

Bib	Overall Position	Name	Guntime	Category	Team / Club
674	1	Holly Dixon	00:23:01	FSEN	Cambridge Harriers
933	2	Yvette Lock	00:23:18	FSEN	Thames Valley Harriers
667	3	Morgan Squibb	00:23:32	FSEN	Blackheath & Bromley Harriers
917	4	Serena Carter	00:23:53	FSEN	Thames Hare & Hounds
651	5	Emily Robbins	00:23:58	FSEN	Belgrave Harriers
695	6	Steph Mccall	00:24:04	FSEN	Clapham Chasers RC
924	7	Bethanie Murray	00:24:05	FSEN	Thames Hare & Hounds
896	8	Suzy Whatmough	00:24:33	FSEN	Ranelagh Harriers
923	9	Daisy Irving-hyman	00:24:35	FSEN	Thames Hare & Hounds
928	10	Hana Blake	00:24:37	FSEN	Thames Valley Harriers
804	11	Jennifer Nandi	00:24:40	FSEN	Herne Hill Harriers
760	12	Hannah Cox	00:24:44	FSEN	Fulham Running Club
707	13	Penny Oliver	00:24:46	FSEN	Croydon Harriers
888	14	Harriet Preddy	00:24:48	FSEN	Queens Park Harriers
652	15	Anna Sharp	00:24:54	FSEN	Belgrave Harriers
818	16	Yasmin Goater	00:24:56	FSEN	Highgate Harriers
637	17	Natalie Beadle	00:24:58	FSEN	Belgrave Harriers
646	18	Naomi Lenane	00:24:58	FSEN	Belgrave Harriers
855	19	Jessica Prior	00:25:08	FSEN	London Heathside AC
871	20	Ellie Baverstock	00:25:12	FSEN	Orion Harriers
795	21	Kaitlin Hewitt	00:25:13	FU20	Herne Hill Harriers
848	22	Katherine Hawkshaw	00:25:14	FSEN	London Heathside AC
653	23	Karen Xiang	00:25:21	FSEN	Belgrave Harriers
892	24	Cecily Day	00:25:23	FSEN	Ranelagh Harriers
922	25	Katy Hedgethorpe	00:25:36	FSEN	Thames Hare & Hounds
668	26	Zoe White	00:25:43	FSEN	Blackheath & Bromley Harriers
806	27	Nikki Sturzaker	00:25:44	FM	Herne Hill Harriers
862	28	Lily Woolcock	00:25:53	FSEN	London Heathside AC
743	29	Holly Wilkinson	00:25:54	FM	Ealing Eagles RC
844	30	Chiara Borg	00:25:56	FSEN	London Heathside AC
644	31	Ella-may Hards	00:26:00	FSEN	Belgrave Harriers
793	32	Karen Ellison	00:26:01	FM	Herne Hill Harriers
846	33	Ula Cartwright-finch	00:26:05	FM	London Heathside AC
638	34	Katarina Bonner	00:26:06	FSEN	Belgrave Harriers
784	35	Claire Grima	00:26:10	FM	Hercules Wimbledon AC
730	36	Kay Sheedy	00:26:15	FSEN	Dulwich Runners AC
908	37	Holly Woodhead	00:26:20	FSEN	Serpentine RC
905	38	Natasha Sheel	00:26:22	FSEN	Serpentine RC
812	39	Emily Chong	00:26:25	FU20	Highgate Harriers
948	40	Alex Baird	00:26:31	FM	Trent Park Running Club
791	41	Charlotte Davies	00:26:34	FSEN	Herne Hill Harriers
692	42	Angharad Flower	00:26:36	FSEN	Clapham Chasers RC
771	43	Jade Maclaren	00:26:39	FSEN	Fulham Running Club
772	44	Sophie Mckeeman	00:26:47	FSEN	Fulham Running Club
963	45	Eve Wilde	00:26:49	FSEN	Victoria Park H & Tower H AC
854	46	Rhian Male	00:26:49	FSEN	London Heathside AC
853	47	Olivia Lukasewich	00:26:49	FSEN	London Heathside AC
852	48	Ciera Kennedy	00:26:51	FSEN	London Heathside AC
833	49	Victoria Cartwright	00:26:54	FM	Kent AC
856	50	Sarah Swinhoe	00:26:55	FM	London Heathside AC
704	51	Madeleine Armstrong plieth	00:26:58	FM	Croydon Harriers
690	52	Abbie Bulbulian	00:27:01	FSEN	Clapham Chasers RC
640	53	Lydia Gallyer-barnett	00:27:03	FSEN	Belgrave Harriers
631	54	Emma Mccluskey	00:27:04	FU20	Barnet & District AC
822	55	Sabina Russell	00:27:09	FM	Highgate Harriers
797	56	Helena Keenan	00:27:19	FSEN	Herne Hill Harriers
929	57	Lydia Blythe	00:27:21	FSEN	Thames Valley Harriers
650	58	Sarah Riceman	00:27:22	FSEN	Belgrave Harriers
953	59	Anja Greenwood	00:27:29	FM	Trent Park Running Club
811	60	Natasha Cendrowicz	00:27:32	FM	Highgate Harriers
875	61	Rachel Morison	00:27:44	FSEN	Orion Harriers
683	62	Christine Lutsch	00:27:52	FM	Cambridge Harriers
857	63	Francesca Stocco	00:27:55	FSEN	London Heathside AC
680	64	Georgia Huddleston	00:27:56	FSEN	Cambridge Harriers
803	65	Stephanie Mitchell	00:27:57	FM	Herne Hill Harriers
786	66	Annabelle Acres	00:27:57	FSEN	Herne Hill Harriers
729	67	Helen Shannon	00:27:57	FM	Dulwich Runners AC
838	68	Hazel Reade	00:28:03	FSEN	London Frontrunners

Bib	Overall Position	Name	Guntime	Category	Team / Club
807	69	Julia Wedmore	00:28:04	FSEN	Herne Hill Harriers
687	70	Katie Sanders	00:28:10	FM	Cambridge Harriers
877	71	Sophie Barnard	00:28:12	FM	Queens Park Harriers
938	72	Jasmin Palmer	00:28:15	FU20	Thames Valley Harriers
921	73	Felicity Hayward	00:28:17	FSEN	Thames Hare & Hounds
665	74	Trang Nguyen	00:28:17	FM	Blackheath & Bromley Harriers
859	75	Genevieve Weston	00:28:25	FSEN	London Heathside AC
827	76	Catriona Paterson	00:28:27	FSEN	Hillingdon AC
918	77	Jessica Davies	00:28:28	FSEN	Thames Hare & Hounds
801	78	Holly Mammatt	00:28:33	FSEN	Herne Hill Harriers
664	79	Olivia Magee-brown	00:28:42	FU20	Blackheath & Bromley Harriers
753	80	Jennifer Heymann	00:28:43	FM	Eton Manor AC
754	81	Lee Milne	00:28:45	FM	Eton Manor AC
919	82	Vikki Filsell	00:28:49	FM	Thames Hare & Hounds
769	83	Amy Kinsella	00:28:57	FSEN	Fulham Running Club
727	84	Harriet Roddy	00:28:58	FSEN	Dulwich Runners AC
633	85	Karen Murphy	00:29:00	FM	Barnet & District AC
698	86	Sarah Robertson	00:29:04	FM	Clapham Chasers RC
951	87	Beata Falkowska	00:29:05	FM	Trent Park Running Club
689	88	Faye Brown	00:29:07	FSEN	Clapham Chasers RC
960	89	Claire Fisher	00:29:09	FSEN	Victoria Park H & Tower H AC
841	90	Tanya Addison	00:29:10	FM	London Heathside AC
926	91	Andrea Stehlikova	00:29:13	FM	Thames Hare & Hounds
765	92	Katie Gow	00:29:15	FSEN	Fulham Running Club
675	93	Susan Dixon	00:29:17	FM	Cambridge Harriers
685	94	Hayley Newman	00:29:18	FSEN	Cambridge Harriers
757	95	Lara Bird-leakey	00:29:30	FSEN	Fulham Running Club
968	96	Sarah Mcintosh	00:29:30	FM	West 4 Harriers
629	97	Joanne Kent	00:29:33	FM	Barnet & District AC
880	98	Beatrice Bowley	00:29:33	FSEN	Queens Park Harriers
974	99	Ella Waddingham	00:29:36	FM	Wimbledon Windmilers RC
909	100	Emilia Economu	00:29:39	FSEN	Shaftesbury Barnet Harriers
870	101	Nikkii Barnett	00:29:45	FM	Orion Harriers
780	102	Lydia Riding	00:29:50	FSEN	Greenwich Tritons
868	103	Juliette Westbrook	00:29:53	FSEN	Mornington Chasers RC
720	104	Alicky Sussman	00:30:00	FM	Dulwich Park Runners
961	105	Valeriya Potapova	00:30:05	FSEN	Victoria Park H & Tower H AC
742	106	Jennifer Watt	00:30:17	FM	Ealing Eagles RC
682	107	Sophie Johnson	00:30:18	FSEN	Cambridge Harriers
816	108	Vicky Frew	00:30:18	FM	Highgate Harriers
817	109	Joanna Gardner	00:30:19	FSEN	Highgate Harriers
971	110	Claire Boynton	00:30:20	FSEN	Wimbledon Windmilers RC
865	111	Alexandra Hearne	00:30:20	FSEN	Mornington Chasers RC
872	112	Christine Kennedy	00:30:25	FM	Orion Harriers
906	113	Sophie Telfer	00:30:27	FSEN	Serpentine RC
967	114	Rosemary Lewis	00:30:35	FM	West 4 Harriers
958	115	Anna Sikorska	00:30:40	FM	Trent Park Running Club
756	116	Caitlin Bailey	00:30:43	FSEN	Fulham Running Club
861	117	Jennifer Wing	00:30:48	FSEN	London Heathside AC
781	118	Jennifer Keal	00:30:50	FSEN	Harrow AC
895	119	Wiebke Kortum	00:30:58	FM	Ranelagh Harriers
661	120	Jane Bradshaw	00:31:00	FM	Blackheath & Bromley Harriers
829	121	Melanie Spencer	00:31:02	FM	Hillingdon AC
887	122	Daniela Nolan	00:31:03	FSEN	Queens Park Harriers
934	123	Fran Lou	00:31:04	FM	Thames Valley Harriers
831	124	Carlie Qirem	00:31:06	FSEN	Ilford AC
627	125	Jana Jilkova	00:31:08	FM	Barnet & District AC
874	126	Erin Molloy	00:31:09	FU20	Orion Harriers
708	127	Holly Perks	00:31:14	FU20	Croydon Harriers
932	128	Daisy Jower	00:31:18	FSEN	Thames Valley Harriers
940	129	Emily Barrow	00:31:19	FSEN	The Stragglers RC
744	130	Jane Burton	00:31:25	FSEN	East London Runners
725	131	Christina Dimitrov	00:31:26	FSEN	Dulwich Runners AC
850	132	Annabel Judd	00:31:33	FM	London Heathside AC
671	133	Christine Bond	00:31:36	FM	Cambridge Harriers
747	134	Catherine Perry	00:31:43	FM	East London Runners
873	135	Karen Lyons	00:31:44	FM	Orion Harriers
733	136	Laura Egerton	00:31:45	FM	Ealing Eagles RC

Bib	Overall Position	Name	Guntime	Category	Team / Club
845	137	Kimberli Butler	00:31:47	FSEN	London Heathside AC
696	138	Delphinie Mccarthy	00:31:47	FSEN	Clapham Chasers RC
902	139	Rhiannon Needham	00:31:49	FM	Serpentine RC
706	140	Millicent Figueira	00:31:49	FU20	Croydon Harriers
758	141	Rosie Cook	00:31:52	FSEN	Fulham Running Club
778	142	Lesley Mccarthy	00:31:52	FM	Greenwich Tritons
681	143	Maggie Illingsworth	00:31:56	FM	Cambridge Harriers
728	144	Sophie Sentance	00:31:58	FSEN	Dulwich Runners AC
726	145	Shoko Okamura	00:32:00	FSEN	Dulwich Runners AC
632	146	Sarah Moffatt	00:32:02	FM	Barnet & District AC
847	147	Caroline Curtin	00:32:02	FSEN	London Heathside AC
761	148	Sophie Denman	00:32:08	FSEN	Fulham Running Club
964	149	Anna Beausire	00:32:08	FM	West 4 Harriers
746	150	Cindy Koon	00:32:09	FM	East London Runners
709	151	Rahana Islam	00:32:10	FM	Dagenham 88 Runners
802	152	Alexandra Marginean	00:32:13	FSEN	Herne Hill Harriers
931	153	Eve Hull	00:32:15	FSEN	Thames Valley Harriers
711	154	Sara Barman	00:32:15	FM	Dulwich Park Runners
832	155	Alison Sale	00:32:19	FM	Ilford AC
779	156	Emmanuelle Navarri	00:32:24	FM	Greenwich Tritons
858	157	Jackie Wastell	00:32:26	FM	London Heathside AC
965	158	Sophie Cook	00:32:28	FSEN	West 4 Harriers
808	159	Jessica Winfield	00:32:31	FM	Herne Hill Harriers
860	160	Caroline White	00:32:36	FM	London Heathside AC
840	161	Lucy Wilson-shaw	00:32:42	FM	London Fronrunners
657	162	Beata Kubala-todd	00:32:44	FM	Bexley AC
763	163	Sophie Finnegan	00:32:45	FSEN	Fulham Running Club
783	164	Rebecca O'rourke	00:32:46	FU20	Havering
920	165	Anna Garnier	00:32:51	FM	Thames Hare & Hounds
881	166	Elsa Coleaux	00:32:57	FSEN	Queens Park Harriers
824	167	Zoe Dobbs	00:32:59	FM	Hillingdon AC
723	168	Midge Cameron	00:33:02	FM	Dulwich Runners AC
939	169	Nadia Whittaker	00:33:02	FM	Thames Valley Harriers
910	170	Thea Cummings	00:33:07	FSEN	St Mary's Richmond AC
915	171	Selena Wong	00:33:07	FM	Striders of Croydon
741	172	Lisa Watson	00:33:22	FM	Ealing Eagles RC
864	173	Rosie Dougherty	00:33:22	FSEN	Mornington Chasers RC
957	174	Judy Prior	00:33:24	FM	Trent Park Running Club
679	175	Marian Hine	00:33:28	FM	Cambridge Harriers
972	176	Bernadette Maher allan	00:33:30	FM	Wimbledon Windmilers RC
944	177	Ashleigh Lezard	00:33:31	FM	The Stragglers RC
826	178	Lynn Hyde	00:33:32	FM	Hillingdon AC
739	179	Helen Rochester	00:33:39	FM	Ealing Eagles RC
694	180	Claire Kennedy	00:33:40	FSEN	Clapham Chasers RC
945	181	Pamela Mchutchon	00:33:42	FM	The Stragglers RC
762	182	Katherine Elmore-jones	00:33:47	FM	Fulham Running Club
713	183	Katia Hadaschik	00:33:48	FM	Dulwich Park Runners
658	184	Kirsty Mcewen	00:33:50	FSEN	Bexley AC
626	185	Agnes Jacobs	00:33:55	FSEN	Barnet & District AC
705	186	Ciara Dolby	00:34:01	FSEN	Croydon Harriers
755	187	Ruth Rose	00:34:05	FM	Eton Manor AC
669	188	Rose Baker	00:34:09	FM	Cambridge Harriers
903	189	Abigail Perry	00:34:12	FSEN	Serpentine RC
752	190	Gail Hennessy	00:34:13	FM	Eton Manor AC
737	191	Olivia Parker-scott	00:34:19	FSEN	Ealing Eagles RC
810	192	Claire Cameron	00:34:21	FM	Highgate Harriers
866	193	Maki Kimura	00:34:24	FM	Mornington Chasers RC
672	194	Sally Carr	00:34:32	FM	Cambridge Harriers
659	195	Almona Mehmeti	00:34:42	FSEN	Bexley AC
740	196	Sophie Santry	00:35:01	FSEN	Ealing Eagles RC
774	197	Kathryn White	00:35:11	FSEN	Fulham Running Club
959	198	Beverley Tipping	00:35:23	FSEN	Trent Park Running Club
735	199	Alison Mcculloch	00:35:27	FM	Ealing Eagles RC
893	200	Clare Day	00:35:34	FM	Ranelagh Harriers
966	201	Jen Kingwill	00:35:36	FM	West 4 Harriers
670	202	Joanne Barber	00:35:39	FM	Cambridge Harriers
764	203	Louise Garlick	00:35:40	FSEN	Fulham Running Club
952	204	Theodosia Green	00:35:43	FM	Trent Park Running Club

Bib	Overall Position	Name	Guntime	Category	Team / Club
775	205	Claire Brooke	00:35:55	FSEN	Greenwich Tritons
949	206	Claudia Canova	00:35:58	FSEN	Trent Park Running Club
790	207	Leah Cummins	00:36:00	FSEN	Herne Hill Harriers
970	208	Sophie Bennett	00:36:17	FM	Wimbledon Windmilers RC
904	209	Avril Riddell	00:36:20	FM	Serpentine RC
738	210	Helen Pugh	00:36:30	FM	Ealing Eagles RC
839	211	Julia Robinson	00:36:33	FM	London Frontrunners
890	212	Sally Bamford	00:36:35	FM	Ranelagh Harriers
622	213	Kathryn Ellis	00:36:36	FSEN	Barnet & District AC
835	214	Kirsty Fitz-poole	00:36:39	FSEN	London Frontrunners
722	215	Lindsey Annabel	00:36:40	FM	Dulwich Runners AC
889	216	Carol Aikin	00:37:05	FM	Ranelagh Harriers
731	217	Liz Ainsworth	00:37:06	FM	Ealing Eagles RC
660	218	Gill Stewart	00:37:09	FM	Bexley AC
883	219	Roma Denetto	00:37:10	FSEN	Queens Park Harriers
749	220	Hayley Dalton	00:37:14	FM	Eton Manor AC
867	221	Tina Sharkey	00:37:15	FM	Mornington Chasers RC
628	222	Kirsty Johnstone	00:37:20	FM	Barnet & District AC
767	223	Alice Heath	00:37:37	FSEN	Fulham Running Club
886	224	Susan Kennedy	00:37:42	FM	Queens Park Harriers
714	225	Jessica Hodgson	00:37:52	FM	Dulwich Park Runners
732	226	Grainne Devery	00:38:19	FSEN	Ealing Eagles RC
828	227	Nastaran Sepanj	00:38:23	FSEN	Hillingdon AC
686	228	Joanna Parke	00:38:26	FM	Cambridge Harriers
677	229	Angela Ford	00:38:27	FM	Cambridge Harriers
913	230	Ruth Pearson	00:38:27	FM	Striders of Croydon
776	231	Kate Fry	00:38:57	FM	Greenwich Tritons
954	232	Christine Hawker	00:39:13	FM	Trent Park Running Club
684	233	Maria Macdonald	00:39:16	FM	Cambridge Harriers
912	234	Maria Gabriel	00:39:19	FM	Striders of Croydon
656	235	Christina Fleetwood	00:39:43	FM	Bexley AC
712	236	Natalie Fitz-costa	00:39:47	FSEN	Dulwich Park Runners
956	237	Julie Mimmagh	00:39:51	FM	Trent Park Running Club
621	238	Mary Brown	00:40:03	FM	Barnet & District AC
734	239	Suha Lagu	00:40:08	FM	Ealing Eagles RC
715	240	Shannan James	00:40:10	FSEN	Dulwich Park Runners
702	241	Tamsyn Down	00:40:47	FM	Collingwood AC
947	242	Jo Allen	00:41:06	FM	Trent Park Running Club
941	243	Lynda Chase	00:41:08	FM	The Stragglers RC
914	244	Alexander Sujatha	00:41:11	FM	Striders of Croydon
942	245	Christine Glew	00:41:29	FM	The Stragglers RC
750	246	Janine Durrant	00:42:07	FM	Eton Manor AC
721	247	Alison Woolley	00:42:10	FM	Dulwich Park Runners
745	248	Victoria Charlesworth	00:42:13	FM	East London Runners
878	249	Rebecca Bench	00:42:47	FSEN	Queens Park Harriers
911	250	Jadwiga Brzask-makiela	00:42:51	FM	Striders of Croydon
882	251	Sarah Cooke	00:42:56	FM	Queens Park Harriers
691	252	Rebecca Crofton	00:43:05	FM	Clapham Chasers RC
885	253	Linzi Frankal	00:44:30	FM	Queens Park Harriers
699	254	Jessie Torr	00:44:56	FSEN	Clapham Chasers RC
907	255	Caroline Torry	00:45:40	FM	Serpentine RC
676	256	Stephanie Dungate	00:45:47	FM	Cambridge Harriers
973	257	Stephanie Oliver	00:46:03	FM	Wimbledon Windmilers RC
717	258	Pamela Mucci	00:46:56	FM	Dulwich Park Runners
678	259	Rupa Ganguli	00:48:11	FM	Cambridge Harriers
937	260	Christine Munden	00:49:26	FM	Thames Valley Harriers
710	261	Blanche Armstrong	00:50:56	FM	Dulwich Park Runners
897	262	Katy Casterton	01:49:50	FSEN	Serpentine RC

137	1	Dominic Nolan	00:36:41	MSEN	Croydon Harriers
372	2	Seyfu Jamaal	00:36:52	MSEN	London Heathside AC
156	3	Edward Chuck	00:37:29	MSEN	Dulwich Runners AC
176	4	Jack Ramm	00:37:48	MSEN	Dulwich Runners AC
245	5	Andrew Penney	00:37:57	MSEN	Hercules Wimbledon AC
134	6	James Hancock	00:38:01	MSEN	Croydon Harriers
304	7	Robert Wilson	00:38:17	MSEN	Highgate Harriers
506	8	James Hoad	00:38:47	MSEN	Thames Hare & Hounds

Bib	Overall Position	Name	Guntime	Category	Team / Club
390	9	Kader Seyed	00:39:12	MSEN	London Heathside AC
510	10	Richard Ollington	00:39:17	MSEN	Thames Hare & Hounds
473	11	Fred Smithers	00:39:18	MSEN	Serpentine RC
365	12	George Gurney	00:39:20	MSEN	London Heathside AC
253	13	Andrew Clarke	00:39:22	MSEN	Herne Hill Harriers
389	14	Yann Sevestre	00:39:37	MSEN	London Heathside AC
353	15	Tom Aldred	00:39:41	M	London Heathside AC
599	16	Oliver Bushdari	00:39:56	MSEN	Woodford Green w Essex L
77	17	Thomas Brooke	00:40:09	MSEN	Cambridge Harriers
218	18	Tom Mackay	00:40:16	MSEN	Fulham Running Club
521	19	Calum Nicol	00:40:24	MSEN	Thames Valley Harriers
57	20	Micah Evans	00:40:32	M	Blackheath & Bromley Harriers
37	21	Scott Singleton	00:40:33	MSEN	Belgrave Harriers
535	22	Rhys Doherty	00:40:40	MSEN	The Stragglers RC
26	23	Ollie Garrod	00:40:42	MSEN	Belgrave Harriers
72	24	Bobby Babaker	00:40:45	MSEN	Cambridge Harriers
370	25	James Hurrell	00:40:46	MSEN	London Heathside AC
267	26	Thomas Patterson	00:40:50	MSEN	Herne Hill Harriers
246	27	Sam Peters	00:40:55	MSEN	Hercules Wimbledon AC
472	28	Jack Robinson	00:40:59	MSEN	Serpentine RC
375	29	Sion Lewis	00:41:01	M	London Heathside AC
231	30	Jamie Bannister	00:41:02	MSEN	Hercules Wimbledon AC
280	31	Danny Brewer	00:41:02	MSEN	Highgate Harriers
95	32	Arthur Roux	00:41:04	MSEN	Cambridge Harriers
84	33	Dean Lacy	00:41:05	MSEN	Cambridge Harriers
463	34	Felix Martinez friera	00:41:09	MSEN	Serpentine RC
58	35	Kevin Fini	00:41:11	MSEN	Blackheath & Bromley Harriers
316	36	Matt Whitfield	00:41:23	M	Hillingdon AC
378	37	Raoul Metcalfe	00:41:25	MSEN	London Heathside AC
386	38	Matthew Rallison	00:41:30	MSEN	London Heathside AC
141	39	Ben Whyte	00:41:33	MSEN	Croydon Harriers
289	40	Adam Horne	00:41:36	MSEN	Highgate Harriers
436	41	Andrew Mccarron	00:41:38	M	Queens Park Harriers
153	42	Rob Armstrong	00:41:40	MSEN	Dulwich Runners AC
609	43	Patrick Jackson	00:41:42	MSEN	Newham & Essex Beagles
483	44	Gary Pelosi	00:41:49	MSEN	Shaftesbury Barnet Harriers
354	45	Andy Barnes	00:41:57	M	London Heathside AC
175	46	Jon Phillips	00:41:58	MSEN	Dulwich Runners AC
417	47	James Odoki	00:41:59	MSEN	Orion Harriers
606	48	Neil Hutchison	00:42:00	MSEN	Worthing & District Harriers
570	49	Dominic Howarth	00:42:01	MSEN	Victoria Park H & Tower H AC
36	50	Jonathan Scott	00:42:03	MSEN	Belgrave Harriers
255	51	Joe Elliott	00:42:06	MSEN	Herne Hill Harriers
60	52	Alex Gibbins	00:42:07	M	Blackheath & Bromley Harriers
87	53	James Macdonald	00:42:08	M	Cambridge Harriers
32	54	Michael Mccarthy	00:42:12	M	Belgrave Harriers
34	55	Mark Pepper	00:42:14	MSEN	Belgrave Harriers
292	56	Raphael Lasserson-rossiter	00:42:26	MSEN	Highgate Harriers
363	57	Peter Gould	00:42:29	MSEN	London Heathside AC
421	58	Mahamat Ahmat	00:42:33	M	Queens Park Harriers
259	59	Alex Jack	00:42:36	MU20	Herne Hill Harriers
234	60	Joe Clark	00:42:39	MSEN	Hercules Wimbledon AC
574	61	Fabien Lassonde	00:42:42	M	Victoria Park H & Tower H AC
309	62	James Laing	00:42:49	MSEN	Hillingdon AC
478	63	Peter Wooldridge	00:42:50	MSEN	Serpentine RC
18	64	Edward Spencer	00:42:54	MSEN	Barnet & District AC
610	65	Adam Robinson	00:43:00	MSEN	Newham & Essex Beagles
367	66	Darryn Hillson	00:43:01	MSEN	London Heathside AC
154	67	James Blackwood	00:43:01	MSEN	Dulwich Runners AC
454	68	Nicolas Besson	00:43:01	M	Serpentine RC
195	69	Samuel Anderson	00:43:02	MSEN	Eton Manor AC
314	70	Daniel Thompson	00:43:03	MSEN	Hillingdon AC
474	71	Hugh Torry	00:43:03	M	Serpentine RC
241	72	Richard Jones	00:43:07	MSEN	Hercules Wimbledon AC
261	73	Fintan Kearney	00:43:07	MSEN	Herne Hill Harriers
38	74	James Turner	00:43:09	MSEN	Belgrave Harriers
230	75	Curtis Stevens	00:43:11	MSEN	Harrow AC
244	76	Chris Mcilroy	00:43:14	MSEN	Hercules Wimbledon AC

Bib	Overall Position	Name	Guntime	Category	Team / Club
178	77	Adrian Russell	00:43:18	M	Dulwich Runners AC
158	78	Sean Cordon	00:43:28	MSEN	Dulwich Runners AC
25	79	Sam Davis	00:43:29	MSEN	Belgrave Harriers
166	80	Jack Leafe	00:43:31	MSEN	Dulwich Runners AC
379	81	Filippo Minelle	00:43:32	MSEN	London Heathside AC
39	82	Oliver Williams	00:43:38	MSEN	Belgrave Harriers
279	83	George Bennett	00:43:40	MSEN	Highgate Harriers
572	84	David Jones	00:43:48	M	Victoria Park H & Tower H AC
416	85	Michael Mcternan	00:43:53	M	Orion Harriers
74	86	Lewis Baker	00:43:56	MSEN	Cambridge Harriers
362	87	Keith Geoghegan	00:43:56	MSEN	London Heathside AC
232	88	Stuart Byrne	00:43:57	MSEN	Hercules Wimbledon AC
266	89	Scott Morrison	00:43:59	MSEN	Herne Hill Harriers
256	90	Alex Gutteridge	00:44:04	MSEN	Herne Hill Harriers
509	91	Ashley Middlewick	00:44:06	MSEN	Thames Hare & Hounds
409	92	Thomas Grimes	00:44:07	M	Orion Harriers
102	93	Martin Bell	00:44:10	MSEN	Clapham Chasers RC
35	94	Ben Scott	00:44:11	MSEN	Belgrave Harriers
71	95	Will Senbanjo	00:44:12	M	Blackheath & Bromley Harriers
290	96	Robert Jenkins	00:44:13	MSEN	Highgate Harriers
198	97	George Fernandez	00:44:15	MSEN	Eton Manor AC
296	98	James Porcas	00:44:22	MSEN	Highgate Harriers
73	99	Brett Baker	00:44:33	MSEN	Cambridge Harriers
539	100	Pete Gregorowski	00:44:35	M	The Stragglers RC
56	101	Luca Ercolani	00:44:39	M	Blackheath & Bromley Harriers
108	102	Chris Hutchinson	00:44:42	MSEN	Clapham Chasers RC
190	103	Ryan Friel	00:44:44	MSEN	East London Runners
127	104	Douglas Aikman	00:44:46	MU20	Croydon Harriers
229	105	Terry Mackin	00:44:47	M	Harrow AC
519	106	Gordon Low	00:44:48	M	Thames Valley Harriers
415	107	Neil Mcgoun	00:44:51	M	Orion Harriers
486	108	Daryl Cyprien	00:44:53	MSEN	South London Harriers
313	109	Dominic Speight	00:44:55	MSEN	Hillingdon AC
10	110	Edward Fraser	00:44:56	MSEN	Barnet & District AC
429	111	Pieres Harrison	00:44:57	M	Queens Park Harriers
508	112	Jack Lancefield	00:44:57	MSEN	Thames Hare & Hounds
97	113	Geoffrey Smith	00:44:58	M	Cambridge Harriers
464	114	Simon Morris	00:45:02	MSEN	Serpentine RC
501	115	James Rhodes	00:45:05	MSEN	Striders of Croydon
109	116	Fergus Ingledew	00:45:07	MSEN	Clapham Chasers RC
46	117	David Adams	00:45:09	MSEN	Blackheath & Bromley Harriers
312	118	Will Sawtell	00:45:10	MSEN	Hillingdon AC
51	119	Gregory Bull	00:45:12	MSEN	Blackheath & Bromley Harriers
443	120	Mark Herbert	00:45:17	M	Ranelagh Harriers
348	121	Marius Thies	00:45:18	MSEN	London Frontrunners
608	122	Alec Parcell	00:45:22	MSEN	Newham & Essex Beagles
201	123	Ed Jenkins	00:45:25	MSEN	Eton Manor AC
526	124	Ollie Teenan	00:45:25	MSEN	Thames Valley Harriers
492	125	Louis Cummings	00:45:26	MU20	St Mary's Richmond AC
263	126	Samuel Maloney	00:45:28	MU20	Herne Hill Harriers
206	127	Dylan Williams	00:45:30	MSEN	Eton Manor AC
236	128	Loic De narvor	00:45:35	MSEN	Hercules Wimbledon AC
282	129	Sam Burgoyne	00:45:38	MSEN	Highgate Harriers
561	130	Mark Boulton	00:45:38	MSEN	Victoria Park H & Tower H AC
388	131	Alex Sweet	00:45:39	M	London Heathside AC
452	132	Simon Barrett	00:45:39	M	Serpentine RC
45	133	Simon Wells	00:45:40	M	Bexley AC
536	134	Donovan Duffy	00:45:41	M	The Stragglers RC
237	135	David Grima	00:45:54	M	Hercules Wimbledon AC
361	136	Ewan Gault	00:45:57	M	London Heathside AC
93	137	Ben Rew	00:45:58	M	Cambridge Harriers
491	138	Ross May	00:45:58	MSEN	St Albans Striders
441	139	Leslie Bailey	00:45:58	MSEN	Ranelagh Harriers
470	140	Marius Posa	00:45:59	MSEN	Serpentine RC
598	141	Sam Walker	00:46:01	MSEN	Wimbledon Windmilers RC
83	142	Duncan Hope	00:46:04	M	Cambridge Harriers
130	143	David Brown	00:46:07	MSEN	Croydon Harriers
579	144	Craig Norris	00:46:08	M	Victoria Park H & Tower H AC

Bib	Overall Position	Name	Guntime	Category	Team / Club
220	145	John Wray	00:46:11	MSEN	Fulham Running Club
439	146	Sam Sutherland	00:46:13	MSEN	Queens Park Harriers
444	147	Matthew Hirschler	00:46:17	MSEN	Ranelagh Harriers
159	148	Eugene Cross	00:46:21	M	Dulwich Runners AC
595	149	Richard Cohen	00:46:23	MSEN	Wimbledon Windmilers RC
208	150	Krzysztof Klidzia	00:46:25	M	Folkestone AC
252	151	James Brown	00:46:31	MSEN	Herne Hill Harriers
203	152	James Pilch	00:46:40	M	Eton Manor AC
445	153	Michael Morris	00:46:43	M	Ranelagh Harriers
277	154	Chris Bailey	00:46:43	M	Highgate Harriers
406	155	Robert Glasgow	00:46:47	M	Orion Harriers
115	156	Shaun Terry	00:46:48	MSEN	Clapham Chasers RC
527	157	Chris Turner	00:46:51	MSEN	Thames Valley Harriers
90	158	James Pitts	00:46:52	M	Cambridge Harriers
565	159	Eoin Cassidy	00:46:56	MSEN	Victoria Park H & Tower H AC
116	160	Julian Tucker	00:46:59	MSEN	Clapham Chasers RC
453	161	Romain Benvenuto	00:47:01	M	Serpentine RC
556	162	Carl Whittaker	00:47:02	MSEN	Vegan Runners UK
358	163	Etienne Daries	00:47:03	MSEN	London Heathside AC
373	164	Mihaly Jeles	00:47:05	MSEN	London Heathside AC
494	165	Phil Coales	00:47:07	MSEN	Striders of Croydon
459	166	James Gillanders	00:47:07	M	Serpentine RC
403	167	Jonathan Thomson	00:47:08	M	Mornington Chasers RC
308	168	Guy Green	00:47:10	M	Hillingdon AC
22	169	Joe Ward	00:47:11	MU20	Barnet & District AC
395	170	Peter Wootton	00:47:13	MSEN	London Heathside AC
435	171	Thomas Mann	00:47:15	MSEN	Queens Park Harriers
500	172	Andy Perks	00:47:19	M	Striders of Croydon
155	173	James Burrows	00:47:20	M	Dulwich Runners AC
272	174	Christopher Speed	00:47:21	MSEN	Herne Hill Harriers
432	175	Maciej Kolterniak	00:47:23	M	Queens Park Harriers
398	176	Andy Davies	00:47:24	MSEN	Mornington Chasers RC
468	177	Andrew Orr	00:47:25	M	Serpentine RC
555	178	Nehal Lavey-khan	00:47:32	MSEN	Vegan Runners UK
392	179	Janak Subberwal	00:47:33	MU20	London Heathside AC
49	180	Ryan Ali	00:47:35	MSEN	Blackheath & Bromley Harriers
425	181	Ruben Carvajal	00:47:40	M	Queens Park Harriers
65	182	Ted Marston	00:47:40	MU20	Blackheath & Bromley Harriers
604	183	Andrew Born	00:47:42	M	Worthing & District Harriers
391	184	Rob Shulman	00:47:46	M	London Heathside AC
540	185	Alastair Hall	00:47:49	MSEN	The Stragglers RC
551	186	Rob Baldock	00:47:50	M	Tri London
507	187	Anisse Ismaili	00:47:52	MSEN	Thames Hare & Hounds
250	188	Pip Bennett	00:47:52	M	Herne Hill Harriers
594	189	Jon Bruce	00:47:53	MSEN	Wimbledon Windmilers RC
543	190	James Ruskin	00:47:55	M	The Stragglers RC
387	191	Jose Sabroso	00:47:56	M	London Heathside AC
380	192	Adam Mitchell	00:48:02	M	London Heathside AC
477	193	Philip Whitehouse	00:48:09	MSEN	Serpentine RC
191	194	Karan Gadhia	00:48:12	MSEN	East London Runners
264	195	Stephen Mcleod	00:48:14	MSEN	Herne Hill Harriers
332	196	Denis Gorman	00:48:16	M	London Frontrunners
23	197	Charlie White	00:48:16	MSEN	Barnet & District AC
182	198	Gower Tan	00:48:17	M	Dulwich Runners AC
545	199	Paul Brennan	00:48:17	M	Trent Park Running Club
382	200	Joel Northcott	00:48:20	M	London Heathside AC
525	201	Saif Saleh	00:48:20	MSEN	Thames Valley Harriers
281	202	Duncan Burbidge	00:48:22	M	Highgate Harriers
560	203	Simeon Bennett	00:48:26	M	Victoria Park H & Tower H AC
202	204	Russ Jones	00:48:28	M	Eton Manor AC
92	205	David Reader	00:48:29	M	Cambridge Harriers
117	206	Hendrik Wessels	00:48:29	MSEN	Clapham Chasers RC
24	207	Boon Wu	00:48:32	M	Barnet & District AC
114	208	Rory Smith	00:48:33	MSEN	Clapham Chasers RC
103	209	Samuel Cathro	00:48:36	MSEN	Clapham Chasers RC
99	210	Stephen Thompson	00:48:41	M	Cambridge Harriers
484	211	Robert Rigby	00:48:44	M	Shaftesbury Barnet Harriers
286	212	Alex Davidson	00:48:47	M	Highgate Harriers

Bib	Overall Position	Name	Guntime	Category	Team / Club
91	213	Christian Poulton	00:48:48	M	Cambridge Harriers
187	214	Tom James	00:48:51	MSEN	Ealing Eagles RC
366	215	Chris Hartley	00:48:54	M	London Heathside AC
294	216	Joseph Lowe	00:49:03	M	Highgate Harriers
413	217	Edward Lunn	00:49:08	MSEN	Orion Harriers
529	218	James Bowell	00:49:13	M	The Stragglers RC
7	219	Philip Collington	00:49:13	M	Barnet & District AC
135	220	Freddie Harding	00:49:19	MSEN	Croydon Harriers
219	221	Tom Sherry	00:49:19	MSEN	Fulham Running Club
355	222	Matt Beard	00:49:20	M	London Heathside AC
347	223	Charles Sweetenham	00:49:21	MSEN	London Frontrunners
70	224	Ian Scott	00:49:23	M	Blackheath & Bromley Harriers
589	225	Duncan Grassie	00:49:25	M	West 4 Harriers
196	226	Paul Cates	00:49:25	M	Eton Manor AC
394	227	Sam Williams	00:49:30	MSEN	London Heathside AC
291	228	Tim Kerr	00:49:31	MSEN	Highgate Harriers
511	229	Will Scott	00:49:34	MSEN	Thames Hare & Hounds
284	230	Des Crinion	00:49:36	MSEN	Highgate Harriers
55	231	Joshua Dowling	00:49:37	MSEN	Blackheath & Bromley Harriers
278	232	Chris Beecham	00:49:45	M	Highgate Harriers
209	233	Nick Bell	00:49:55	MSEN	Fulham Running Club
173	234	Tom Mountain	00:49:56	MSEN	Dulwich Runners AC
431	235	Andrew Jackson	00:49:56	M	Queens Park Harriers
493	236	Luke Burden	00:50:02	MSEN	Striders of Croydon
339	237	George Lowe	00:50:04	MSEN	London Frontrunners
487	238	Gavin Englefield	00:50:06	M	South London Harriers
320	239	Sebastian Parris	00:50:07	M	Ilford AC
325	240	Tim Charters	00:50:13	M	London Frontrunners
549	241	Robert Sikorski	00:50:17	M	Trent Park Running Club
44	242	Martin Jenner	00:50:18	MSEN	Bexley AC
310	243	Paul Leppard	00:50:20	M	Hillingdon AC
43	244	Kieran Butler	00:50:24	MSEN	Bexley AC
404	245	Dan Booth	00:50:26	MSEN	Orion Harriers
81	246	Luke Ford	00:50:28	MSEN	Cambridge Harriers
562	247	Richard Bryant	00:50:31	M	Victoria Park H & Tower H AC
200	248	Humfrey Jeakins	00:50:31	MSEN	Eton Manor AC
341	249	George Oneill	00:50:39	M	London Frontrunners
323	250	Alex Bols	00:50:41	M	London Frontrunners
146	251	James Hewlett	00:50:42	MSEN	Dulwich Park Runners
59	252	Gregory Firth	00:50:51	M	Blackheath & Bromley Harriers
335	253	Tobias Kelley	00:51:00	MSEN	London Frontrunners
318	254	Daniel Holeyman	00:51:04	M	Ilford AC
345	255	Paul Smith	00:51:06	MSEN	London Frontrunners
465	256	Jonathan Moscop	00:51:10	M	Serpentine RC
188	257	Jose Manuel pabon	00:51:16	M	Ealing Eagles RC
98	258	Peter St amour	00:51:17	M	Cambridge Harriers
326	259	Euan Cheyne	00:51:19	MSEN	London Frontrunners
566	260	Robert Evans	00:51:20	MSEN	Victoria Park H & Tower H AC
112	261	Rory Macfarlane	00:51:27	MSEN	Clapham Chasers RC
466	262	Kevin Murray	00:51:29	M	Serpentine RC
150	263	Tim Murray	00:51:29	M	Dulwich Park Runners
215	264	Scott Gruber	00:51:32	MSEN	Fulham Running Club
53	265	Philip Bunn	00:51:35	M	Blackheath & Bromley Harriers
96	266	Jonathan Sargent	00:51:35	MSEN	Cambridge Harriers
505	267	Anthony Doolittle	00:51:38	MSEN	Thames Hare & Hounds
207	268	Samuel Wright	00:51:38	MSEN	Eton Manor AC
181	269	Justin Siderfin	00:51:38	M	Dulwich Runners AC
534	270	Steve Clelland	00:51:42	M	The Stragglers RC
293	271	Adam Lennox	00:51:42	MSEN	Highgate Harriers
371	272	Dominic Jackson	00:51:46	M	London Heathside AC
288	273	Callum Gordon	00:51:48	MSEN	Highgate Harriers
228	274	Joe Gammell	00:51:49	MSEN	Harrow AC
433	275	Luke Kretschmer	00:51:51	MSEN	Queens Park Harriers
399	276	Harry Fuller	00:51:55	MSEN	Mornington Chasers RC
337	277	Ned Lamb	00:51:56	MSEN	London Frontrunners
469	278	Brett Osler	00:52:00	M	Serpentine RC
171	279	Gary Meehan	00:52:03	M	Dulwich Runners AC
350	280	Julian Williams	00:52:09	M	London Frontrunners



Bib	Overall Position	Name	Guntime	Category	Team / Club
111	281	Ben Le brocq	00:52:13	MSEN	Clapham Chasers RC
205	282	Robert Sommerville	00:52:18	M	Eton Manor AC
170	283	Rob Meadows	00:52:20	M	Dulwich Runners AC
305	284	Petar Zigic	00:52:24	MSEN	Highgate Harriers
287	285	Benjamin Davis	00:52:25	MSEN	Highgate Harriers
67	286	Jason Meers	00:52:30	M	Blackheath & Bromley Harriers
2	287	Gerry Hasson	00:52:31	M	26.2 RRC
125	288	James McClintock	00:52:32	M	Collingwood AC
221	289	Ben Guy	00:52:32	M	Greenwich Tritons
360	290	Federico Forti	00:52:33	M	London Heathside AC
185	291	Paul Duffy	00:52:34	MSEN	Ealing Eagles RC
587	292	Simon Wharton	00:52:36	M	Victoria Park H & Tower H AC
418	293	John Sable	00:52:41	M	Orion Harriers
333	294	James Grigg	00:52:49	MSEN	London Frontrunners
522	295	Simon Nixon	00:52:51	M	Thames Valley Harriers
405	296	Alex Elferink	00:52:56	M	Orion Harriers
554	297	David Ball	00:53:01	M	Vegan Runners UK
122	298	Mark Constantinou	00:53:03	M	Collingwood AC
262	299	Leon Kong	00:53:08	MSEN	Herne Hill Harriers
233	300	Edward Charlesworth	00:53:09	MSEN	Hercules Wimbledon AC
336	301	Kai Konkolewski	00:53:10	MSEN	London Frontrunners
75	302	Robert Barns	00:53:10	MSEN	Cambridge Harriers
216	303	Trevor Ingram	00:53:14	M	Fulham Running Club
88	304	Graham Maynard	00:53:20	M	Cambridge Harriers
322	305	Matthew Baker	00:53:20	MSEN	London Frontrunners
434	306	Nicolas Le beulze	00:53:20	MSEN	Queens Park Harriers
393	307	Marcus Tillotson	00:53:21	M	London Heathside AC
503	308	Simon Webster	00:53:25	M	Striders of Croydon
42	309	Paul Bowen	00:53:30	M	Bexley AC
407	310	Paul Goodhew	00:53:33	M	Orion Harriers
329	311	Shane Cullinan	00:53:35	M	London Frontrunners
383	312	Harry Owrid	00:53:38	MSEN	London Heathside AC
457	313	Simon Caney	00:53:39	M	Serpentine RC
377	314	Philip Mcdermott	00:53:45	M	London Heathside AC
520	315	Kevin Mcaleer	00:53:46	M	Thames Valley Harriers
177	316	Ross Rook	00:53:49	M	Dulwich Runners AC
239	317	Charles Hampden-smith	00:53:54	M	Hercules Wimbledon AC
359	318	Gavin Evans	00:53:54	M	London Heathside AC
118	319	Christopher Williams	00:53:55	M	Clapham Chasers RC
184	320	Alex Cook	00:53:55	MSEN	Ealing Eagles RC
427	321	Luc Dinh	00:53:56	M	Queens Park Harriers
423	322	John Brosnan	00:53:58	M	Queens Park Harriers
85	323	Martin Leat	00:54:13	M	Cambridge Harriers
397	324	Daniel Berry	00:54:14	M	Mornington Chasers RC
357	325	Steve Crowley	00:54:16	M	London Heathside AC
455	326	Declan Boothe-brennan	00:54:21	MSEN	Serpentine RC
369	327	Jonathan Hopkin	00:54:24	M	London Heathside AC
537	328	Ted Fraser	00:54:25	M	The Stragglers RC
482	329	Paul Maccarthy	00:54:31	M	Shaftesbury Barnet Harriers
490	330	Scott Mackenzie	00:54:36	MSEN	South London Harriers
426	331	Giles Deards	00:54:37	M	Queens Park Harriers
193	332	Amit Marks	00:54:37	M	East London Runners
225	333	Kyriakos Tsirigotis	00:54:40	M	Greenwich Tritons
260	334	Ian Jack	00:54:45	M	Herne Hill Harriers
548	335	John Rose	00:54:49	M	Trent Park Running Club
197	336	Owain Crispin	00:54:51	MSEN	Eton Manor AC
132	337	Chris Dyke	00:55:05	M	Croydon Harriers
327	338	Matt Clare	00:55:11	M	London Frontrunners
179	339	Andy Scott	00:55:14	M	Dulwich Runners AC
581	340	James Richens	00:55:15	M	Victoria Park H & Tower H AC
607	341	Tom Moberly	00:55:15	M	Queens Park Harriers
338	342	Jonathan Lissemore	00:55:18	MSEN	London Frontrunners
283	343	Pierre Chapuis	00:55:24	MSEN	Highgate Harriers
19	344	Kevin Valaydon	00:55:30	M	Barnet & District AC
343	345	Ashley Rudge	00:55:38	MSEN	London Frontrunners
593	346	Sanj Vijh	00:55:43	M	West 4 Harriers
351	347	Joe Yang	00:55:47	M	London Frontrunners
123	348	Nathan Davies	00:55:50	M	Collingwood AC

Bib	Overall Position	Name	Guntime	Category	Team / Club
139	349	Marcos Palomares-conde	00:55:55	M	Croydon Harriers
544	350	David Birks	00:55:56	M	Trent Park Running Club
408	351	Dan Green	00:55:59	M	Orion Harriers
162	352	Mark Foster	00:56:02	M	Dulwich Runners AC
524	353	Simon Rubens	00:56:08	M	Thames Valley Harriers
578	354	Keithly Mussington	00:56:17	M	Victoria Park H & Tower H AC
588	355	Jason Drake	00:56:23	M	West 4 Harriers
303	356	Mark Watson	00:56:25	M	Highgate Harriers
542	357	Gareth Pritchard	00:56:26	M	The Stragglers RC
113	358	Russell Pearson	00:56:33	M	Clapham Chasers RC
330	359	Robert Dufton	00:56:43	M	London Frontrunners
143	360	Andrew Birchall	00:56:53	M	Dulwich Park Runners
480	361	Barry Haws	00:56:53	M	Shaftesbury Barnet Harriers
356	362	Lee Connor	00:56:55	M	London Heathside AC
251	363	James Olav breen-norris	00:56:57	MSEN	Herne Hill Harriers
136	364	Matthew Kiernan	00:57:00	MSEN	Croydon Harriers
430	365	George Hicks	00:57:04	MSEN	Queens Park Harriers
467	366	Chris Notton	00:57:07	M	Serpentine RC
344	367	Michael Rutherford	00:57:09	MSEN	London Frontrunners
138	368	Colin Oxlade	00:57:10	M	Croydon Harriers
438	369	Peter Reupke	00:57:15	M	Queens Park Harriers
80	370	James Floyd	00:57:22	M	Cambridge Harriers
449	371	James Ritchie	00:57:30	M	Ranelagh Harriers
106	372	Alan Grant	00:57:36	M	Clapham Chasers RC
460	373	Karl Hamilton	00:57:39	M	Serpentine RC
145	374	Dominic Collard	00:57:42	M	Dulwich Park Runners
597	375	Sujan Shresta	00:57:53	M	Wimbledon Windmilers RC
151	376	Mohsen Razmjooei	00:58:01	MSEN	Dulwich Park Runners
532	377	Neil Browning	00:58:07	M	The Stragglers RC
8	378	Grahame Davies	00:58:12	M	Barnet & District AC
148	379	Jules Irengre	00:58:23	M	Dulwich Park Runners
50	380	Luigi Arcuri	00:58:27	M	Blackheath & Bromley Harriers
120	381	John Cazabon	00:58:30	M	Collingwood AC
495	382	Jason Gallagher	00:58:33	MSEN	Striders of Croydon
298	383	James Rossiter	00:58:34	M	Highgate Harriers
9	384	Peter Ellis	00:58:39	M	Barnet & District AC
66	385	Chris Martin	00:58:42	M	Blackheath & Bromley Harriers
400	386	Daniel Lewis	00:58:49	M	Mornington Chasers RC
580	387	Ian O'donnell	00:59:03	MSEN	Victoria Park H & Tower H AC
128	388	Neil Aikman	00:59:11	M	Croydon Harriers
531	389	Simon Brazil	00:59:14	M	The Stragglers RC
437	390	Steve Pond	00:59:21	M	Queens Park Harriers
110	391	Chris Lamb	00:59:23	MSEN	Clapham Chasers RC
222	392	Simon Neville	00:59:26	M	Greenwich Tritons
488	393	John Foss	00:59:28	M	South London Harriers
147	394	Gabriel Hobro	00:59:37	MSEN	Dulwich Park Runners
502	395	Mick Turner	00:59:38	M	Striders of Croydon
317	396	Bradley Brown	01:00:00	M	Ilford AC
591	397	Tom Newman	01:00:06	M	West 4 Harriers
149	398	David Mullany	01:00:08	M	Dulwich Park Runners
538	399	Andy Green	01:00:22	M	The Stragglers RC
268	400	Valdis Pauzers	01:00:42	M	Herne Hill Harriers
412	401	Andrew Lunn	01:00:48	M	Orion Harriers
328	402	Neil Colquhoun	01:00:53	M	London Frontrunners
462	403	Sammy Li	01:01:00	M	Serpentine RC
324	404	Colin Brown	01:01:05	M	London Frontrunners
568	405	Aneirin Glyn	01:01:07	M	Victoria Park H & Tower H AC
422	406	Adrian Boylan	01:01:12	M	Queens Park Harriers
563	407	William Burbridge-james	01:01:15	M	Victoria Park H & Tower H AC
302	408	Francisco Urzua	01:01:26	M	Highgate Harriers
479	409	Spike Blake	01:01:27	MU20	Shaftesbury Barnet Harriers
76	410	Richard Bennet	01:01:38	MSEN	Cambridge Harriers
124	411	Martin Lloyd	01:01:52	M	Collingwood AC
590	412	Peter Jeffrey	01:01:55	M	West 4 Harriers
340	413	Francis O'callaghan	01:02:00	M	London Frontrunners
424	414	Richard Byrne	01:02:42	M	Queens Park Harriers
15	415	Desmond Michael	01:02:43	M	Barnet & District AC
189	416	Paul Roberts	01:02:47	M	Ealing Eagles RC

Bib	Overall Position	Name	Guntime	Category	Team / Club
6	417	David Byrne	01:02:52	M	Barnet & District AC
169	418	Mike Mann	01:03:20	M	Dulwich Runners AC
12	419	Mark Glover	01:03:21	M	Barnet & District AC
301	420	Richard Stewart	01:03:33	M	Highgate Harriers
461	421	Anthony Lee	01:04:20	M	Serpentine RC
530	422	Richard Bowes	01:05:02	M	The Stragglers RC
142	423	David Bevis	01:05:37	MSEN	Dulwich Park Runners
546	424	Eamonn Cullen	01:05:37	M	Trent Park Running Club
82	425	Paul Ford	01:05:43	M	Cambridge Harriers
346	426	Alex Swanson	01:05:51	MSEN	London Frontrunners
596	427	Jasper Lloyd	01:06:01	M	Wimbledon Windmilers RC
446	428	Ric Motti	01:06:17	M	Ranelagh Harriers
496	429	Mark Harman	01:06:25	M	Striders of Croydon
16	430	David Scott	01:06:36	M	Barnet & District AC
440	431	Philip Voke	01:06:50	M	Queens Park Harriers
456	432	Neil Bradshaw	01:07:44	M	Serpentine RC
17	433	Graham Slater	01:08:13	M	Barnet & District AC
319	434	Stephen Lacey	01:08:57	M	Ilford AC
194	435	John O'brien	01:09:02	M	East London Runners
210	436	Edward Bruce	01:09:47	MSEN	Fulham Running Club
211	437	Ben Cockshull	01:09:48	MSEN	Fulham Running Club
557	438	Gerald Akrigg	01:09:52	M	Victoria Park H & Tower H AC
144	439	Chris Bloomfield	01:10:18	M	Dulwich Park Runners
592	440	Jeremy Oakley	01:11:07	M	West 4 Harriers
306	441	Jeremy Collis	01:11:40	M	Hillingdon AC
174	442	Barrie John nicholls	01:19:39	M	Dulwich Runners AC
547	443	Shing Kwong man	01:19:41	M	Trent Park Running Club
192	444	George Georgiou	01:19:43	M	East London Runners
224	445	Vernon Thomas	01:23:18	M	Greenwich Tritons