlie Mead	00:58:54	MSEN	297	Leighton Buzzard AC	m	297	15.28	03:56	Finished
503	298	Michael Dan	00:58:54	MSEN	298	Highgate Harriers	m	298	15.28	03:56	Finished
282	299	Connor Burford	00:58:56	MSEN	299	Dartford Harriers AC	m	299	15.27	03:56	Finished
417	300	Ian Anthony	00:58:59	MSEN	300	Havering AC	m	300	15.26	03:56	Finished
321	301	Shane Donlon	00:58:59	MSEN	301	Dulwich Runners AC	m	301	15.26	03:56	Finished
832	302	Lee Curd	00:59:01	MSEN	302	South Kent Harriers	m	302	15.25	03:56	Finished

176	303	Donald Maclellan	00:59:05	MSEN	303	Brighton Phoenix AC	m	303	15.23	03:56	Finished
1091	304	Jon Bruce	00:59:07	MSEN	304	Wimbledon Windmilers RC	m	304	15.22	03:56	Finished
768	305	Joe Godden	00:59:08	MSEN	305	Poole Runners	m	305	15.22	03:57	Finished
10	306	Mike Boucher	00:59:11	MSEN	306	Aldershot Farnham & DAC	m	306	15.21	03:57	Finished
807	307	Peter Clarke	00:59:12	MSEN	307	Serpentine RC	m	307	15.2	03:57	Finished
133	308	Jshua Dowling	00:59:14	MSEN	308	Blackheath & Bromley Harriers	m	308	15.19	03:57	Finished
808	309	James Gillanders	00:59:20	MSEN	309	Serpentine RC	m	309	15.17	03:57	Finished
973	310	Alastair Hat	00:59:22	MSEN	310	The Stragglers RC	m	310	15.16	03:57	Finished
488	311	Jonathan Ratcliffe	00:59:25	MSEN	311	Herne Hill Harriers	m	311	15.15	03:58	Finished
320	312	Eugene Cross	00:59:27	MSEN	312	Dulwich Runners AC	m	312	15.14	03:58	Finished
585	313	Lee Davies	00:59:34	MSEN	313	Kent AC	m	313	15.11	03:58	Finished
112	314	Simon Wells	00:59:35	MSEN	314	Bexley AC	m	314	15.1	03:58	Finished
870	315	Thomas Walsh	00:59:37	MSEN	315	Southend on Sea AC	m	315	15.1	03:58	Finished
803	316	Simon Barrett	00:59:37	MSEN	316	Serpentine RC	m	316	15.1	03:58	Finished
479	317	Jonathan Key	00:59:40	MSEN	317	Herne Hill Harriers	m	317	15.08	03:59	Finished
35	318	Luke Roberts	00:59:40	MSEN	318	Ashford & D RC	m	318	15.08	03:59	Finished
227	319	Michael Kwoka	00:59:41	MSEN	319	Chichester Runners & AC	m	319	15.08	03:59	Finished
779	320	Chris Lepine	00:59:44	MSEN	320	Ranelagh Harriers	m	320	15.07	03:59	Finished
327	321	Alastair Lowe-macrae	00:59:46	MSEN	321	Dulwich Runners AC	m	321	15.06	03:59	Finished
7	322	Richard Batchelor	00:59:49	MSEN	322	Aldershot Farnham & DAC	m	322	15.05	03:59	Finished
1074	323	Tiago Mendes	00:59:53	MSEN	323	Victoria Park H & Tower H AC	m	323	15.03	04:00	Finished
893	324	Andrew Shaw	00:59:53	MSEN	324	St Albans Striders	m	324	15.03	04:00	Finished
842	325	Graham Lane	00:59:58	MSEN	325	South London Harriers	m	325	15.01	04:00	Finished
143	326	Steven Hough	01:00:01	MSEN	326	Blackheath & Bromley Harriers	m	326	15	04:00	Finished
886	327	Thomas Croft	01:00:03	MSEN	327	St Albans Striders	m	327	14.99	04:00	Finished
474	328	Andrew Georgeson	01:00:03	MSEN	328	Herne Hill Harriers	m	328	14.99	04:00	Finished
380	329	Stephen Mcleod	01:00:04	MSEN	329	Fulham Running Club	m	329	14.98	04:00	Finished
961	330	Tom Slater	01:00:05	MSEN	330	Thames Valley Harriers	m	330	14.98	04:00	Finished
154	331	In Scott	01:00:06	MSEN	331	Blackheath & Bromley Harriers	m	331	14.98	04:00	Finished
875	332	Peter Chubb	01:00:06	MSEN	332	Springfield Striders RC	m	332	14.98	04:00	Finished
504	333	Alex Davidson	01:00:07	MSEN	333	Highgate Harriers	m	333	14.97	04:00	Finished
636	334	Greg Pearce	01:00:10	MSEN	334	Leighton Buzzard AC	m	334	14.96	04:01	Finished
204	335	James Pitts	01:00:11	MSEN	335	Cambridge Harriers	m	335	14.95	04:01	Finished
1064	336	Dom Gooch	01:00:16	MSEN	336	Victoria Park H & Tower H AC	m	336	14.93	04:01	Finished
351	337	James Ball	01:00:18	MSEN	337	Epsom & Ewell Harriers	m	337	14.93	04:01	Finished
325	338	Murray Humphrey	01:00:27	MSEN	338	Dulwich Runners AC	m	338	14.89	04:02	Finished
168	339	Alexander Bonzi	01:00:27	MSEN	339	Brighton Phoenix AC	m	339	14.89	04:02	Finished
970	340	Donovan Duffy	01:00:31	MSEN	340	The Stragglers RC	m	340	14.87	04:02	Finished
591	341	Ian Ellwood	01:00:45	MSEN	341	Kent AC	m	341	14.81	04:03	Finished
686	342	Chris Hartley	01:00:47	MSEN	342	London Heathside AC	m	342	14.81	04:03	Finished
578	343	Daniel Ansell	01:00:51	MSEN	343	Kent AC	m	343	14.79	04:03	Finished
421	344	Martin Chester	01:00:52	MSEN	344	Havering AC	m	344	14.79	04:03	Finished
121	345	Geoff Kelly	01:00:53	MSEN	345	Billericay Striders RC	m	345	14.78	04:04	Finished
313	346	James Burrows	01:00:53	MSEN	346	Dulwich Runners AC	m	346	14.78	04:04	Finished
658	347	Haydn Johnson	01:00:54	MSEN	347	London Frontrunners	m	347	14.78	04:04	Finished
283	348	Reuben Burford	01:00:55	MSEN	348	Dartford Harriers AC	m	348	14.77	04:04	Finished
241	349	Andy Mcnaught	01:01:00	MSEN	349	Clapham Pioneers	m	349	14.75	04:04	Finished
332	350	Gower Tan	01:01:05	MSEN	350	Dulwich Runners AC	m	350	14.73	04:04	Finished
300	351	Zach Bredemear	01:01:06	MSEN	351	Dulwich Park Runners	m	351	14.73	04:04	Finished
697	352	Jose Sabroso	01:01:10	MSEN	352	London Heathside AC	m	352	14.71	04:05	Finished
260	353	David Brown	01:01:11	MSEN	353	Croydon Harriers	m	353	14.71	04:05	Finished
369	354	Graham White	01:01:12	MSEN	354	Eton Manor AC	m	354	14.71	04:05	Finished
947	355	Manuel Da Silva	01:01:14	MSEN	355	Thames Valley Harriers	m	355	14.7	04:05	Finished
1055	356	Carl Whittaker	01:01:14	MSEN	356	Vegan Runners UK	m	356	14.7	04:05	Finished
835	357	Darren Scrivens	01:01:17	MSEN	357	South Kent Harriers	m	357	14.69	04:05	Finished
102	358	Jon Fish	01:01:18	MSEN	358	Bexley AC	m	358	14.68	04:05	Finished
473	359	Tom Foster	01:01:24	MSEN	359	Herne Hill Harriers	m	359	14.66	04:06	Finished
1107	360	Pete Riley	01:01:26	MSEN	360	Witham Running club	m	360	14.65	04:06	Finished
615	361	Laurie Oliver	01:01:26	MSEN	361	Kent AC	m	361	14.65	04:06	Finished
621	362	Tim Sharp	01:01:26	MSEN	362	Kent AC	m	362	14.65	04:06	Finished
233	363	Fergus Ingledew	01:01:27	MSEN	363	Clapham Chasers RC	m	363	14.65	04:06	Finished
155	364	Paul Sharpe	01:01:27	MSEN	364	Blackheath & Bromley Harriers	m	364	14.65	04:06	Finished
710	365	Eliot Winter	01:01:33	MSEN	365	Marshall Milton Keynes AC	m	365	14.62	04:06	Finished
240	366	Emmet McBride	01:01:43	MSEN	366	Clapham Pioneers	m	366	14.58	04:07	Finished
246	367	Michael Wiggins	01:01:45	MSEN	367	Clapham Pioneers	m	367	14.57	04:07	Finished
1080	368	Will Brotherson	01:01:45	MSEN	368	Watford Joggers	m	368	14.57	04:07	Finished
388	369	Chris Jones	01:01:46	MSEN	369	Garden City Runners	m	369	14.57	04:07	Finished
660	370	Tobias Kelley	01:01:49	MSEN	370	London Frontrunners	m	370	14.56	04:07	Finished
706	371	Stephen Ratcliffe	01:01:50	MSEN	371	Marshall Milton Keynes AC	m	371	14.56	04:07	Finished
373	372	Rory Freeman	01:01:52	MSEN	372	Fulham Running Club	m	372	14.55	04:07	Finished
1010	373	Graeme Saker	01:01:52	MSEN	373	Tonbridge AC	m	373	14.55	04:07	Finished
151	374	Martin Parkinson	01:01:53	MSEN	374	Blackheath & Bromley Harriers	m	374	14.54	04:08	Finished
470	375	William Ellison	01:01:54	MSEN	375	Herne Hill Harriers	m	375	14.54	04:08	Finished
565	376	Jamie Webb	01:01:55	MSEN	376	Hy Runners	m	376	14.54	04:08	Finished
341	377	Akira Anzai-jackson	01:01:57	MSEN	377	Ealing Southall & Middlesex AC	m	377	14.53	04:08	Finished
681	378	Matt Beard	01:02:03	MSEN	378	London Heathside AC	m	378	14.5	04:08	Finished
60	379	Fred Ungoed-courtney	01:02:06	MSEN	379	Beckenham RC	m	379	14.49	04:08	Finished
396	380	Ian Davies	01:02:08	MSEN	380	Guildford & Godalming AC	m	380	14.48	04:09	Finished
908	381	Erik Schrijnemaekers	01:02:13	MSEN	381	Striders of Croydon	m	381	14.47	04:09	Finished
518	382	Adam Lennox	01:02:15	MSEN	382	Highgate Harriers	m	382	14.46	04:09	Finished
24	383	Robert Wakefield	01:02:15	MSEN	383	Aldershot Farnham & DAC	m	383	14.46	04:09	Finished
543	384	Sean Barker	01:02:16	MSEN	384	Huntingdonshire AC	m	384	14.45	04:09	Finished
337	385	Jose Pabon	01:02:18	MSEN	385	Ealing Eagles Running Club	m	385	14.45	04:09	Finished
897	386	Tom Rankin	01:02:19	MSEN	386	Stopsley Striders JC	m	386	14.44	04:09	Finished
142	387	Simon Harris	01:02:19	MSEN	387	Blackheath & Bromley Harriers	m	387	14.44	04:09	Finished
704	388	Mark Dowson	01:02:21	MSEN	388	Marshall Milton Keynes AC	m	388	14.43	04:09	Finished
415	389	Joe Gammell	01:02:23	MSEN	389	Harrow AC	m	389	14.43	04:10	Finished
372	390	Robin Ellis	01:02:25	MSEN	390	Fulham Running Club	m	390	14.42	04:10	Finished
432	391	Richard Skilbeck	01:02:26	MSEN	391	Headington Road Runners	m	391	14.42	04:10	Finished
264	392	Ashley George	01:02:29	MSEN	392	Croydon Harriers	m	392	14.4	04:10	Finished
657	393	Alex Hellier	01:02:31	MSEN	393	London Frontrunners	m	393	14.4	04:10	Finished
811	394	Raoul Huysmans	01:02:36	MSEN	394	Serpentine RC	m	394	14.38	04:10	Finished
800	395	Runner 800	01:02:37	MSEN	395	Royston Runners	m	395	14.37	04:10	Finished
600	396	Joshua Lennard-jones	01:02:38	MSEN	396	Kent AC	m	396	14.37	04:11	Finished
449	397	Peter Lee	01:02:41	MSEN	397	Hercules Wimbledon AC	m	397	14.36	04:11	Finished
699	398	Rob Shulman	01:02:47	MSEN	398	London Heathside AC	m	398	14.34	04:11	Finished
1040	399	Alex Holmes	01:02:48	MSEN	399	Tunbridge Wells Harriers	m	399	14.33	04:11	Finished
1056	400	Andreas Adamides	01:02:52	MSEN	400	Victoria Park H & Tower H AC	m	400	14.32	04:11	Finished
6	401	Matt Hills	01:02:53	MSEN	401	Abingdon AC	m	401	14.31	04:12	Finished
431	402	See wah Cheng	01:02:54	MSEN	402	Headington Road Runners	m	402	14.31	04:12	Finished
317	403	Lloyd Collier	01:02:55	MSEN	403	Dulwich Runners AC	m	403	14.3	04:12	Finished

687	404	Liam Hazelton	01:02:58	MSEN	404	London Heathside AC	m	404	14.29	04:12	Finished
535	405	Paul Leppard	01:03:00	MSEN	405	Hillingdon AC	m	405	14.29	04:12	Finished
126	406	Andy Wright	01:03:05	MSEN	406	Billericay Striders RC	m	406	14.27	04:12	Finished
1027	407	Rob Baldock	01:03:10	MSEN	407	Tri London	m	407	14.25	04:13	Finished
887	408	Richard Davis	01:03:12	MSEN	408	St Albans Striders	m	408	14.24	04:13	Finished
734	409	Stephen Dipre	01:03:15	MSEN	409	New Eltham Joggers	m	409	14.23	04:13	Finished
319	410	Des Crinion	01:03:22	MSEN	410	Dulwich Runners AC	m	410	14.2	04:13	Finished
691	411	Paul Mercer	01:03:26	MSEN	411	London Heathside AC	m	411	14.19	04:14	Finished
954	412	James Malcolm	01:03:28	MSEN	412	Thames Valley Harriers	m	412	14.18	04:14	Finished
331	413	Andrew Scott	01:03:29	MSEN	413	Dulwich Runners AC	m	413	14.18	04:14	Finished
760	414	Sephen Thompson	01:03:33	MSEN	414	Orion Harriers	m	414	14.16	04:14	Finished
836	415	Robert Whitworth	01:03:38	MSEN	415	South Kent Harriers	m	415	14.14	04:15	Finished
771	416	Ruben Carvajal	01:03:40	MSEN	416	Queens Park Harriers	m	416	14.14	04:15	Finished
108	417	Martin Jenner	01:03:40	MSEN	417	Bexley AC	m	417	14.14	04:15	Finished
350	418	Stephen Howard	01:03:45	MSEN	418	Ely Runners	m	418	14.12	04:15	Finished
906	419	Andy Perks	01:03:46	MSEN	419	Striders of Croydon	m	419	14.11	04:15	Finished
582	420	Tom Carpenter	01:03:47	MSEN	420	Kent AC	m	420	14.11	04:15	Finished
992	421	Anthony Crush	01:03:50	MSEN	421	Tonbridge AC	m	421	14.1	04:15	Finished
273	422	Marcos Palomares-conde	01:03:56	MSEN	422	Croydon Harriers	m	422	14.08	04:16	Finished
901	423	Luke Burden	01:03:58	MSEN	423	Striders of Croydon	m	423	14.07	04:16	Finished
520	424	Joseph Lowe	01:03:58	MSEN	424	Highgate Harriers	m	424	14.07	04:16	Finished
125	425	Barry Weldon	01:04:02	MSEN	425	Billericay Striders RC	m	425	14.06	04:16	Finished
367	426	Jonathan Leith	01:04:03	MSEN	426	Eton Manor AC	m	426	14.05	04:16	Finished
324	427	Jonny Howe	01:04:08	MSEN	427	Dulwich Runners AC	m	427	14.03	04:17	Finished
890	428	Joe Mccormick	01:04:16	MSEN	428	St Albans Striders	m	428	14	04:17	Finished
343	429	Robert Brown	01:04:20	MSEN	429	Faling Southall & Middlesex AC	m	429	13.99	04:17	Finished
881	430	Nigel Aston	01:04:25	MSEN	430	St Albans Striders	m	430	13.97	04:18	Finished
1096	431	Philp Reeves	01:04:27	MSEN	431	Wimbledon Windmilers RC	m	431	13.96	04:18	Finished
389	432	Dom Thomas	01:04:33	MSEN	432	Garden City Runners	m	432	13.94	04:18	Finished
898	433	Kallum Wright	01:04:35	MSEN	433	Stopsley Striders JC	m	433	13.94	04:18	Finished
256	434	Adam Styles	01:04:36	MSEN	434	Crowborough Runners	m	434	13.93	04:18	Finished
178	435	Steve Seth	01:04:41	MSEN	435	Brighton Phoenix AC	m	435	13.91	04:19	Finished
366	436	Russ Jones	01:04:48	MSEN	436	Eton Manor AC	m	436	13.89	04:19	Finished
1029	437	Arnaud Delaeter	01:04:50	MSEN	437	Tri London	m	437	13.88	04:19	Finished
919	438	Andy Colling	01:04:54	MSEN	438	Team Kennet Triathlon AC	m	438	13.87	04:20	Finished
647	439	Tom Seller	01:04:59	MSEN	439	Lingfield RC	m	439	13.85	04:20	Finished
682	440	Gavin Evans	01:05:00	MSEN	440	London Heathside AC	m	440	13.85	04:20	Finished
248	441	Antony Constantinou	01:05:06	MSEN	441	Collingwood AC	m	441	13.82	04:20	Finished
368	442	Robert Sommerville	01:05:08	MSEN	442	Eton Manor AC	m	442	13.82	04:21	Finished
293	443	Fraser Dawson	01:05:18	MSEN	443	Dorking & Mole Valley AC	m	443	13.78	04:21	Finished
238	444	Graham Sutherland	01:05:20	MSEN	444	Clapham Chasers RC	m	444	13.78	04:21	Finished
786	445	Andy Mcdonald	01:05:22	MSEN	445	Reading AC	m	445	13.77	04:21	Finished
275	446	Adam Shew	01:05:24	MSEN	446	Croydon Harriers	m	446	13.76	04:22	Finished
418	447	Gary Atkins	01:05:26	MSEN	447	Havering AC	m	447	13.75	04:22	Finished
1106	448	Lo Cole	01:05:28	MSEN	448	Witham Running club	m	448	13.75	04:22	Finished
124	449	Matthew Phillips	01:05:29	MSEN	449	Billericay Striders RC	m	449	13.74	04:22	Finished
40	450	Robert Scott	01:05:29	MSEN	450	Barnet & District AC	m	450	13.74	04:22	Finished
338	451	Harry Pearson	01:05:31	MSEN	451	Ealing Eagles Running Club	m	451	13.74	04:22	Finished
814	452	Jonathan Moscrop	01:05:32	MSEN	452	Serpentine RC	m	452	13.73	04:22	Finished
695	453	Leo Pemberton	01:05:38	MSEN	453	London Heathside AC	m	453	13.71	04:23	Finished
51	454	Nick Coogan	01:05:40	MSEN	454	Beckenham RC	m	454	13.71	04:23	Finished
211	455	Peter St amour	01:05:45	MSEN	455	Cambridge Harriers	m	455	13.69	04:23	Finished
29	456	Alex Francis	01:05:46	MSEN	456	Ashford & D RC	m	456	13.68	04:23	Finished
306	457	Anton Von borries	01:05:49	MSEN	457	Dulwich Park Runners	m	457	13.67	04:23	Finished
865	458	Matthew Aitken	01:05:49	MSEN	458	Southend on Sea AC	m	458	13.67	04:23	Finished
703	459	Ben Tavendale	01:05:50	MSEN	459	Lordhill RRC	m	459	13.67	04:23	Finished
304	460	James Hewlett	01:05:52	MSEN	460	Dulwich Park Runners	m	460	13.66	04:23	Finished
270	461	James Moore	01:05:55	MSEN	461	Croydon Harriers	m	461	13.65	04:24	Finished
801	462	Conrad Addo	01:05:57	MSEN	462	Serpentine RC	m	462	13.65	04:24	Finished
761	463	Tim Wright	01:05:58	MSEN	463	Orion Harriers	m	463	13.64	04:24	Finished
221	464	Antony Hylton	01:06:02	MSEN	464	Central Park Athletics	m	464	13.63	04:24	Finished
223	465	Mark Smith	01:06:03	MSEN	465	Central Park Athletics	m	465	13.63	04:24	Finished
146	466	Matthew Maddocks	01:06:04	MSEN	466	Blackheath & Bromley Harriers	m	466	13.62	04:24	Finished
782	467	Neil Rae	01:06:06	MSEN	467	Ranelagh Harriers	m	467	13.62	04:24	Finished
915	468	Tom Hastings	01:06:08	MSEN	468	Stubbington Green Runners	m	468	13.61	04:25	Finished
916	469	Martyn Poore	01:06:09	MSEN	469	Stubbington Green Runners	m	469	13.61	04:25	Finished
551	470	John Badrock	01:06:10	MSEN	470	Hy Runners	m	470	13.6	04:25	Finished
228	471	Ian Lawson	01:06:16	MSEN	471	Chiltern Harriers AC	m	471	13.58	04:25	Finished
299	472	Key Stroud	01:06:17	MSEN	472	Dorking & Mole Valley AC	m	472	13.58	04:25	Finished
303	473	Declan Greaves	01:06:18	MSEN	473	Dulwich Park Runners	m	473	13.57	04:25	Finished
537	474	Jeff Shotton	01:06:19	MSEN	474	Hillingdon AC	m	474	13.57	04:25	Finished
477	475	Ian Jack	01:06:19	MSEN	475	Herne Hill Harriers	m	475	13.57	04:25	Finished
534	476	David Knight	01:06:22	MSEN	476	Hillingdon AC	m	476	13.56	04:25	Finished
391	477	Greg Stinson	01:06:22	MSEN	477	Greenwich Tritons	m	477	13.56	04:25	Finished
58	478	Andy Regan	01:06:32	MSEN	478	Beckenham RC	m	478	13.53	04:26	Finished
239	479	Christopher Williams	01:06:34	MSEN	479	Clapham Chasers RC	m	479	13.52	04:26	Finished
568	480	Stephen Crane	01:06:38	MSEN	480	Ilford AC	m	480	13.51	04:27	Finished
909	481	Kerim Suruliz	01:06:40	MSEN	481	Striders of Croydon	m	481	13.5	04:27	Finished
1082	482	Jonathan Pitkin	01:06:43	MSEN	482	Watford Joggers	m	482	13.49	04:27	Finished
430	483	Andrew Bradley	01:06:47	MSEN	483	Headington Road Runners	m	483	13.48	04:27	Finished
147	484	Jason Meers	01:06:48	MSEN	484	Blackheath & Bromley Harriers	m	484	13.47	04:27	Finished
853	485	Matthew Crocker	01:06:50	MSEN	485	Southampton AC	m	485	13.47	04:27	Finished
383	486	Douglas Wood	01:06:53	MSEN	486	Fulham Running Club	m	486	13.46	04:28	Finished
676	487	Glyn Wise	01:06:55	MSEN	487	London Frontrunners	m	487	13.45	04:28	Finished
736	488	Robert Hicks	01:06:56	MSEN	488	New Eltham Joggers	m	488	13.45	04:28	Finished
750	489	Mark Mardell	01:06:59	MSEN	489	Norwich Road Runners	m	489	13.44	04:28	Finished
799	490	Runner 799	01:07:01	MSEN	490	Royston Runners	m	490	13.43	04:28	Finished
891	491	Anthony Nicolson	01:07:02	MSEN	491	St Albans Striders	m	491	13.43	04:28	Finished
175	492	Austen Hunter	01:07:02	MSEN	492	Brighton Phoenix AC	m	492	13.43	04:28	Finished
980	493	Gareth Pritchard	01:07:03	MSEN	493	The Stragglers RC	m	493	13.42	04:28	Finished
914	494	Chris Hall	01:07:03	MSEN	494	Stubbington Green Runners	m	494	13.42	04:28	Finished
790	495	Tom Irving	01:07:06	MSEN	495	Reigate Priory AC	m	495	13.41	04:28	Finished
425	496	Steve Walker	01:07:10	MSEN	496	Havering AC	m	496	13.4	04:29	Finished
32	497	Adrian Moody	01:07:13	MSEN	497	Ashford & D RC	m	497	13.39	04:29	Finished
848	498	George Tovey	01:07:18	MSEN	498	South London Harriers	m	498	13.37	04:29	Finished
484	499	Robert Nagorski	01:07:19	MSEN	499	Herne Hill Harriers	m	499	13.37	04:29	Finished
268	500	Terry Lapins	01:07:20	MSEN	500	Croydon Harriers	m	500	13.37	04:29	Finished
349	501	Richard Hill	01:07:21	MSEN	501	Ely Runners	m	501	13.36	04:29	Finished
769	502	Jhn Brosnan	01:07:31	MSEN	502	Queens Park Harriers	m	502	13.33	04:30	Finished
259	503	Jacob Armstrong plieith	01:07:36	MSEN	503	Croydon Harriers	m	503	13.31	04:30	Finished
913	504	Mark Eaton	01:07:37	MSEN	504	Stubbington Green Runners	m	504	13.31	04:30	Finished

730	505	Jonathan Low	01:07:39	MSEN	505	NEJ Running Club	m	505	13.3	04:31	Finished
1034	506	Robin Barwick	01:07:46	MSEN	506	Tunbridge Wells Harriers	m	506	13.28	04:31	Finished
675	507	Julian Williams	01:07:50	MSEN	507	London Frontrunners	m	507	13.27	04:31	Finished
1007	508	Mark Raymond	01:07:54	MSEN	508	Tonbridge AC	m	508	13.25	04:32	Finished
362	509	John Black	01:07:59	MSEN	509	Eton Manor AC	m	509	13.24	04:32	Finished
688	510	Jonathan Hopkin	01:08:02	MSEN	510	London Heathside AC	m	510	13.23	04:32	Finished
314	511	Andrea Ceccolini	01:08:11	MSEN	511	Dulwich Runners AC	m	511	13.2	04:33	Finished
245	512	Dan Stuart	01:08:13	MSEN	512	Clapham Pioneers	m	512	13.19	04:33	Finished
671	513	Chris Tibbett	01:08:20	MSEN	513	London Frontrunners	m	513	13.17	04:33	Finished
120	514	Steve Foggo	01:08:26	MSEN	514	Billericay Striders RC	m	514	13.15	04:34	Finished
789	515	Ian Burks	01:08:31	MSEN	515	Reigate Priory AC	m	515	13.14	04:34	Finished
648	516	Derwin Brennan	01:08:33	MSEN	516	London Frontrunners	m	516	13.13	04:34	Finished
272	517	Colin Oxlade	01:08:35	MSEN	517	Croydon Harriers	m	517	13.12	04:34	Finished
607	518	Paul McCrone	01:08:43	MSEN	518	Kent AC	m	518	13.1	04:35	Finished
722	519	Tim Paye	01:08:47	MSEN	519	Metropolitan Police AC	m	519	13.08	04:35	Finished
544	520	Derek Darnell	01:08:55	MSEN	520	Huntingdonshire AC	m	520	13.06	04:36	Finished
694	521	Andrew Owen	01:08:56	MSEN	521	London Heathside AC	m	521	13.06	04:36	Finished
1105	522	Colin Mcmanus	01:08:57	MSEN	522	Winchester & District AC	m	522	13.05	04:36	Finished
57	523	Nil Phillips	01:08:58	MSEN	523	Beckenham RC	m	523	13.05	04:36	Finished
713	524	Robert Furse	01:08:59	MSEN	524	Medway & Maidstone AC	m	524	13.05	04:36	Finished
278	525	James Tebbs	01:09:01	MSEN	525	Croydon Harriers	m	525	13.04	04:36	Finished
202	526	Graham Maynard	01:09:02	MSEN	526	Cambridge Harriers	m	526	13.04	04:36	Finished
358	527	James Thomas	01:09:06	MSEN	527	Epsom & Ewell Harriers	m	527	13.02	04:36	Finished
267	528	Matt Kiernan	01:09:10	MSEN	528	Croydon Harriers	m	528	13.01	04:37	Finished
666	529	Eliot Rees	01:09:11	MSEN	529	London Frontrunners	m	529	13.01	04:37	Finished
1043	530	Andrew Joad	01:09:14	MSEN	530	Tunbridge Wells Harriers	m	530	13	04:37	Finished
375	531	Trevor Ingram	01:09:16	MSEN	531	Fulham Running Club	m	531	12.99	04:37	Finished
1030	532	Federico Forti	01:09:16	MSEN	532	Tri London	m	532	12.99	04:37	Finished
1123	533	Martin Petry	01:09:20	MSEN	533	Worthing & District Harriers	m	533	12.98	04:37	Finished
47	534	Michael Hickey	01:09:25	MSEN	534	Basingstoke & Mid Hants AC	m	534	12.97	04:38	Finished
117	535	Phil Cooper	01:09:28	MSEN	535	Billericay Striders RC	m	535	12.96	04:38	Finished
668	536	Michael Rutherford	01:09:30	MSEN	536	London Frontrunners	m	536	12.95	04:38	Finished
235	537	Kostya Penkov	01:09:33	MSEN	537	Clapham Chasers RC	m	537	12.94	04:38	Finished
285	538	Paul Dawes	01:09:35	MSEN	538	Dartford Harriers AC	m	538	12.93	04:38	Finished
798	539	Runner 798	01:09:36	MSEN	539	Royston Runners	m	539	12.93	04:38	Finished
1121	540	Lee Gulliver	01:09:38	MSEN	540	Worthing & District Harriers	m	540	12.92	04:39	Finished
15	541	Andrew Hislop	01:09:41	MSEN	541	Aldershot Farnham & DAC	m	541	12.92	04:39	Finished
26	542	Adrian Beresford	01:09:42	MSEN	542	Ashford & D RC	m	542	12.91	04:39	Finished
263	543	Chris Dykes	01:09:47	MSEN	543	Croydon Harriers	m	543	12.9	04:39	Finished
558	544	Joe Moore	01:09:48	MSEN	544	Hy Runners	m	544	12.89	04:39	Finished
252	545	Adam Taylor	01:09:50	MSEN	545	Collingwood AC	m	545	12.89	04:39	Finished
728	546	James Heppleston	01:09:53	MSEN	546	NEJ Running Club	m	546	12.88	04:40	Finished
339	547	Phillip Turner	01:09:54	MSEN	547	Ealing Eagles Running Club	m	547	12.88	04:40	Finished
941	548	Greg Bennett	01:09:59	MSEN	548	Thames Valley Harriers	m	548	12.86	04:40	Finished
834	549	Raymond Pearce	01:10:01	MSEN	549	South Kent Harriers	m	549	12.85	04:40	Finished
1025	550	John Rose	01:10:04	MSEN	550	Trent Park Running Club	m	550	12.84	04:40	Finished
827	551	Tim Parkin	01:10:05	MSEN	551	Shaftesbury Barnet Harriers	m	551	12.84	04:40	Finished
802	552	Abu Asad	01:10:11	MSEN	552	Serpentine RC	m	552	12.82	04:41	Finished
809	553	Mtthew Hearne	01:10:17	MSEN	553	Serpentine RC	m	553	12.81	04:41	Finished
979	554	Mitch Peacock	01:10:17	MSEN	554	The Stragglers RC	m	554	12.81	04:41	Finished
28	555	Darren Fagg	01:10:21	MSEN	555	Ashford & D RC	m	555	12.79	04:41	Finished
575	556	Peter Moore	01:10:24	MSEN	556	Istead and Ifield Harriers	m	556	12.78	04:42	Finished
48	557	Terry Wegg	01:10:30	MSEN	557	Basingstoke & Mid Hants AC	m	557	12.77	04:42	Finished
429	558	Tim Hicks	01:10:39	MSEN	558	Haywards Heath Harriers	m	558	12.74	04:43	Finished
978	559	Mark Pattinson	01:10:46	MSEN	559	The Stragglers RC	m	559	12.72	04:43	Finished
258	560	Neil Aikman	01:10:51	MSEN	560	Croydon Harriers	m	560	12.7	04:43	Finished
884	561	Colin Braybrook	01:11:01	MSEN	561	St Albans Striders	m	561	12.67	04:44	Finished
1093	562	Gary Forde	01:11:07	MSEN	562	Wimbledon Windmilers RC	m	562	12.66	04:44	Finished
764	563	Francis Aznaran	01:11:12	MSEN	563	Oxford University AC	m	563	12.64	04:45	Finished
530	564	Dave Stherland	01:11:12	MSEN	564	Highgate Harriers	m	564	12.64	04:45	Finished
1052	565	Robert Winter	01:11:18	MSEN	565	Tunbridge Wells Harriers	m	565	12.62	04:45	Finished
975	566	Ian Hawkes	01:11:19	MSEN	566	The Stragglers RC	m	566	12.62	04:45	Finished
50	567	Mchael Beecher	01:11:23	MSEN	567	Beckenham RC	m	567	12.61	04:46	Finished
1038	568	George Harris	01:11:31	MSEN	568	Tunbridge Wells Harriers	m	568	12.58	04:46	Finished
968	569	Simon Brazil	01:11:33	MSEN	569	The Stragglers RC	m	569	12.58	04:46	Finished
198	570	David Hunter	01:11:40	MSEN	570	Cambridge Harriers	m	570	12.56	04:47	Finished
247	571	John Cazabon	01:11:42	MSEN	571	Collingwood AC	m	571	12.55	04:47	Finished
1142	572	Derek George	01:11:48	MSEN	572	Istead and Ifield Harriers	m	572	12.53	04:47	Finished
895	573	Mark Stevens	01:11:51	MSEN	573	St Albans Striders	m	573	12.53	04:47	Finished
748	574	Martin Howard	01:11:52	MSEN	574	Norwich Road Runners	m	574	12.52	04:47	Finished
911	575	Robert Zietz	01:12:08	MSEN	575	Striders of Croydon	m	575	12.48	04:49	Finished
107	576	Jonathan Hunter	01:12:12	MSEN	576	Bexley AC	m	576	12.47	04:49	Finished
632	577	Simon Neville	01:12:23	MSEN	577	Keswick AC	m	577	12.43	04:50	Finished
833	578	John Fortuna	01:12:25	MSEN	578	South Kent Harriers	m	578	12.43	04:50	Finished
739	579	Kechong Nguyen	01:12:26	MSEN	579	New Eltham Joggers	m	579	12.43	04:50	Finished
910	580	Simon Webster	01:12:27	MSEN	580	Striders of Croydon	m	580	12.42	04:50	Finished
721	581	Trevor Normoyle	01:12:31	MSEN	581	Metropolitan Police AC	m	581	12.41	04:50	Finished
731	582	Paul Brown	01:12:34	MSEN	582	New Eltham Joggers	m	582	12.4	04:50	Finished
651	583	Matt Clare	01:12:35	MSEN	583	London Frontrunners	m	583	12.4	04:50	Finished
55	584	David Olver	01:12:40	MSEN	584	Beckenham RC	m	584	12.39	04:51	Finished
532	585	Mark Wtson	01:12:47	MSEN	585	Highgate Harriers	m	585	12.37	04:51	Finished
1079	586	Alexander Chappell	01:13:05	MSEN	586	Ware Joggers	m	586	12.31	04:52	Finished
179	587	Ben Chamberlain	01:13:09	MSEN	587	Cambridge & Coleridge AC	m	587	12.3	04:53	Finished
1097	588	Sujan Sresta	01:13:11	MSEN	588	Wimbledon Windmilers RC	m	588	12.3	04:53	Finished
1099	589	Robbie Ventham	01:13:11	MSEN	589	Wimbledon Windmilers RC	m	589	12.3	04:53	Finished
405	590	Brian O'kane	01:13:15	MSEN	590	Guldford & Godalming AC	m	590	12.29	04:53	Finished
866	591	Richard Farr	01:13:16	MSEN	591	Southend on Sea AC	m	591	12.28	04:53	Finished
661	592	Roger Kennedy	01:13:20	MSEN	592	London Frontrunners	m	592	12.27	04:53	Finished
655	593	Rbert Dufton	01:13:23	MSEN	593	London Frontrunners	m	593	12.26	04:54	Finished
292	594	Andrew Cosmatos	01:13:49	MSEN	594	Dorking & Mole Valley AC	m	594	12.19	04:55	Finished
604	595	Philip Marsden	01:13:57	MSEN	595	Kent AC	m	595	12.17	04:56	Finished
1037	596	Andrew Deighton	01:13:59	MSEN	596	Tunbridge Wells Harriers	m	596	12.16	04:56	Finished
485	597	Valdis Pazuers	01:14:09	MSEN	597	Herne Hill Harriers	m	597	12.14	04:57	Finished
355	598	Peter Frost	01:14:12	MSEN	598	Epsom & Ewell Harriers	m	598	12.13	04:57	Finished
446	599	Craig Howard	01:14:12	MSEN	599	Hercules Wimbledon AC	m	599	12.13	04:57	Finished
872	600	Tim Brockington	01:14:13	MSEN	600	Springfield Striders RC	m	600	12.13	04:57	Finished
756	601	Dan Green	01:14:16	MSEN	601	Orion Harriers	m	601	12.12	04:57	Finished
1044	602	Kannan Mahalingam	01:14:18	MSEN	602	Tunbridge Wells Harriers	m	602	12.11	04:57	Finished
664	603	Francis O'callaghan	01:14:23	MSEN	603	London Frontrunners	m	603	12.1	04:58	Finished
135	604	Mark Ellison	01:14:24	MSEN	604	Blackheath & Bromley Harriers	m	604	12.1	04:58	Finished
1023	605	Martin Morgan	01:14:29	MSEN	605	Trent Park Running Club	m	605	12.08	04:58	Finished

115	606	Tony Agg	01:14:33	MSEN	606	Billericay Striders RC	m	606	12.07	04:58	Finished
407	607	Paul Sanderson	01:14:36	MSEN	607	Guldford & Godalming AC	m	607	12.06	04:58	Finished
1011	608	Richard Sargent	01:14:44	MSEN	608	Tonbridge AC	m	608	12.04	04:59	Finished
995	609	Steven Ellison	01:14:44	MSEN	609	Tonbridge AC	m	609	12.04	04:59	Finished
216	610	Barry Angell	01:14:51	MSEN	610	Central Park Athletics	m	610	12.02	04:59	Finished
727	611	Daniel Lewis	01:14:58	MSEN	611	Mornington Chasers RC	m	611	12.01	05:00	Finished
871	612	Danny Blowes	01:15:09	MSEN	612	Springfield Striders RC	m	612	11.98	05:01	Finished
194	613	Clem Dixon	01:15:09	MSEN	613	Cambridge Harriers	m	613	11.98	05:01	Finished
729	614	Mark Jenkinson	01:15:11	MSEN	614	NEJ Running Club	m	614	11.97	05:01	Finished
1094	615	Dean Mellows	01:15:18	MSEN	615	Wimbledon Windmilers RC	m	615	11.95	05:01	Finished
59	616	Anthony Tighe	01:15:20	MSEN	616	Beckenham RC	m	616	11.95	05:01	Finished
1026	617	Chas Taylor	01:15:21	MSEN	617	Trent Park Running Club	m	617	11.94	05:01	Finished
536	618	Martin Searle	01:15:23	MSEN	618	Hillingdon AC	m	618	11.94	05:02	Finished
792	619	Andrew Patrick	01:15:35	MSEN	619	Reigate Priory AC	m	619	11.91	05:02	Finished
209	620	Joe Sheldrake	01:15:36	MSEN	620	Cambridge Harriers	m	620	11.9	05:02	Finished
128	621	Luigi Arcuri	01:15:39	MSEN	621	Blackheath & Bromley Harriers	m	621	11.9	05:03	Finished
118	622	Alistar Daw	01:15:56	MSEN	622	Billericay Striders RC	m	622	11.85	05:04	Finished
153	623	Ifetobi Salako	01:16:00	MSEN	623	Blackheath & Bromley Harriers	m	623	11.84	05:04	Finished
371	624	David Canfield	01:16:04	MSEN	624	Fulham Running Club	m	624	11.83	05:04	Finished
653	625	Neil Colquhoun	01:16:18	MSEN	625	London Frontrunners	m	625	11.8	05:05	Finished
261	626	Andrew Del nevo	01:16:20	MSEN	626	Croydon Harriers	m	626	11.79	05:05	Finished
302	627	Sam Duong	01:16:23	MSEN	627	Dulwich Park Runners	m	627	11.78	05:06	Finished
720	628	Aidan Kelly	01:16:23	MSEN	628	Metropolitan Police AC	m	628	11.78	05:06	Finished
879	629	David Scarfe	01:16:31	MSEN	629	Springfield Striders RC	m	629	11.76	05:06	Finished
1084	630	Colin Taylor	01:16:37	MSEN	630	Watford Joggers	m	630	11.75	05:06	Finished
663	631	Glynn Mcdonald	01:16:40	MSEN	631	London Frontrunners	m	631	11.74	05:07	Finished
917	632	Andrew Stockwell	01:16:55	MSEN	632	Stubbington Green Runners	m	632	11.7	05:08	Finished
356	633	Gareth George	01:16:59	MSEN	633	Epsom & Ewell Harriers	m	633	11.69	05:08	Finished
737	634	Dai Jones	01:17:14	MSEN	634	New Eltham Joggers	m	634	11.65	05:09	Finished
1120	635	Evert Baker	01:17:25	MSEN	635	Worthing & District Harriers	m	635	11.63	05:10	Finished
1024	636	Kai Parker	01:17:44	MSEN	636	Trent Park Running Club	m	636	11.58	05:11	Finished
1060	637	William Burbridge-james	01:17:49	MSEN	637	Victoria Park H & Tower H AC	m	637	11.57	05:11	Finished
212	638	Steven Clark	01:17:56	MSEN	638	Canterbury Harriers	m	638	11.55	05:12	Finished
940	639	Richard Bell	01:18:03	MSEN	639	Thames Valley Harriers	m	639	11.53	05:12	Finished
1054	640	Alan Roberts	01:18:55	MSEN	640	Vale of Aylesbury AC	m	640	11.4	05:16	Finished
305	641	David Mullany	01:19:14	MSEN	641	Dulwich Park Runners	m	641	11.36	05:17	Finished
831	642	Lee Brewer	01:20:08	MSEN	642	South Kent Harriers	m	642	11.23	05:21	Finished
877	643	Peter Houlihan	01:20:39	MSEN	643	Springfield Striders RC	m	643	11.16	05:23	Finished
301	644	Rob Coles	01:20:50	MSEN	644	Dulwich Park Runners	m	644	11.13	05:23	Finished
428	645	Carl Bicknell	01:21:13	MSEN	645	Haywards Heath Harriers	m	645	11.08	05:25	Finished
1048	646	Michael Russell	01:21:21	MSEN	646	Tunbridge Wells Harriers	m	646	11.06	05:25	Finished
562	647	Daniel Russell	01:21:39	MSEN	647	Hy Runners	m	647	11.02	05:27	Finished
540	648	Trevor Steeples	01:21:44	MSEN	648	Hillingdon AC	m	648	11.01	05:27	Finished
896	649	Richard Hardy	01:22:06	MSEN	649	Stopsley Striders JC	m	649	10.96	05:28	Finished
738	650	Nigel Kent	01:22:22	MSEN	650	New Eltham Joggers	m	650	10.93	05:29	Finished
912	651	Stuart Bamberger	01:22:40	MSEN	651	Stubbington Green Runners	m	651	10.89	05:31	Finished
42	652	Chris Violet	01:23:01	MSEN	652	Barnet & District AC	m	652	10.84	05:32	Finished
746	653	Roly Cook	01:23:29	MSEN	653	Norwich Road Runners	m	653	10.78	05:34	Finished
1020	654	Eamonn Cullen	01:23:59	MSEN	654	Trent Park Running Club	m	654	10.72	05:36	Finished
1045	655	Nick Pierce	01:24:00	MSEN	655	Tunbridge Wells Harriers	m	655	10.71	05:36	Finished
733	656	Aan Cox	01:24:33	MSEN	656	New Eltham Joggers	m	656	10.64	05:38	Finished
1046	657	Duncan Ralph	01:24:41	MSEN	657	Tunbridge Wells Harriers	m	657	10.63	05:39	Finished
53	658	Pttrick Kerrins	01:26:02	MSEN	658	Beckenham RC	m	658	10.46	05:44	Finished
294	659	Chris Edwards	01:26:08	MSEN	659	Dorking & Mole Valley AC	m	659	10.45	05:45	Finished
1085	660	Colin Williams	01:26:11	MSEN	660	Watford Joggers	m	660	10.44	05:45	Finished
889	661	Michael Jack	01:28:46	MSEN	661	St Albans Striders	m	661	10.14	05:55	Finished
751	662	Tony Millett	01:29:19	MSEN	662	Norwich Road Runners	m	662	10.08	05:57	Finished
964	663	Lawrence Tse	01:30:05	MSEN	663	Thames Valley Harriers	m	663	9.99	06:00	Finished
918	664	Lionel Gunn	01:34:31	MSEN	664	Sutton Runners	m	664	9.52	06:18	Finished
392	665	Vernon Thomas	01:36:11	MSEN	665	Greenwich Tritons	m	665	9.36	06:25	Finished