



LOUGHTON ATHLETIC CLUB

Unto the Fields 2023

7.30pm, 16 May 2023 @ Roding Valley Recreation Ground, Loughton

Women's individual results

#	P	Time	Name	Club
383	1st	32:28	Zoe Oldfield (W40)	Loughton AC
433	2nd	33:13	Eleanor George (SW)	Eton Manor
428	3rd	34:17	Jenny Heymann (W)	Eton Manor
403	4th	34:34	Ali Trauttmansdorff (W50)	Loughton AC
482	5th	34:49	Harriet Robson (SW)	Eton Manor
434	6th	34:57	Liz Haigh (SW)	Eton Manor
420	7th	35:08	Jess Verrall (SW)	Eton Manor
382	8th	36:53	Mary Knapman (W40)	Loughton AC
399	9th	37:34	Victoria Thompson (W40)	Loughton AC
464	10th	37:54	Caroline Frith (W40)	East London Runners
432	11th	38:04	Mariann Dosa (SW)	Eton Manor
400	12th	38:14	Lorna Gaffney (W50)	Loughton AC
462	13th	40:13	Annie Trihan (SW)	Victoria Park and Tower Hamlets AC
429	14th	40:33	Louise Vacher (W)	Eton Manor
397	15th	41:25	Jenny Richards (W40)	Loughton AC
402	16th	41:44	Melanie Peddle (W50)	Loughton AC
376	17th	42:49	Michelle Ayrton (W40)	Loughton AC
422	18th	43:31	Christina Long (W)	Eton Manor
457	19th	44:08	Jo Plumb (W50)	Orion
467	20th	44:15	Suzanne Taylor (W50)	East London Runners
377	21st	44:42	Rebecca Fricker (W40)	Loughton AC
466	22nd	45:15	Catriona Hault (W40)	East London Runners
405	23rd	45:37	Caroline Ford (W50)	Loughton AC
391	24th	45:55	Lisa Perryman (W40)	Loughton AC
378	25th	46:48	Deborah Davies (W40)	Loughton AC
438	26th	46:53	Janine Durrant (W)	Eton Manor
401	27th	49:46	Amanda Overy (W50)	Loughton AC
468	28th	51:55	Anna Dingle (W40)	East London Runners
375	29th	57:34	Helle Pilia (W40)	Loughton AC
379	30th	57:35	Katie Joyce (W40)	Loughton AC

Men's individual results

#	P	Time	Name	Club
445	1st	28:45	Mick Mcternan (M40)	Orion
444	2nd	28:57	Will Reed-Wright (SM)	Orion
441	3rd	29:02	Brian Jenkins (M40)	Orion
485	4th	29:12	Samuel Armstrong (SM)	Eton Manor
490	5th	29:22	Craig Stevens (SM)	Eton Manor
414	6th	29:37	George Fernandez (SM)	Eton Manor
483	7th	29:55	Simon Cottle (M40)	Eton Manor
477	8th	30:00	Paul Boddey (M40)	Eton Manor
408	9th	30:14	Humfrey Jeakins (SM)	Eton Manor
480	10th	31:06	Graham White (SM)	Eton Manor
481	11th	31:29	James Pilch (M40)	Eton Manor
367	12th	32:04	Jon Whitehouse (M50)	Loughton AC
354	13th	32:18	Nick Barker (M40)	Loughton AC
475	14th	32:42	Dylan Campbell (SM)	East London Runners
492	15th	32:48	Aaron Johnson-Chapman (M40)	Eton Manor
491	16th	32:49	Jonathan Drysdale (M40)	Eton Manor
454	17th	32:55	Bob Glasgow (M40)	Orion
356	18th	33:00	Alan Fricker (M40)	Loughton AC
479	19th	33:12	Russ Jones (M50)	Eton Manor
374	20th	33:32	Tom Abbott (SM)	Loughton AC
409	21st	33:49	Rob Sommerville (M)	Eton Manor
368	22nd	34:02	Bradley Mcgeough (SM)	Loughton AC
407	23rd	34:07	Owain Crispin (SM)	Eton Manor
470	24th	34:12	Andrew Baxter (M50)	East London Runners
484	25th	34:39	Sam Wright (SM)	Eton Manor
370	26th	35:29	James Lambden (M60)	Loughton AC
359	27th	35:47	Terry Stokes (M40)	Loughton AC
486	28th	35:53	Alex Dorrian (SM)	Eton Manor
413	29th	36:06	Richard Seddon (SM)	Eton Manor
412	30th	36:10	Dave Daugirda (M)	Eton Manor
360	31st	36:16	Nico Strydom (M40)	Loughton AC
453	32nd	36:28	Paul Goodhew (M50)	Orion
442	33rd	36:37	Glenn Gosling (M50)	Orion
460	34th	36:52	Simon Bonner (M40)	Victoria Park and Tower Hamlets AC
369	35th	36:53	Tom Meredith (SM)	Loughton AC
473	36th	37:25	Calvin Bobin (M60)	East London Runners
446	37th	37:59	Dave Brock (M60)	Orion
417	38th	38:30	Michael Cates (M)	Eton Manor
361	39th	39:33	John Stubbs (M40)	Loughton AC
357	40th	39:51	Ben Joyce (M40)	Loughton AC
476	41st	40:43	Gary Hooper (M)	Loughton AC
448	42nd	40:59	Simon Haigh (M50)	Orion
471	43rd	41:14	John O'Brien (M50)	East London Runners
489	44th	41:16	Graham Hall (M50)	Guest
443	45th	42:31	Paul Williams (M60)	Orion
478	46th	42:42	Geoff Nicholls (M60)	Eton Manor
364	47th	43:09	Steve Worrall (M40)	Loughton AC
365	48th	43:13	Jon Brown (M50)	Loughton AC
372	49th	45:30	Tim Horton (M60)	Loughton AC
362	50th	46:15	Paul Thomas (M40)	Loughton AC
355	51st	57:36	Mark Fox (M40)	Loughton AC



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#	P	W	M	Time	Name	Club
445	1st		1st	28:45	Mick Mcternan (M40)	Orion
444	2nd		2nd	28:57	Will Reed-Wright (SM)	Orion
441	3rd		3rd	29:02	Brian Jenkins (M40)	Orion
485	4th		4th	29:12	Samuel Armstrong (SM)	Eton Manor
490	5th		5th	29:22	Craig Stevens (SM)	Eton Manor
414	6th		6th	29:37	George Fernandez (SM)	Eton Manor
483	7th		7th	29:55	Simon Cottle (M40)	Eton Manor
477	8th		8th	30:00	Paul Boddey (M40)	Eton Manor
408	9th		9th	30:14	Humfrey Jeakins (SM)	Eton Manor
480	10th		10th	31:06	Graham White (SM)	Eton Manor
481	11th		11th	31:29	James Pilch (M40)	Eton Manor
367	12th		12th	32:04	Jon Whitehouse (M50)	Loughton AC
354	13th		13th	32:18	Nick Barker (M40)	Loughton AC
383	14th	1st		32:28	Zoe Oldfield (W40)	Loughton AC
475	15th		14th	32:42	Dylan Campbell (SM)	East London Runners
492	16th		15th	32:48	Aaron Johnson-Chapman (M40)	Eton Manor
491	17th		16th	32:49	Jonathan Drysdale (M40)	Eton Manor
454	18th		17th	32:55	Bob Glasgow (M40)	Orion
356	19th		18th	33:00	Alan Fricker (M40)	Loughton AC
479	20th		19th	33:12	Russ Jones (M50)	Eton Manor
433	21st	2nd		33:13	Eleanor George (SW)	Eton Manor
374	22nd		20th	33:32	Tom Abbott (SM)	Loughton AC
409	23rd		21st	33:49	Rob Sommerville (M)	Eton Manor
368	24th		22nd	34:02	Bradley Mcgeough (SM)	Loughton AC
407	25th		23rd	34:07	Owain Crispin (SM)	Eton Manor
470	26th		24th	34:12	Andrew Baxter (M50)	East London Runners
428	27th	3rd		34:17	Jenny Heymann (W)	Eton Manor
403	28th		4th	34:34	Ali Trauttmansdorff (W50)	Loughton AC
484	29th		25th	34:39	Sam Wright (SM)	Eton Manor
482	30th		5th	34:49	Harriet Robson (SW)	Eton Manor
434	31st		6th	34:57	Liz Haigh (SW)	Eton Manor
420	32nd		7th	35:08	Jess Verrall (SW)	Eton Manor
370	33rd		26th	35:29	James Lambden (M60)	Loughton AC
359	34th		27th	35:47	Terry Stokes (M40)	Loughton AC
486	35th		28th	35:53	Alex Dorrian (SM)	Eton Manor
413	36th		29th	36:06	Richard Seddon (SM)	Eton Manor
412	37th		30th	36:10	Dave Daugirda (M)	Eton Manor
360	38th		31st	36:16	Nico Strydom (M40)	Loughton AC
453	39th		32nd	36:28	Paul Goodhew (M50)	Orion
442	40th		33rd	36:37	Glenn Gosling (M50)	Orion
460	41st		34th	36:52	Simon Bonner (M40)	Victoria Park and Tower Hamlets AC
382	42nd	8th		36:53	Mary Knapman (W40)	Loughton AC
369	43rd		35th	36:53	Tom Meredith (SM)	Loughton AC
473	44th		36th	37:25	Calvin Bobin (M60)	East London Runners
399	45th		9th	37:34	Victoria Thompson (W40)	Loughton AC
464	46th		10th	37:54	Caroline Frith (W40)	East London Runners
446	47th		37th	37:59	Dave Brock (M60)	Orion
432	48th		11th	38:04	Mariann Dosa (SW)	Eton Manor
400	49th		12th	38:14	Lorna Gaffney (W50)	Loughton AC
417	50th		38th	38:30	Michael Cates (M)	Eton Manor
361	51st		39th	39:33	John Stubbs (M40)	Loughton AC
357	52nd		40th	39:51	Ben Joyce (M40)	Loughton AC
462	53rd	13th		40:13	Annie Trihan (SW)	Victoria Park and Tower Hamlets AC
429	54th		14th	40:33	Louise Vacher (W)	Eton Manor
476	55th		41st	40:43	Gary Hooper (M)	Loughton AC

448	56th	42nd	40:59	Simon Haigh (M50)	Orion
471	57th	43rd	41:14	John O'Brien (M50)	East London Runners
489	58th	44th	41:16	Graham Hall (M50)	Guest
397	59th	15th	41:25	Jenny Richards (W40)	Loughton AC
402	60th	16th	41:44	Melanie Peddle (W50)	Loughton AC
443	61st	45th	42:31	Paul Williams (M60)	Orion
478	62nd	46th	42:42	Geoff Nicholls (M60)	Eton Manor
376	63rd	17th	42:49	Michelle Ayrton (W40)	Loughton AC
364	64th	47th	43:09	Steve Worrall (M40)	Loughton AC
365	65th	48th	43:13	Jon Brown (M50)	Loughton AC
422	66th	18th	43:31	Christina Long (W)	Eton Manor
457	67th	19th	44:08	Jo Plumb (W50)	Orion
467	68th	20th	44:15	Suzanne Taylor (W50)	East London Runners
377	69th	21st	44:42	Rebecca Fricker (W40)	Loughton AC
466	70th	22nd	45:15	Catriona Hoult (W40)	East London Runners
372	71st	49th	45:30	Tim Horton (M60)	Loughton AC
405	72nd	23rd	45:37	Caroline Ford (W50)	Loughton AC
391	73rd	24th	45:55	Lisa Perryman (W40)	Loughton AC
362	74th	50th	46:15	Paul Thomas (M40)	Loughton AC
378	75th	25th	46:48	Deborah Davies (W40)	Loughton AC
438	76th	26th	46:53	Janine Durrant (W)	Eton Manor
401	77th	27th	49:46	Amanda Overy (W50)	Loughton AC
468	78th	28th	51:55	Anna Dingle (W40)	East London Runners
375	79th	29th	57:34	Helle Pilia (W40)	Loughton AC
379	80th	30th	57:35	Katie Joyce (W40)	Loughton AC
355	81st	51st	57:36	Mark Fox (M40)	Loughton AC



LOUGHTON ATHLETIC CLUB

Unto the Fields 2023

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Team results

Pos	Club (men)						Pos	Club (women)			
1st	Eton Manor	4	5	6	7	22	1st	Eton Manor	2	3	5
2nd	Orion Harriers	1	2	3	17	23	2nd	Loughton AC	1	4	8
3rd	Loughton AC	12	13	18	20	63	3rd	East London Runners	10	20	22
4th	East London Runners	14	24	36	43	117	4th	Victoria Park and Tower Hamlets AC	13		
5th	Victoria Park and Tower Hamlets AC	34					5th	Orion Harriers	19		

Overall team results including B teams

Pos	Club (men)						Pos	Club (women)			
1st	Eton Manor 'A'	4	5	6	7	22	1st	Eton Manor 'A'	2	3	5
2nd	Orion Harriers 'A'	1	2	3	17	23	2nd	Loughton AC 'A'	1	4	8
3rd	Eton Manor 'B'	8	9	10	11	38	3rd	Eton Manor 'B'	7	11	14
4th	Loughton AC 'A'	12	13	18	20	63	4th	Loughton AC 'B'	12	15	16
5th	Eton Manor 'C'	15	16	19	21	71	5th	East London Runners	10	20	22
6th	Loughton AC 'B'	22	26	27	31	106	6th	Loughton AC 'C'	21	23	24
7th	Eton Manor 'D'	25	28	29	30	112					
8th	East London Runners	14	24	36	43	117					
9th	Orion Harriers 'B'	32	33	37	42	144					
10th	Loughton AC 'C'	35	39	40	41	155					
11th	Loughton AC 'D'	47	48	49	50	194					

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6 **16**
9 **22**
28 **80**

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6 **16**
9 **22**
18 **50**
17 **60**
28 **80**
25 **93**